









“Two roads diverged  
**IN A WOOD,**  
I took the one *less traveled by,*  
**AND THAT HAS MADE ALL THE**  
*difference.”*

**THE ROAD NOT TAKEN.  
ROBERT FROST**

"Two roads diverged

in a wood,

I took the one less traveled by,

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difference."

THE ROAD NOT TAKEN  
ROBERT FROST



SAMARA  
2004 - 2005

Elmwood School  
261 Buena Vista Road  
Ottawa, Ontario  
K1M 0V9



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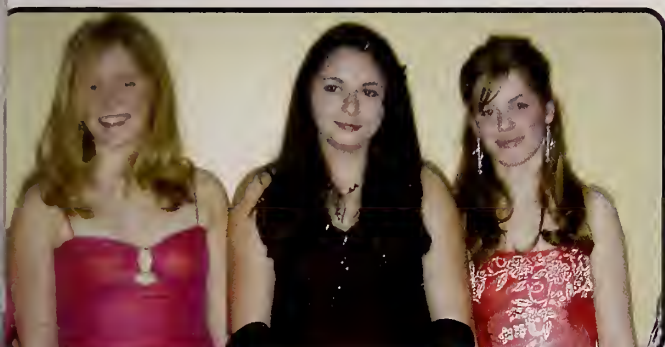












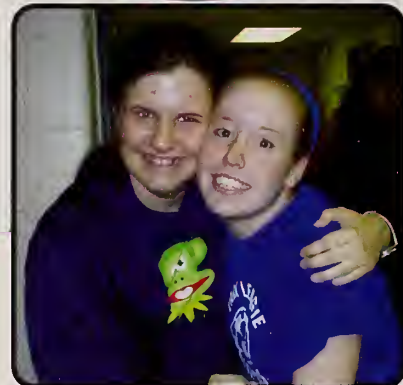














# UNDERGRADS



"This year has been a great year to meet new people, try new things, and even start thinking about things to come!"  
- Emma Godmere



"I've had a fun time this year. It's been crazy! I can't wait for grade 12."  
- Anna Cameron



"I have learned to balance my academics with my co-curricular activities"  
- Julianne Hjartarson



"I have learned to print and read"  
- Patrick Pratapas



# GRADE JK

MS. LEITH



Left to right. Front row: Anne-Marie Rusu, Maja Pawlisz, Sarah-Mariah Khoumsi, Mi Yen Ho, Eva Sabine, Anne Lavallée, Julia Robinson. Back row: Mr. MacPhie, Mrs. Leith, Ava Mierins, Bronte Assadzadeh, Alexandra Akman, Cailin Craigen, Chloé Bonnet, Mrs. Holbrook, Miss Wright

When you graduate from Elmwood, what will you do?

Alexandra- I'd like to be a doctor because I can take care of people.

Bronte- I always wanted to be a ballerina.

Chloé- I got two things; riding a horse and doing tennis.

Cailin- I can sleep for a long time.

Mi Yen- I want to be a dentist or a doctor because my dad wants me to help him work.

Sarah-Mariah- I want to be a fire fighter so I can fight fire.

Anne- When I graduate Elmwood, it means I have more time to play!

Ava- When I graduate I will play lots of games.

Anne-Marie- When I graduate I will become a princess.

Eva- When I graduate I want to be a girl.

Julia- When I graduate I want to be a princess.

Maja- I will dance like a ballerina.





# GRADE SK

MRS. WILEY



Left to right. Front row: Katie McAdam, Connor McSweeney, Karina Wang, Julia Brazeau, Mallory Fung Kee Fung, Thomas Montgomery, Cate Crossland, Helen Hume Back row: Mr. Gary MacPhie, Scott Buchanan, Ciara Halloran, Sheetza McGarry, David Schramm, Sophia Swettenham, Hoda Darwish, Anthony Zhong, Patrick Pratapas, Miss Sarah Wright, Mrs. Cathy Wiley

## What do you love most about Kindergarten?

- Julia: I love to do math. I also love to eat my snack.
- Scott: I love Play Centres!
- Cate: I like Play Centres and I love math. I also like snack and playing outside.
- Mallory: I love Play Centres and I love to play with my friends.
- Katie: I love to do Play Centres and I really like Mrs. Wiley's science experiments.
- Anthony: I love science, outdoor recess and play centres.
- David: I love Play Centres! I also love the Halloween Haunted House.
- Hoda: My most favourite part of school is being a friend.
- Thomas: I love my friends, computers, playing Spiderman at recess and Play Centres.
- Karina: I love playing with my friends. I also love the "Mystery Guest". I love Mrs. Wiley's good ideas.
- Ciara: I love using the computers by the library.
- Helen: I love art, using the computers upstairs, the library and my teachers are nice.
- Sophia: I love the "Mystery Guest" because I love to guess what the mystery animal is.
- Connor: I love Play Centres because we get to play with toys and our friends.
- Sheetza: I like computers and playing with my friends.
- Patrick: I love Play Centres because they're fun and I get to play with my friends.





# GRADE 1

MRS. MCCAFFREY



Left to right. Front row: Gary MacPhie, Kelly McCaffrey, Amy Foy. Middle row: Joshua Haebe, Jonathan Hindo, Hannah Dolhai, Margaret Pateman, Nicola Denison, Philip Murray, Astrid Hoftun Jaeger, Brooke Mierins, Nicholas Morrison, Adam Groper. Back row: Anthony Li, Alexandra Parizeau, Chloe Lucas, Sofia Zhang, Grace MacLeod, Rebecca Seward-Langdon, Tennyson Kainz-Potter, Zack Shemenski.

## When I grow up I want to...

Nicola Denison: be a teacher because I like to help people.

Hannah Dolhai: be a teacher because I want to help children learn.

Adam Groper: be a golf player because I love golf.

Joshua Haebe: be a race car driver because I have a big collection of race cars.

Jonathan Hindo: to be a dirt bike racer because I like dirt bikes and going fast.

Astrid Hoftun Jaeger: take care of horses because I like horses.

Tennyson Kainz-Potter: be a horse back rider because I like horses and they are really fun to ride on.

Anthony Li: be an artist because I love to draw things.

Chloe Lucas: be a spy because I love to spy.

Grace MacLeod: be a teacher because it is fun.

Brooke Mierins: be an artist because I like to paint.

Nicholas Morrison: to be a soccer player because I like to play soccer.

Philip Murray: be a police officer because I want to protect people.

Alexandra Parizeau: be a vet because I like to help animals.

Margaret Pateman: be a nurse because I want to take care of babies.

Rebecca Seward-Langdon: be a teacher because I want to teach people.

Zack Shemenski: be an Olympian because I like to do sports.

Sofia Zhang: be a doctor because I want to open a hospital with my dad.







# GRADE 2

MRS. HUGGINS

Left to right. Front row: Ras-Jeevan Obhi, Amy Foy, Rebecca Godin, Kyler Wang, Louisa James-Beswick, Alex Montgomery, Kelli Krapcho, Claudia Cinotti-Ballarte, Benjamin McSweeney, Noni Shemenski, Mrs. Brenda Huggins. Back row: Mr. Gary MacPhie, Claire Avisar, Paige Tremblay, Evangeline Bedos, Zakiya Abdullah, Brooks McMurray, Kerson Leong, Michaela Kainz-Potter, Kim Godin.

At Elmwood we love to . . .





# GRADE 3

MRS. GERSPACHER



Left to right. Front row: Merrin Lalonde, Jordan Donovan, Lindsay Brandys, Priyanka Goel, Katia Tawagi, Emily Groper, Trevor Haebe, Priya Muradia Middle row: Bradley Assaly-Nesrallah, Jessica Kotzeff, Elisha Graham, Courtney Mulock, Sarah Melloul, Megan McGinn, Connor McLaren, Scout Frewer, Alexa Naccarato, Alyssa Shenassa, Brendan Lucas Back row: Mr. Gary MacPhie, Mr. Roger Adams, Mrs. Rowena Gerspacher

## If I had a wish, I would wish...

Connor M: to fly because I could explore new places and could fly around the world in sixty seconds.

Scout: for a friend from another country because then I could learn about other cultures and traditions.

Emily: that I could be a famous swimmer and I would win a gold medal.

Trevor: that I could fly because I would surprise people on an airplane and fly with the birds.

Bradley: to slow time down because I would never be late.

Courtney: for a little light brown puppy named Beethoven because I have always wanted one.

Jordan: for world peace. If there was world peace there would be no wars. I would preserve our forests and animal habitats.

Lindsay: to be a princess in Europe or the Czech Republic because I am interested in both countries.

Priya: to live in space and to explore the galaxy.

Sarah: for my grandpa to come back to life because he is dead and I miss him.

Alyssa: for poor people to have some money, clothes and food because I won't want them to get sick and die.

Merrin: for people to not use cars so they wouldn't pollute the air because pollution hurts people and animals.

Alexa: for a pupper named Fluffy and I would walk her everyday before school and feed her when I got home.

Katia for sick people and children to get better and be treated well.

Jessica: that I could fly around the world and do amazing things like climb Mount Fuji in Japan and see Egypt and the Arctic.

Priyanka: for world peace so that there would be no wars and everyone would be friends and in love.

Brendan: for all wildlife destruction to be stopped so there would be more trees and fresh air.

Megan: for lots of pets like a dog and two cats and a fish and a salamander. I would take care of all my pets

Elisha: for my aunty to stay in Ottawa for all my life because she is my favourite aunty and I love her.





# GRADE 4

MRS. OHAN



Left to right. Back Row: Mr. Gary MacPhie, Julia Hewitt, Adriana Moeller, Julia Davis, Eleanor James-Beswick, Tori McIntyre, Hannah Boomer, Katya Duncan, Samantha Buchanan, Jordana Polisuk, Rebecca Boucher, Mrs. Dorothy Ohan. Front Row: Olivia Kotarba, Ameera Moledina, Ivy Bregman, Noor Darwish, Melissa Yelle Alex Nguyen, Sarah Seward-Langdon, Emily Montgomery. Absent: Melissa Noel.

## My Three Wishes Are...

Adriana - that I don't have to go away from you (Mrs. Ohan) in grade 5, that I have more Canadian friends, that I learn more about Canada

Alex - to get a dog, a fourth wish and stickers.

Ameera - to get a dog, be an actress and to live a not and long, happy life

Eleanor - to get a limousine, a mansion and to be a billionaire!

Emily - for my dog to live longer, get good marks in school, do better in soccer

Hannah - to see an eclipse, an African grey parrot, and that my dog Pongo (who died) to still be alive

Ivy - to have peace on earth, not to be allergic to animals and to be the best friend I can be

Jordana - for my animals to live forever, every day to be my birthday and to be a dog in my second life

Julia D. - to be a director, win a Grammy award and for everyone to be immortal

Julia H. - good health for all my friends and family, for world peace and to have a long happy life

Katya - to make a magical potion, to fly and to have good health

Melissa N. - for peace to cover the world, my relatives never to die (especially my mom, dogs and horses) and for my friends to be happy always

Melissa Y. - to live to 110 years old, be happy all the time and to run a marathon like my mom did.

Noor - for one million more wishes, to fly and for my wishes to come true

Olivia - to be a zillionaire, to have a private mall for free and a limousine

Rebecca - for a live unicorn, my friends and family to live forever and for my dog to live forever

Sammie - to be flexible, have longer legs so that I can run like the wind and play soccer better and to be bilingual

Sarah - to meet Orlando Bloom, liked by all my friends and to have a horse that is black and has a white spot on her forehead

Tori - peace on Earth, everyone to be happy and my family and friends to be happy forever





# GRADE 50

MS. OSTIGUY



Left to right. Back Row: Mr. MacPhie, Breanna Graham, Erin O'Neill, Stephanie Black, Christina Rizk, Quincy Batson, Veronica Bleeker, Kelly Woods, Katrine Lightstone, Ms. Ostiguy. Front Row: Stephanie Shenassa, Alisha Texeira, Stephanie Babinski, Rachel Oster, Laila Murray, Juliana Assaly, Yuliya Belik, Joanna Znotins. Absent: Kristen Brazeau.

## 50 Goes PEZ Crazy!









# GRADE 6G

MS. GALLAGHER



Left to right. Back Row: Avery Nowosad, Kelly Hunter, Jessica Scully-Smith, Meral Ozerdinc, Chelsea Tannis, Maggie Murray, Heather McDonald, Sarah Evershed, Sarah Bouzanis, Ms. Gallagher. Front Row: Leah Wright, Sonya Ruddy, Victoria Loeb, Kriti Kumar, Anuja Sinha, Ailsa Craigen, Célyna Arnold, Lauren Halliwushka, Aarti Singla.







# GRADE 6T

Ms. TWEEDIE

Left to right. Front row: Juliet Caragianis, Alessandra Cinotti Ballarte, Priya Wadhera, Christina Jacobsen, Jena Tannis, Charlotte O'Neill, Irena Wight, Stephanie Pratapas, Lyndsay Kotarba, Julia Fottinger Back row: Carina Saikaley, Kim Milligan, Anna Hoftun Jaeger, Samah Syed, Alisa Boyle, Lauren Brandys, Elizabeth Sharp, Taylor Donovan, Rachel Murray

## Celebrity Boyfriends

Ms. Tweedie - Brad Pitt  
 Kim - Tom Welling  
 Julia - Chad Michael Murray  
 Lauren - Orlando Bloom  
 Christina - Chad Michael Murray  
 Priya - Mickey Mouse  
 Lyndsay - Chad Michael Murray  
 Taylor - Usher  
 Irena - Sponge Bob  
 Samah - Marvin the Martian  
 Anna - Pluto  
 Alisa - Stewie  
 Carina - Chad Michael Murray  
 Jena - Goofy  
 Rachael - Pluto  
 Stephanie - Usher  
 Ale - Usher  
 Charlotte - Bart  
 Juliet - Usher  
 Liz - Chad Michael Murray





# GRADE 7A

MS. DABEE & MS. LOENHART



Left to right. Front row: Alicia Leung, Christina Lima, Caroline Tong, Laura Haebe, Sanderica Quesnel-Malanka, Maria Zarakhani, Rachel Liu, Crystal Li, Nimrat Obhi, Ruth Lark Back row: Ms. Dabee, Michelle Sleeth, Madeline Oster, Jennifer Shepherd, Emily Soussana, Victoria Bonar, Monica Mikhael, Allie Hodgson, Emilie Chiasson, Cristina Martelo, Sofia Diaz, Kelly Ann O'Connor, Mrs. Loenhart

AS VOTED BY THE ACADEMY, the winner is:

Victoria: Best Debater Award  
Emilie C: Best Athlete Award  
Sofi: Dolphin Obsession Award  
Allie: Best Smile Award  
Cristina M: Most Courageous Award  
Michelle: L.O.T.R. Fanatic Award  
Nimrat: Longest Hair Award  
Emily S: Mad About Science Award  
Monica: Most Likely to Start a Frenzy when the Teacher Leaves the Room Award  
Kelly: Best Teacher-to-be Award  
Madeline: Most Caring Older Sister Award  
Jenny: Most Generous Award  
Laura: Perseverance Award  
Ruth: Artistic Award  
Alicia: Most Organized Award  
Crystal: Most Flexible Hands Award  
Rachel: Best Badminton Player Award  
Sanderica: Most Outgoing Award  
Caroline: Biggest T.V. Fanatic Award  
Maria: Most Youthful Award  
Christina L: Most Obsessed with Winne the Pooh Award  
Ms. Dabee & Ms. Loenhart: Best Teacher Duo Award







# GRADE 7B

MS. BIGGAR & MS. WILLIAMS

Left to right. Front row: Rachel Garbutt, Katherine Hales, Madison Norton, Julia E, Natalie Ogonek, Sarah Malouf, Reba Wilson, Caroline Mierins, Madeleine Newton Back Row: Ms. Williams, Lindsay Spooner, Jocelyn Sevigny, Laura Brazeau, Katherine Rushby, Taylor Flynn, Cleo Clatney, Marina Noskova, Kerry McInnes, Amanda Lewis, Caitlin Rogers, Ms. Biggar.

## Most likely to become...

Brazeau, Laura - Park Ranger

Clatney, Cleo - Broadway Star

E, Julia - Olive Factory worker

Flynn, Taylor - A vet

Garbutt, Rachel - A famous fashion designer in L.A.

Hales, Katherine - A story teller

Lewis, Amanda - Famous magazine journalist for People Magazine

Malouf, Sarah - A chef

McInnes, Kerry - A comedy actress

Mierins, Caroline - A professional disco dancer

Newton, Madeleine - A brain surgeon

Norton, Madison - A lawyer

Noskova, Marina - A professional trombone player

Ogonek, Natalie - A professional dancer

Rogers, Caitlin - An abstract artist

Rushby, Katherine - A fashion designer

Sevigny, Jocelyn - First woman to walk on Mars

Spooner, Lindsay - A karate professional

Wilson, Reba - Famous opera singer





# GRADE 7C

**MRS. COATES & MRS. CAPUTO**



Left to right. Back row: Mrs. Caputo, Jaclyn McMurray, Hayley Abugov, Natalie Haydon, Rachel Weinstein, Lucy Zheng, Marina Tannis, Meg Grey, Natasha Duncan, Julia Churchill-Smith, Lauren Townsend, Mme. Coates. Front Row: Silya Shenassa, Brittany Oliver, Varsha Salunkhe, Sabrina Villeneuve, Kayla Eisenstat, Alexandra Hourihan, Vanessa Morgan Mziray, Ashley Tannis, Emily Alexander. Absent: Tamera Saikaley







Junior School caught on camera!!!



# UNDERGRADS

CAUGHT ON CAMERA



# GRADE 8A

MR. LAMB & MRS. PURRAN



Left to right. Back Row: Katherine Belley, Rachelle Bonneville, Karenn Boychuk, Angelica Boyle, Carmina Badani, Maria Elena Clark, Sandy Kechichian, Emily Bain, Sabrina Blier, Jesse Wiwczaruk. Front Row: Sarah Shaikhali, Marisa Ashley, Shilpa Goel, Meredith Moore, Emma Murray, Jasmine You, Rebecca Park, Supriya Sethi, Julianne Hughes.







# GRADE 8B

MS. GRAY & MISS MCCURDY

Left to right. Front row: Stephanie Sardelis, Sara Bastianelli, Joanna Schembri, Raisa Patel, Sonya D'Silva, Genevieve McSpaden, Alicia Bartlett; Back row: Miss. McCurdy, Meagan Cork, Julie Sutton, Toni Duval, Bronwyn Thompson, Molly Reisman, Elizabeth Tetzlaff, Sonya Wadhera, Maggie Cogger-Orr, Rachel Stein, Ms. Gray. Absent: Sarah Corkery

## You'll never see...

Bronwyn: Not wearing pink civvies  
Alicia: Not hyper  
Sara B: Without a ponytail  
Meagan: Unorganized  
Raisa: On Weight Watchers  
Sonya W: Being a perfectionist  
Steph: Without Sarah  
Maggie: Cheering on the Ottawa Sens  
Molly: Not chewing on a pencil  
Sonya D: Without her star jewelry  
Joanna: Not complaining about H/M  
Toni: Not reading a non-school book in class  
Julie: Not smiling  
Liz: Wearing the Elmwood skirt  
Rachel: Failing a math test  
Gen: Without her homework done  
Sarah C: Without Steph  
Ms. McCurdy: Not policing the uniforms





# GRADE 8C

MS. ARMITAGE & MRS. CLUBINE



Left to right. Front row: Caroline Garel-Jones, Anita E, Amrita Pal, Anne Marie Wilson, Christine Soong, Ally Brown, Laurie Biewald. Back row: Ms. Rachel Armitage, Lore Lima, Marie Hoftun Jaeger, Sophia Lal, Noushig Kadian, Katherine McDonald, Hayley Arnold, Ally Hindo, Mrs. Carol Clubine.

If we were a Pokémon we would be...

- Ally Brown - Tetacod 72
- Anita E - Jynx 124
- Katherine McDonald - Oddish 43
- Hayley Arnold - Metapod 11
- Laurie Biewald - Snorlax 143
- Ally Hindo - Psyduck 54
- Noushig Kadian - Exeggutor 103
- Christine Soong - Zubat 41
- Amrita Pal - Voltorb 100
- Anne-Marie Wilson - Slowpoke 79
- Marie Hoftun Jaeger - Ninetales 38
- Sophia Lal - Venonat 48
- Caroline Garel-Jones - Magmar 126
- Lore Lima - Hitmonchan 107
- Ms. Armitage - Mr. Mime 122
- Mrs. Clubine - Magnetron 82







Left to right. Front row: Ms. Julianna Hjartarson, Danika Leminski, Nadine Batchasingh, Caterina Yelle Labre, Nicola Ostrom, Alison Jamieson, Sophia Dhalla, Ashley Adams, Lanna Thomas, Jane Anderson. Back row: Ms. Julie Whitefield, Jane Scholes, Emily Baxter, Charlotte MacKenzie, Taylor Bourdeau, Larissa Fulop, Alison Miller, Justine Boomer, Nikola Ruddy, Kate Portner Gartke, Mrs. Leslie MacLeod, Mrs. Kathryn Begin.



# GRADE 8D

**MS. WHITFIELD & MRS. MACCLEOD & MRS. BEGIN**



# GRADE 9A

MS. CARVER & MRS. MARCHAND



Left to right. Back row: Mrs. Carver, Sammy Lamontagne, Andrea Bennett, Hilary Brown, Jasmine Rasuli, Stephanie Fung, Danielle Hodgson, Megan Cody, Katie Hyatt, Jen Fuller, Mrs. Marchand Front Row: Katie Taggart, Rachel Witherspoon, Krina Merchant, Emily Mansfield, Sarah Merkley, Julia Campbell, Neuczki Mathruin, Anita Malik. Absent: Sheila McKeen

## What we're known as...

Hilary – The flyest rhymmer  
 Katie – tallest  
 Andrea – brightest lip gloss  
 Jasmine – teachers best friend (favourite subject-health)  
 Steph – quiet  
 Anita – turtaly  
 Megan – most blonde  
 Sheila – the flyest rhymmer  
 Krina – shafted in science  
 Rachel – Mrs. Kutcher beware Demi  
 Sarah – weirdest growly face  
 Sammy – sweetest pink person  
 Katie – the most control freaky person  
 Emily – washing machine  
 Neuczki – nicest smiley person  
 Danielle – happy camper  
 Jen – just Jen





# GRADE 9B

MRS. DEPOOTER & MR. HAY



Left to right. Back Row: Mrs. Depooter, Sana Syed, Charlotte Pattee, Isabella Price, Megan Halliwushka, Toika Kanters, Rachel Hutchinson, Karin McDowell, Mr. Hay Front Row: Rachel Currie, Sophie Goss, Rebecca Cheff, Sara Martelo, Shamila Charania, Megan Tremblay, Kimberly Fung, Nicolle Bonar, Prashanthi Baskaran Absent: Anisha Sinha, Riyaz Basi, Olivia Scott

## Our Obsessions...

- Riyaz - mooching
- Prashanthi - trail mix bars
- Nicolle - asking questions
- Shamila - an anonymous guy
- Rebecca - cows
- Rachel C. - telling stories
- Kimberly - Chingy
- Sophie - Linkin Park
- Megan H. - Bosco
- Rachel H. - small things
- Toika - Evanescence
- Sara - stars
- Karin - Frau
- Charlotte - candy
- Isabella - Schmaltz the cat
- Olivia - being active
- Anisha - pretty eyes
- Sana - Bollywood
- Megan I. - Gossip Girl
- Mr. Hay - banging books on desks
- Mrs. Depooter - rugby





# GRADE 9C

MS. HUNTER & MRS. LE MOINE



Left to right. Back Row: Mrs. Le Moine, Caitlin Phillips, Megan Light, Michaela McGee, Cynthia Wallace, Anne Pigott, Sasha Warunkiewicz, Natalie Murphy, Ms. Hunter. Front Row: Alice Gibbs, Nikki Campbell, Nora Dempsey, Vanessa Assaly, Anneka Bakker, Carol Chu, Forrest Hartman. Absent: Nicola Childs-Adams, Jolene Stinson.

## Our favourite quotes:

Nikki: "I have not failed; I have merely found ten thousand ways that do not work." Thomas Edison

Megan: "Lmao"

Sasha: "If at first you don't succeed, then maybe skydiving's not for you."

Forrest: "Do unto others, before others do unto you." - Vladinslaus Dragulia

Alice: "It is better to give than to lend and it costs about the same." - Philip Gibbs

Nicola: "I would rather be a beggar and single than a queen and married." - Elizabethan

Jolene: "God may forgive you, but I never will."

Caitlin: "Snowflakes are one of nature's most fragile things, but just look what they do when they stick together." - Verna M. Kelly

Carol: "True friends stab you in the front." -Oscar Wilde

Michaela: "I celebrate labour day by not labouring."

Anne: "Bring your own shrew"

Cynthia: "What's that smell? ASHBURY!"

Natalie: "Dreams do come true"

Nora: "The time has come, the walrus said, to talk of many things. Of shoes, and ships, and sealing wax, of cabbages! And kings! Why the sea is boiling hot, and whether pigs have wings!"

Anneka: "Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

Mrs. Le Moine: "I vote Nikki pics!"

Ms. Hunter: "The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed." -Carl Jung







Middle/Senior School caught on camera!!!



# UNDERGRADS

CAUGHT ON CAMERA

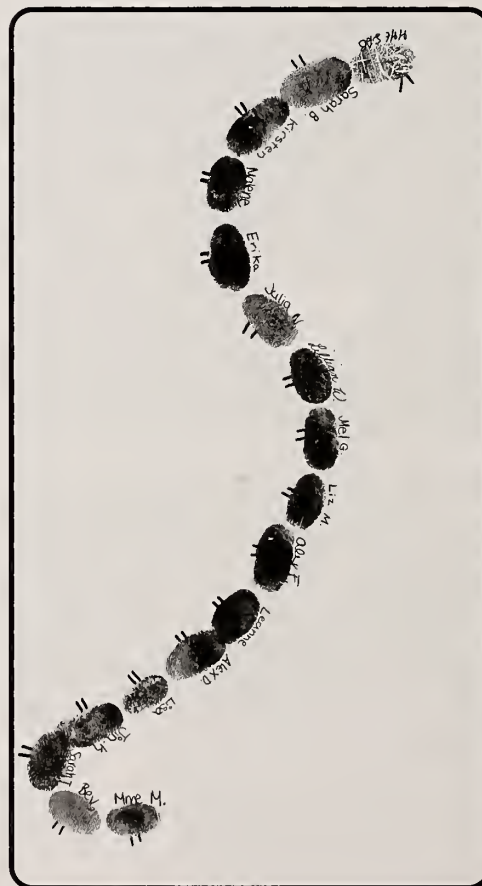


# GRADE 10A

MME SABOURIN & MME. MILLINGTON



Left to right. Back row: Mme Beryl Millington, Sarah Black, Malene Hoftun Jaeger, Alexandra DeForge, Lisa Cameron, Melanie Germain, Alexandra Fottinger, Beverly Clunis, Kirsten Boomer, Judith Caron-Saborin. Front row: Erika Tilson, Julia Normand, Sarah Taylor, Leanne Sharzer, Jin Kim, Lillian Wallace, Elizabeth Maffett.









# GRADE 10C

MS. BROWN & DR. DOUBROVINA



Left to right. Front row: Margaret Seaborn, Beverly Part, Evelina Sieradzan, Maria Visbal, Ishani Nath, Alicia Timmons, Diane Nakamura, Kacie Thomson, Margo Vachon. Back row: Mrs. Brown, Devon McCormack, Keva Legault, Katie Lark, Jenn Gagnon, Emma Godmere, Sarah Groves, Scottie McLaughlin, Emma McKeen, Rebecca Moeller, Dr. Doubrovina. Absent: Meg MacLean

## Most Likely To...

Emma M.: continue being the most random person ever

Keva: have her own fashion line

Meaghan: be eaten by dingoes

Jenn: be a backup dancer for Missy Elliot

Devon: be a stepford wife

Beverly P.: be a CSI

Margo: be a horse whisperer

Emma G.: be very successful

Scottie: find and become a leprechaun

Margaret: be an etiquette teacher

Diane: be a hair model

Alicia: design a colouring book

Katie: be Cat Woman

Sarah G.: to be singing a duet with Ewan McGregor

Kacie: to have a restraining order within the next two years

Rebecca: be a German rockstar

Maria: be a fashion icon

Evelina: become a ghetto basketball star

Ishani: be a Indian princess







Left to right. Front row: Angela Skaff, Tiffany Gaines, Rebecca Allen, Nazik Amdiss, Meghan Bain, Zoe Anderson, Courtney Smith, Sara Anderson, Jessica Batt Sheehan. Back row: Ms. Ellison, Sandra van der Jagt, Hope Villeneuve, Jessie Thorton, Jessica Thompson, Stephanie Tannis, Laura Thurlow, Anna Warunkiewicz, Marisha Tardif, Nora Sultan, Mr. MacCabe. Absent: Adriana Tejera, Alex Billings.



Class 11A, for their homeroom write-up, decided to create a collage that featured them at their best.

# GRADE 11A

MS. ELLISON & MR. McCABE



# GRADE 11B

MRS. BOYD & MR. GRENIER



Left to right. Front row: Anna McKay, Alexandra Mierins, Lorena Mason, Kate Meehan, Emily White, Isabelle Mercier, Christine Leduc, Alex Pattee. Back row: Mrs. Boyd, Véro Bélanger-Lejars, Marnie Brown, Breonna Burnatowski, Willie Deneault, Megan Cheung, Anna Cameron, Jenny Cheetham, Sarah Buchan, Gwen Cowley, Virginia Brown, Mr. Grenier.

## Our Reality Shows....

Virginia: The Amazing Race  
Allie: The Simple Life  
Marnie: Amish in the City  
Gwen: Fandemonium for AFI  
Sarah: Most Extreme Elimination Challenge  
Christine: The Apprentice  
Anna M.: While You Were Out  
Jenny: America's Next Top Model  
Willie: Last Comic Standing  
Alex: Survivor  
Véro: The next action star  
Anna C.: Pimp My Ride  
Isabelle: Currently between shows  
Emily: American Gladiators  
Bre: Dog Eat Dog  
Megan: Much Music VJ Search  
Kate: Trading Spaces  
Lorena: WB Superstar USA  
Mr. Grenier: The Swan  
Mrs. Boyd: The Weakest Link





# GRADE 11C

MRS. NEALE



Left to right. Front row: Ayaka Fujiwara, Mandy Wiwczaruk, Catherine Gibbard, Kerri Haynes, Lucy Hemmings, Stephanie Hjartarson, Ayla Fisk. Back row: Emma Watt, Margaret Galley, Elizabeth Wilson, Maura Furlong-MacInnis, Karlye Wong, Kyla Weinman, Katharine Howard, Mrs. Neale. Absent: Erica Hoe





# GRADE 11D

MRS. ADAMS



Left to right. Front row: Talia Sechley, Blair Stein, Lizzie Howard, Tara Sprott, Parysa Salemi, Caroline Kingston, Teagan Jones, Rosemary Lazier. Back row: Amira Tadros, Christine Johnston, Geneviève Roach, Ashley Masys, Anna Judge, Sarah Quinn, Anne Kirvin.

## Little Miss

Teagan - Little Miss Artsy  
 Lizzie - Little Miss Proper  
 Annie - Little Miss Perky  
 Blair: Little Miss Broadway  
 Talia: Little Misspell  
 Parysa: Little Miss Quind  
 Tara: Little Miss Sunshine  
 Rosemary: Little Miss Jig  
 Caroline: Little Miss Perfect  
 Gen: Little Miss Center Stage  
 Anna: Little Mistake  
 Sarah: Little Miss Drama Queen  
 Amira: Little Miss Serious  
 Christine: Little Miss Charming  
 Ashley: Little Miss Busy  
 Mme. Adams: Little Miss Carpe Diem





# GRADUATES

Do not go where the path may lead,  
Go where there is no path,  
And leave a trail,



"It takes blood, sweat and tears to graduate from Elmwood. But in the end it's worth it!"

- Katie Bifield



"Elmwood has given me the confidence to succeed and motivated me to perservere."

- Laura Kerrigan



"Elmwood is a wonderful place to grow, learn, thrive and love!"

- Ayesha Basi



"Elmwood has given me great opportunities to develop myself, as a student as a leader and as person"

- Marielle McGovern





## Maryam Al-Ali

Saaalaaaam !  
 First of all I want to thank God, mum, dad, friends, teachers and everyone that helped me get this far. My 4 years at the Wood were amazing, thanx to all my friends, love ya a lot gurlz. I would like to mention all the good times but that would take over the entire year-book, so let's just keep it simple...good \* memories chiktaz! All my love goes to Sandra Sharpe and Jess D wish ya all the best gurlz. Finally I would like to wish my fellow Gr.11s the best of luck next year. (3A, 4S\*, 2M, D, J, K, B, C- xox)



## Jaye Appotive

To the grads of 2005 it's been an amazing 4 years that I would never want to replace. Thank you ladies for the memories of a life time. To the Jcrew, what can I say; it has been amazing. Thank you to all my teachers especially Mrs. Brown and Mrs. Loenhart for your guidance patience, support and for going beyond your call of duty. Ryan and Brody you guys have been the best brothers and sisters could ever ask for. Thank you Mom and Dad for providing me with the opportunities of a life time, and always encouraging me to go the extra mile.



## Stephanie Arsenijevic

WOW...finally made it ladies...What a blast! I'd like to thank all my teachers for their support, helping me to achieve my goals. To my girls, thanks for making these years unforgettable. Can't forget the times at the hill and the Spice Girls. GO SHORT BUS! Gonna miss all the craziness and those classic Frenchie moments. C'est SEXY! Ladybug, hoochies couldn't do it without you. Don't forget to put some pimpin' in it! S.M.A.C for life! To the family, thanks for always being there when I needed you the most and always believing in my dreams pushing me to my very best. J'taime beaucoup!





## Ayesha Basi

"Sail away from the safe harbour. Catch the trade winds in your sails. Explore. Dream. Discover"

These eleven, crazy years have made Elmwood my second home. Teachers for instilling within me a desire to learn - thanks. And a special thanks to AB, who has and always will be an inspiration. Grads: never be afraid to dream, imagine and discover; I know you will. Theatre girls: thank you for the nights we felt alive. Habbubs: the memories will last a lifetime.

Hitchie: "J'aime toi" toujours. Jade(DJ.Legs): You have been my rock this year...thanks for letting me lean; love you always. My wonderful family: I love you all so much, your endless support never ceases to amaze me...thank you.



## Medge Beauvoir

Elmwood has been my second home for 2 years now. I probably spend more time here than I do at home. It was a rather hard transition from New Jersey to Ottawa, but everyone here made it so easy for me to get comfortable at this school. The girls and staff here were incredibly welcoming. I'd like to say a very special thank you to all my teachers for the past 2 years. You have been amazingly supportive and patient. I know I tend to talk a lot in class, but thanks for putting up with my chatterbox mouth. I'd also like to say thank you to my parents and my sister. You have been my support system for 16 years now and you are amazing. I love you. Big B, Jadakiss, my SOUL SISTA, thanks for being my idol! I love you! And a special "shimmey" to my Elmwood



## Kate Bifield

It's been 7 years, and I've never had a year quite like this. I've experienced more ups and downs, more excitement, disappointment, frustration and anticipation than ever before. There's been some stress (to say the least) but I'll walk away with amazing memories and no regrets. It'll be hard to leave but I'm ready to move on, so thank you to everyone who has prepared me and given me the confidence to feel as if I can do anything. Thank you to my family, friends and teachers. I mean that more than I can say. Good luck in the future and I'll miss you all!







## Caroline Boyle

As Homer has said many a time: Woo Hoo! Graduation - it's finally here. It's what every 8 year old dreams of when you have pages of sums to do, or when you are sick of finding the verb in the sentence. But when it comes, you find yourself signing up for 3 or 4 years of even harder school... completely out of choice. So really it's a myth that you get wiser as you get older. But even though you spend your life counting down until the next holiday, we'll probably miss it later. So, without sounding too sentimental, thank you to the people in my life: family, friends, teachers. And to all my fellow grads - good luck in your adventures. Bow-chica-bow-wow.



## Maja Campana

To my family, thank you for the strength to keep me moving. Dr.

George, Mme. Adams, Dr. Mahin, Mrs. Boyd, and Ms. Lamb, thank you for the inspiration to do my best even when I didn't believe in myself.

Deeja, Kaylyn, Abanti, Jenn, Karen, and Maryam- it's been a fun roller coaster ride and I'm glad we shared our experiences together.

The memories will always stay with me. To the grade, I enjoyed all the stories and laughs we shared on the couch in the common room.

-Evil Maharaja,  
"Your capabilities are stronger than your faith in yourself"



## Laura Doubleday

"Where I was born and where and how I have lived is unimportant. It is what I have done with where I have been that should be of interest."

- Georgia O'Keeffe  
These years have been as dew on grass. Soggy morning steps always dry by noon. Time goes on and gardens grow. I must thank my teachers for their green thumbs.

Education is much more than the filling of buckets; it is the planting of seeds. Education is an invitation to a party. It is an invitation to the loveliest party imaginable. Please keep dancing.

"I tell you, the more I think, the more I feel that there is nothing more truly artistic than to love people."

- Vincent Van Gogh





**Alix Dudley**

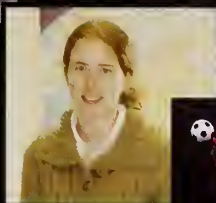
Long. The best word to describe my time at Elmwood. Thanks goes out to all of my teachers that I have had over the years, especially to those that have helped me in my senior year. To my family, thank you for everything. To the Grads of 2005, all the best for next year. Will miss you all. Here's to the future. \*Duds\*



**Sara Duplancie**

And so it is – the end of a beautiful era. Nothing will compare. Thank you to ALL of my teachers, especially AB, AA, AC, and MM, who have inspired me, motivated me, and taught me so much more than they are aware. To ALL of my crazy, smart, hilarious, brilliant friends, you are truly amazing girls ~I love you. Grads 2005, it's been an adventure! MM, RT, and BH – I don't know what I would do without you... "what!what?" And to my parents: thank you – for everything. I love you more than anything in this world.

"You see things and you say, 'Why?' But I dream things that never were, and I say, 'Why not?'" The time has come, off I go...!



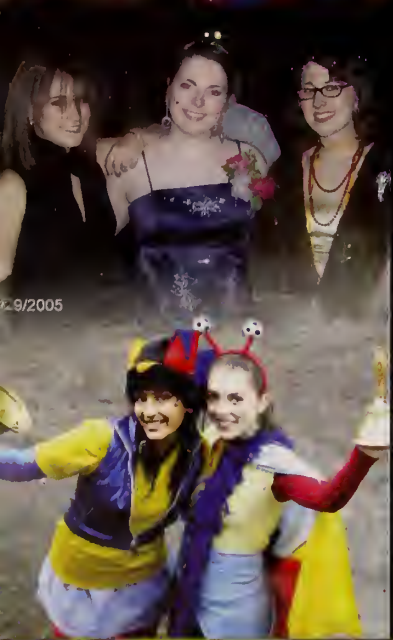
**Kaylyn Fraser**

Mom, Dad, Jamie, Cameron – I love you all. Thank you for all your love and support! Luise, best wishes for your last year! Jess, Karen, Maja, thank you for the unforgettable car rides/the amazing spares shared/and all those terrific phone calls. Genna, Alex, Abanti, Deeja, Jenny, good luck next year, you are all very memorable people! Jenn – I will never forget the big 'W' in the sky! Mr. Main, Dr. George, and Mme. Adams, the three of you have made my high school years unforgettable and rewarding. The grade: all the best. This year was fantastic, thanks! Ciao!



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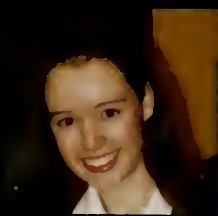
**Alexa  
Gendron-  
O'Donnell**

There is no way to accurately sum up everything that these past 6 years have held and all that they mean to me. Thank you for all the times we've shared and all the fun we've had. You have all helped to make this time memorable. I hope you accomplish your dreams and reach your goals. May the future hold many adventures in store for you. Good luck.



**Genna  
Giampaolo**

7 years! So much learned about my goals, life, dreams and who I am. All my teachers, THANK-YOU for your support & wisdom! Mme Sab, thanks for coming to Saunders Farm my first stage-show. Mr. Main, thanks for International Nights. Mrs. Boychuk, for helping to open my eyes to what I really love to do, helping me out of my shell and showing my true talent and potential, thank-you. Fellow grads of 2005: May all your dreams come true! "Some people come into our lives, leave footprints in our hearts and we are never ever the same."  
Luvs, Gen



**Gillian  
Graham**

It's hard to believe that this year has arrived so quickly. Thanks to my parents, teachers, and friends who have always been so supportive and helpful to me. Next year is going to be hard without my support network next to me all the time. Elmwood has provided me with so many opportunities and I am going to miss everyone next year.





## Brooke Herczeg

Once upon a time there was a little girl named Patricia Brooke Herczeg. She arrived at Elmwood to be pleasantly surprised; the four years at Elmwood would change her life forever.

Every day at Elmwood has been an adventure; there have been some great days that I will remember forever! To my all my friends in grade 12 YOU ROCK MY SOCKS!! And to my closest friends (M.McG, R.T, S.D and C.B) the memories that I made with you will be treasured forever and never forgotten!!!

Love you all!!!!!!!!!!!!

To my MOMMY and DADDY I cannot describe how much I respect and envy your love for me! Thank you for giving me a wonderful start to my future! LOVE YOU



## Stephanie Hewetson

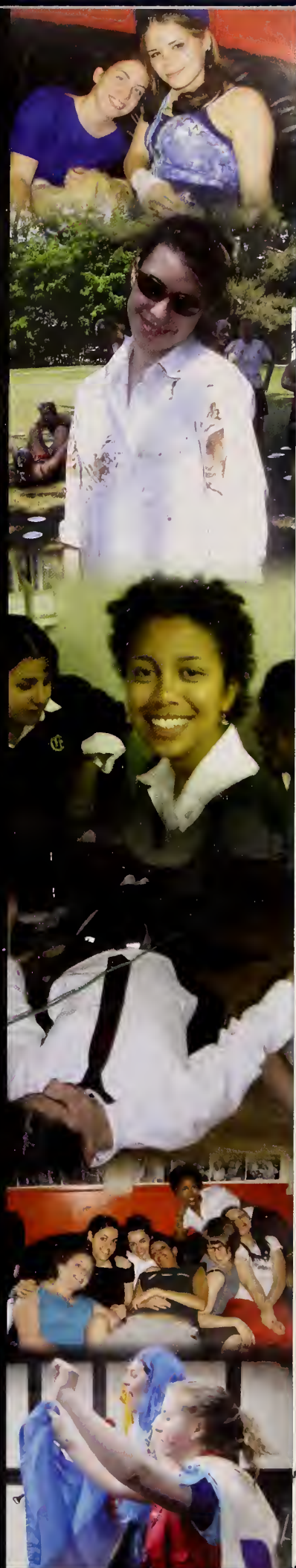
In true representation of my years here: I procrastinated on this... Think graduating can be less important than learning how to be happy with things... hopefully, ive done both. Wont stay in touch, I know that, but will miss the little things (Caroline)... Alexa, you meant the most (still do), greatest friend ive had (plus Myllana)... to you and most my teachers, thanks, you helped me when I really needed it. If any English teachers read this, I'm tired, you gave me too much work, let the grammar slide this time...

Dr.George, hope you laugh, wont see you again



## Eva Hitschfeld

The thought of starting Grade 11 at a new school had initially made me very nervous. Had I known of the amazing crew of friends I would be making and the support I would be getting from the faculty, I wouldn't have been half as anxious. It's hard to think that all the little things that make up the Wood life will soon be gone... A special thanks to my Bahamas Mamas, Beautiful B, ShaSha & J.Kiss, D-Day & sis Kat, Yoyo Ma, Toit, the Boyle!, Katie & Brookie.Un merci tout spécial à Papa et Maman, pour la chance inouïe que vous m'avez offerte, et Cécilia.







## Chawha Hong

Thank you to my Mom, my Dad and my sister for always being there to listen, to support and to give me the opportunity to study in a foreign country. I know how much you guys have sacrificed for me and I know I will never be able to repay you for your everlasting love. Mr. Main, Mrs. Boyd, Dr. Mahin, Mrs. McCabe, Mrs. Brown, Mrs. Caputo and those who have given me this great education, thank you so very much. I will forever remember the time I spent at Elmwood School. And to all the girls in my grade, I wish you good luck at university. And lastly to Jason, I want to thank you for just being you - I love U.



## Laura Kennigan

First off I'd like to thank my family for everything they've done for me. Mum, Dad, Leash, Steph: I love you all so so much!

Without you, I'd be nothing. To my Elmwood girls: you are all so awesome. I'm gonna miss you like crazy next year! I can't believe this adventure is over. One chapter has ended, but so begins another - perhaps more terrifying but definitely more exhilarating. Who knows where we'll be tomorrow!? Who knows what we'll be faced with in the future!? Just remember this: Wherever you go, go with all your heart! Good luck Grads 2005!



## Jaimie Kim

Thanks to my Lord and my family who supports me and gave me this opportunity to study abroad. Because of you, I finished my high school successfully. This year was my first and also my last year at Elmwood; however, I really enjoyed it and made unforgettable memories. My three girls, Annie, Mandy and Chawha, helped me every time. Also, thanks to my lovely teachers who taught me in Gr.12. Also thanks to my big sistaz who was my friend who guided me to right way when I had a hard time over the last two years. Also Thanks to my lovely G's Fam and W.S who believes and love me.





## Katie King

This year has meant so much to me. I owe that to the people who have inspired and motivated me. Thanks Mrs. Milochavich for helping me in math. Mrs. Naufal, thank you for coming back to Elmwood. You have been so warm and sincere. Mr. McCabe, thank you for caring so much about history and your students. Mrs. McCabe, thank you for always having a smile on your face, and for always listening. Mrs. Boychuk, thank you for being so creative and passionate about drama; for believing in Mme Dubuc when I didn't; and for believing in me. Thanks Elmwood!



## Ashley Laplante

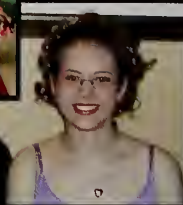
Aloha Everyone!

I want to thank all the great teachers who have put up with me through my high school years and thank you for your patience and dedication. It was very much appreciated. To my hoochies: I wouldn't have made it through high school without you. S.M.A.C 4EVER  
 \*ShlmMy\*~\*ShlmMy\*  
 Mede&Steph=LaDyBuGs  
 Craig=Always remember to "Hold Up Wait A Minute N Let S.M.A.C Put Sum PiMpln in it"  
 Shout outs to all the girls I'm leaving at Elmwood. Wherever you go always lay it down, by the pound, on the ground, and make your sound. Thank you so much to my family. High School's over! A-HAAA YES I DID- MEEGWETCH <3



## Monique Larson

The end is nigh, and it's time for me to say goodbye to all those who have touched, influenced and helped me through these past 5 years. First off, to my Dad, just having you in my life has made everything seem better, brighter. I don't know where I would be without you. To my Lilimum, the goodness you have brought with you is indescribable, and without it, I would not have got this far. Ayla, Izza, Anna, Bev, Hope, Mandy, you're all the best and I know you'll succeed in whatever you do. Teachers, friends, family, merci et à l'avenir!







## Annie Lee

HY,EJ and my big sisters SJ for helping me go the right way. Mom&Dad in Korea for giving me the opportunity to study here. HR, let's go to U of O to keep our promise!>o<(only two of us know..kaka) MR, don't know how I will do without u...

Thanks to the O'Connor family for giving me the greatest PASTA!!

Pink, you're the greatest, funniest and most adorable girl in this world! My Elmwood sistas~ CW,JH lov u... WS, you make me smile!^-^ Dr.Mahin, thanks for 'sharing chemistry knowledge' for 3 years! You taught me how fun chemistry can be! God bless you all! Go graduates of 2005!!



## Caroline Lafont

I can't believe high school is over...To my Parents, thank you for always believing in me, encouraging me to achieve my full potential and giving me this great opportunity. To all my teachers, thank you for all your help and support during my time at Elmwood. To My girls, {S.M.A.C - forever} CRAIGUS, Remember to "Hold up wait a minute lemme put some pimpin' in it", Nicky- (Rugby, Livebait, and the unforgettable "omg a bum a bum!"), and to All the rest of my Elmwood Hoochies- Thank you for the 4 amazing years at Elmwood. I'm going to miss you all! FRENCHYZ4ever! RUGBY- EAT EM'RAW! MuchLuv.



## Jade Legault

My 3 years at Elmwood have been more powerful than I could have ever imagined! Thanks to my phenomenal teachers for driving me to excellence. You are all an inspiration. To Mommy & Daddy - I love you so much and I can't thank you enough for all your love and support. I couldn't have asked for more. Keva&Zach - Continue to make me laugh. I miss you already! Elmwood girls - For all the amazing friendships and extraordinary memories! Never change. Sandra - You are the strongest person I know. I truly am the luckiest to have a friendship like ours that will last forever. Lovebug! Ayesha - Words fail to explain what you mean to me. I've had a blast so far! Class of 2005 - We're unstoppable!





## Karen Leung

Mom/Dad, thank you for your love and support all my life. Alicia/Jeremy – the best sis&bro in the world! To all my teachers that I've ever had, thank you for all your patience and encouragement. To my close friends Hannah/Sarah/Morgen/Kaylyn/Jess/Maja/Deeja/Alex/Abanti, thanks for all the laughs, parties, crazy car rides, phone calls, trips and support over the years. To Alexa/Jade/Genna. JOA to Elmwood = journey, thanks for all the support since Grade 1. Thank you to everyone who has made a difference in my life. Go Sens&soccer! Congratulations grads 2005! xoxo  
 "Dream of being different, by daring to be yourself."



## Nicky Lightstone

I don't know where to start. I don't want this to end. All my ladies you rock my socks. Sandypants I love you! Kirvan<sup>2</sup>, you will always be my sisters. Jane, 14 years, what can I say. C&S, I owe you so much, never forget the live bait and the good times at the hill, oh the singing. Thank you to all my teachers, especially Mr. Main and Ms. Lamb – you've always helped me to reach my full potential. Mom, Dad and Adrian, there isn't enough I can say to thank you for all you've done for me. Elmwood will always be in my heart.



## Alexandra McClenahan

To my DB-kins, you are my life, my best friend and I never would have been able to get through my time at Elmwood without you being there by my side. To my mother and brother, thank you for loving and teaching me about life. To my teachers, you have accomplished incredible things in order to get me where I am today. You have taught me all I know, and I am forever in your debt. To my yellow Wilsonites!!! You have made me so proud!!! I will miss you all dearly, and don't forget that **YOU ARE THE BEST!!!**







## Penny McCormack

Wow, where do I start! Thank you very much to everyone who's helped me over my past three years at Elmwood. Thanks to my sister for reminding me about what I should and should not do, (I know you mean well.) Thank to my parents for driving me everywhere and then for lending me their car, as well as supporting me in everything that I do. I had an awesome time over the past three years from surprise birthday parties to early morning swim practice to late night play practice. Thank you to my teachers. And especially thanks to all my friends We made it!!



## Hannah McGeachie

Elmwood has changed me so profoundly that I cannot even find the words to describe the past six years. I would like to thank my teachers from over the years for their hard work and dedication, in class and out. You have all inspired me to no end. My friends mean the world to me - I would not have survived high school without you guys. Last, but most importantly, thank you, mom and dad. Thank you for sending me here and never giving up on me and my potential, even when I had. Love you.



## Marielle McGovern

Leaving Elmwood, and reflecting on my time here, I realize the many people I need to thank. Mrs. Spence and Mrs. Szymanski, thank your for support and confidence. Thank you to my teachers and coaches, particularly Mr. McCabe, Mme. Adams, Ms. Lamb, Ms. Clarke and Mrs. Depooter who have been sources of knowledge, and inspiration. Thanks to Brendan and Christiane, my hilarious and wonderful siblings, my grandparents for giving me so many opportunities and my mom and dad; for their sacrifices and unwavering faith in me. I hope to make you proud. SD.RT.BH. - a final what what...I'll miss you all.





## Caroline McLoughlin

Nine years at Elmwood in 100 words: Thank

you to God, my parents for their support, my friends for the love, the kind teachers who put up with me, and everyone who infuriated and/or filled me with awe. It was a long journey suffused in joy, sadness, hilarity, frustration, and most of all learning, one step at a time, falling, rising, and trying again.

"The credit belongs to the person who is...in the arena...who knows great enthusiasm and great devotions...so that this person's place shall never be with those timid souls who know neither victory nor defeat."

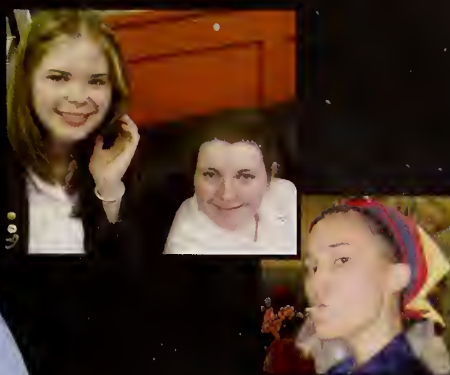
- Theodore Roosevelt



## Kristina Medow

9 years here accumulates to a lot of things. I've been through 3 headmistresses, 9 homeroom teachers, 41 different teachers in classes, a total of 60+ exams (including December and June exams from back in the day), 95+ classes (yes! I counted!), too many friends, and countless priceless memories. To Jhaliwal - Known and been friends with you since grade 3. I know we didn't graduate together, but we still have much growing up to do together in years to come. Thank you to my parents who chose this school for me and everyone who made me feel like this school was a second home.

Elmwood will not be forgotten.



## Katherine Morrison

Love always. The first day, I trudged back on the foreign grain, eyes all steam. The orange chairs were different. Then ease came loudly to me, and sun reigned. Feet grew and covered greater ground. A search for chimes blurred my bone sense, and rhymes overtook me. Diffident hedges rose. I still saw through. Slowly the plow wound back to old soil, smells of corn, a filled table. Though the bench felt lonely, I cupped my hands around the cheer and smeared it on the clouds. The chairs hoisted me.

One need not ask to question. Y'ALL FLY LIKE BEAGLES.







## Mandy Pank

Thank you mom for giving me the opportunity to come to Canada. I love you, my family until the end of my life.

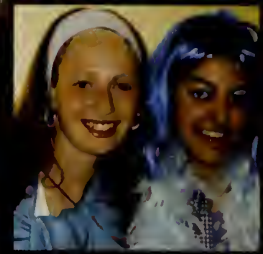
Thank you O'Connors. I feel like I'm Mandy O'Connor now and I'm looking forward to next year.

SJ unnie, I'm your second pig and you are my big pig- love you. Pink! You are my best friend- love you forever. "I'm shy.." My 3Elmwood K.girls A.L, J.K, C.H. Don't forget our life at Elmwood. And Dr.Mahin- can you come to the university and teach me Chemistry? Thank you Blossom and Buttercup for loving me more than I love myself. Thank you God for loving me.



## Jane Pigott

WOW...I made it...I never thought that I would see this day! Grads 05 you guys ROCK...best of luck for the years to come. To the JCREW\* -you ladies are amazing. This year wouldn't have been the same without you. I'll remember our missions forever. Nicky- it's been 14 years and we've done it all. Fun times had by all this winter at the hill...ladies, I love you and I'm going to miss the short bus and Spice Girls. Mom and Dad-thanks for everything. Little Pigott and Billbo, I'm gonna miss you guys tons next year. It's been mad jokes yo...PEACE!



## Daniela Roessler

"She runs with the wolves" Thanks for the good times:(The canal, Dunn's, sreggek, the corner, outdoor ed, freestyles, Audi, Blue Skies, lightning, Buddha, Shawvy, my house(sleep crew) Fugee-la, Le Twist, the train, mad blur, and to all the times) Les Boys: I'll never forget the times we had. You taught me a lot. The Girls- I would NEVER have gotten through without you 4. Thank you for being so real. To the music that kept me alive and the pen that kept me sane - my gratitude is eternal. I'll see you on the water. PEACE.







## Sandra Sharpe

Hope. Strength. Faith. These are just a few things I have learned from this unexpected year, and my journey is not over yet. Elmwood, you have been such a part of me for the past six years, and your tremendous support has been unwavering. Thanks to all my teachers, especially NL. Not only are you an amazing teacher, but an amazing friend. Thanks to the friends who have shone when I needed it most. Katherine, I don't think there are many people who understand what friendship means, but you are one of them. Grads, you have been so wonderful and caring, and have helped me more than you will ever know. Remember that even if you have to look in unexpected places, there will always be love for you in this world.



## Monqen Smith

8 years of Elmwood: it's been quite the ride. From tunics to tartan, from binders to laptops, from Samara to water polo, from my first sports day in grade 5 to enthusiastic House Head, from PEI to New Zealand. I'm lucky to have grown up in a place with so many diverse opportunities. I'm proud to say that I'll be moving on next year feeling that I've been given every advantage, but I'll miss thinking of Elmwood as my second home. In short: thank you to the many wonderful friends I've made and the teachers I've had throughout the years. Thank you, Mom and Dad for refusing to count the cost of education.



## Deeja Sultan

These last years of high school at Elmwood have been a great experience for me. Mama and Baba, you are the best parents in the whole world, and I am extremely blessed to have you; and of course Fizz- no words for you. To all my friends- you know who you are- I would never have made it without you guys- you made my time at Elmwood as exciting and memorable as it was. All my teachers- you have been very encouraging for me these two years. To the Grads of 2005: Congrats! We made it!







**Rosemary  
Tross**

Well, it's the end. WHAT WHAT! I've been here since grade 6 and each year has been better than the last – and that doesn't mean the first year was really bad, just in case you were wondering. Teachers: you guys are great at what you do. Thanks for the good learnin'. Mum, Dad, Peter: I love you. You make a great family! And to my friends: I love you all, even though I never say it. And you have great skills! You know, like nunchuck skills, bowhunting skills, computer hacking skills...flippin' sweet! Love, Rosie...aka. rotro.



**Jennifer  
Tiquen**

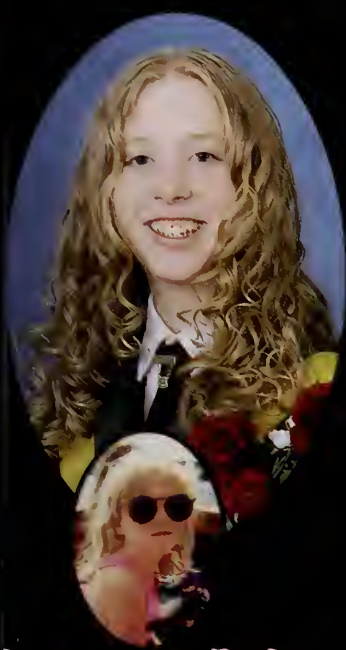
"The greatest thing you'll ever learn is just to love and be loved in return."  
Thanks to: DEC, ERT, TJT, PC (SAM), ARZ, MC, DS, KAF, KL, GKG, MrSB, SDobbs, HV, IM, CS, and JSRD. You have all made an incredible difference in my life. I wish you the best in your future endeavours.  
A message from Maja because she ran out of space: If life gives you lemons, let them rot and whip them right back!



**Jessica  
Venables**

About time! It has been an awesome ride, and thanks to all of you for making it that way. From the girls in Mrs. Mayes' grade 4 class and to all the fresh faces along the way, each of you have touched my life more than you know. You have helped me survive the past nine years and made me who I am today. Thanks for always making me laugh, and providing a shoulder to cry on. Reach for the stars, take every chance you get and may you never have any regrets. Most importantly have fun and represent!





**Jessica White**

Can I tute?/When a man and a sheep/We have two lungs?/ Llama!/Shhhh/Yo mama/I don't have a pen! Water polo/ Classics/swimming/ the play/ Peru/ Honduras/ Camp/ ETA/Cuba TKS. Mom, Dad, Kit you mean more to me than you'll ever know. TKS Ms. E and Mrs. B. for teaching me about myself. Mr. Mc and Mr. M thanks for lessons that span far beyond the classroom. I've had five great years at Elmwood. How to sum it up?  
1...2...3...GIRLS FROM THE WOOD!  
HUH!



**Mistassini Whiteduck**

To my parents, thanks for a wonderful life despite some minor mishaps on my part. To Zach, Kay and Tess, you guys are awesome, and I promise you'll graduate eventually... hopefully. To all my teachers here who got me to graduation, all the work done on your part is appreciated. Littlest Wong, "YAY" is all I can say. Sarah, good times at Heritage. Much love to Dhaliwal. All my cousins-you kids you're my heart and soul. Much love out to all my grandparents, uncles and aunts. To MJ, SP, SD, JD and all the Freeport kids, thanks for everything and I love you all. I did it!



**Tamara Wilson**

I've been here since grade nine, and it's difficult to think of words that can summarize four years of education, opportunities and change. I've broadened my horizons and am fortunate enough to have found some semblance of the direction in which I want to move (preferably East). Yet while I'm anticipating what lays ahead, I'm well aware of what I'm leaving behind - a school full of memories. Hopefully that's the only thing I'll leave behind and I'll continue to move forward along with the friends and faculty that have made this time so grand. Take care, best wishes, and see you around!

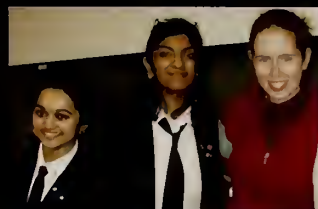






**Sarah Yan**

How to sum up 7 years at Elmwood in 100 words... The years have been great, and the friendships even greater. To the graduating class: you girls are all amazing and can do anything you set your mind to. To my friends: thank you for being there through thick and thin. We've had some really good times! (Second Cup, Subway, 5<sup>th</sup> lunch, and so many more) To the teachers: thank you for teaching me about the world and helping me to grow into the person I've become today. To my family: I love you. There, 100 on the dot.



**Abanti Zakaria**

Firstly, thank you to my mom. Though at times I took you for granted, your love, sacrifice and support means the world. I love you Ammu. Also thanks to my dad for all the pep talks you've given me over the years. I love you too Bappu. Of course, my love goes out to my friends - DS, JT, CS, MC, KL, KF, JSRD and everyone who I have shared stories and laughs with - thank you. And thank you to ALL my teachers - I wouldn't have made it without your encouragement and belief in me. Congratulations to the class of 2005 - good luck with everything you go on to do. WE MADE IT!!!!





# ACADEMIC



Teachers open the door, >  
but you must enter on your own. >



"My favourite activity this year is when we did a frozen tableau in drama."

-Scout Frewer



" It was amusing to make DNA models out of marshmallows"

- Neuczki Mathurin



" One of the highlights of my year was studying biology- dissecting the pig and learning about animal anatomy"

- Angela Skaff



" I really liked studying Hamlet."

- Ayaka Fujiwara



## MRS. HELEN HIRSH SPENCE HEAD OF SCHOOL

This year has again been filled with many fond memories of times spent in your company. From the moment you step out of your parents' cars at 7:45 a.m, most of you, despite sleepiness, greet me with a cheerful "good morning". I don't take your smiles or your pleasant greetings for granted. In fact, I cherish both.

Civility, kindness, politeness are not characteristics shared by many, but you, as Elmwood girls, understand the importance of gestures such as shaking hands, making eye contact and being gracious in the company of others. These are only a few of the many hallmarks of the multi-faceted education you enjoy at school. There are so many others. Nonetheless, these small gestures will continue to distinguish you once you leave. They will give you an edge throughout life by leaving positive first impressions on those whom you meet.

I am certain that many of you don't think of yourselves as being unusual or distinctive. From the unique vantage point of my position, I can observe you as you mature over the years. I recognize your strong, determined characters; your caring for one another; and through Bon Echo park during the Bronze Duke of Ed expedition, visiting Grade 8s at Camp Woolsey, seeing you win at the regional Envirothon, meeting you in Mississauga at the Robotics (F.I.R.S.T.) competition, or skiing with you at Fortune and Mt. Ste. Marie this year, my experiences have been filled with an appreciation for the way in which you tackle life and live it to its fullest.

To those of you who are graduating, I wish you well on this next stage of your journey and hope that your time at Elmwood has been characterized by fulfilling experiences and happy memories. Be sure to keep in touch and share your future successes with us.

My guilty pleasure is reading a book in bed on a Saturday morning and having coffee brought to me.







**MRS. SUZANA SZYMANSKI**

**DEPUTY HEAD**



**MRS. DONNA MOFFATT**

**DEAN OF STUDENT LIFE**



**MR. GARY MACPHIE**

**VICE PRINCIPAL, JUNIOR SCHOOL**

Without a doubt, this year, my first as Deputy Head of Elmwood, has been the most exciting of all my years at Elmwood. I have had the opportunity to participate in all the activities and traditions of school life, thereby gaining a deeper understanding of the needs of our students, our staff, and our parent community. From an academic perspective, this has been a year rich with planning, coordinating, and facilitating the delivery of our programme which incorporates the rigorous expectations of the MO and the Ministry of Ontario. I have thoroughly enjoyed collaborating with my colleagues and I continue to be inspired by their dedication and support of our school's mission. We work together to ensure that our students have the programmes they need, and the skills and confidence to succeed.

One of many highlights for me this year has been learning about Middle School from Middle School students. I cherished my weekly nighttime meetings with a group of Grade 7s over chocolate chip cookies. I attended my first Middle School dance. I had the privilege of judging Science Fair projects and learned from the latest research on DNA, mold, lactose tolerance and the science behind tsunamis. I had some outstanding creative stories from Grade 8 English class. I heard much about homework and sang to the Grade 6's tomato plants. These memorable moments are the beginning of our new and growing connection with each other.

Senior School girls all know how much I miss teaching them Math. Math learning for girls is near and dear to my heart and will continue to get my attention albeit from a different perspective in the school. Participating in Senior Prefect meetings has taught me that our students are diverse in their interests and passions, yet so willing to support one another in the organization and planning of countless events that contribute to the core of our spirited community. There is no doubt in my mind that our girls graduate ready to take on the world.

Thank you to the editors and advisors of Elmwood for this treasured record of the 04-05 school year.

Wow! It is hard to believe the year is over already. Well, you know what they say...time flies when you are having fun. Actually, fun is definitely an understatement when describing this year—in fact, exciting, energizing, and exhilarating better describes my first year as the Dean of Student Life. When looking back to the first couple of weeks of the school year, I remember thinking how was I going to make it to June. I had so much to learn, so many ideas, and of course, high expectations of myself and of our students. Now that the year has unfolded it is much clearer to me how it all came together. The combination of our inspiring, intelligent and sensitive student body along with the passion and support of the faculty and staff made it easy to stay motivated throughout the year.

The year was filled with many highlights—successful fundraisers, outstanding artistic and musical performances, a creative spirit week, active sports days, exceptional athletic victories, meaningful assemblies, and much, much more. Our Prefects, headed by Katie Biffeld and Ayesha Basi, lead by example. I felt privileged from day one to be working so closely with such fine students in maintaining school spirit, pride, and traditions. Students at all levels contributed in a variety of ways to make this year memorable for all who walked through these busy Elmwood hallways. As the year draws to a close, I can't help but get excited about what lies ahead for me and our students next year at Elmwood. We have another incredible graduating class that will step up and take the lead, and an overall student body that will keep things stirring all hours of the day. Thank you to all students for making this year so unforgettable, and I look forward to feeling the same type of vitality permeate the school again next year.

My first year at Elmwood has been truly wonderful. I came to Elmwood from many countries and with many different life experiences, but I am constantly surprised by how many new experiences and lessons are ahead of me still. Learning is a lifetime pursuit.

The best part of my job is the time I spend with students - during classroom visits, fieldtrips, assemblies, or just on the playground. The girls and boys are always eager to share their enthusiasm with me. Some highlights include picking pumpkins with the JK and SK students in October, watching the excitement in the eyes of the girls as they march upstairs for an after school ballerina practice, class assemblies and the Christmas concert, being asked by the grade 4s to listen to their French play, and engaging in science experiments.

I feel privileged to work with such a talented and professional team of educators. The combination of dedicated teachers, enthusiastic students and supportive parents fosters a very cooperative learning community. Here at Elmwood, we appreciate and encourage parents to become involved in their child's education. Education is a partnership between school and home that promotes clear communication and the desire to see each child reach his or her potential.

Personally, this has been an amazing year for me. I have experienced many "firsts": my first year at Elmwood, my first year back in Canada after 16 years, and my first time experiencing a winter in Ottawa. I would like to thank everyone for making me feel that this year of "firsts" is the first of many more to come.

Outside of school, I study, as well as hike, rollerblade, and hike with my husband and sons.

Other than teaching, my dream job would be an adventure or travel photographer.

My favourite decade has to be the 60's as I can remember celebrating two Toronto Maple Leaf Stanley Cup Victories.



# ACADEMICS

## JUNIOR SCHOOL



Left to right. Back Row: Mrs. Couture-Luk, Mrs. Wiley, Mrs. Blackadar, Mr. Kelly, Mr. Adams, Mrs. MacCaffery, Mrs. Ohan, Mrs. Bowers, Mrs. Low, Ms. Ositguy, Mrs. Gavan, Ms. Potter-mal, Ms. Rowswell, Mrs. Oikle. Front Row: Mrs. Foy, Mrs. Leith, Mrs. Gerspacher, Mr. MacPhie, Mrs. Holbrook, Mrs. Dennys, Mrs. Huggins.



My First Job? Working as part of the kitchen staff on weekends in the City Hall - G MacPhie



My Favourite Celebrities? Harrison Ford, Richard Gere, and Robert Redford - W. Dennys



My favorite place? On any peaceful water with my kayak, or on quiet trails in the Gatineau Park.  
- J. Couture-Luk

My favorite thing to do in highschool? I Liked to play tennis.  
- J. Low





## JK, SK, GRADE 1, GRADE 2



My Favourite Place? Reading in front of the fire with a good book and the Black Forest, Germany where I lived for 6 years

- C. Wiley



Outside of school? I like to read, swim, and garden

- B. Huggins

## GRADE 3, GRADE 4



## GRADE 5



# ACADEMICS

## JUNIOR SCHOOL



# ACADEMIC

## HUMANITIES



Left to right. Back Row: Mrs. Dorcas, Dr. George, Miss Ellison, Ms. Williams, Mr. Yates, Mr. Main, Mr. Hay, Mrs. Purran. Front Row: Ms. Bradley, Miss. McCurdy, Mrs. Depooter, Ms. Tweedie, Mrs. Coates.



"My biggest pet peeve is dog owners who do not 'stoop and scoop'" - M. McCabe

"My dream job is to be a millionaire poet or traveling raconteur" - A. George



"Outside of school, I am a photographer and a musician" - G. Yates

"My biggest pet peeve? Really, I don't mind if other people have pets." - A. Hay



"My favourite place to be is on the dock of our cottage on Stoney Lake, Ontario. A few ospreys on the horizon. Children happy and noisy. Life is good." - A. Adams





# ACADEMIC

## ENGLISH



Left to right. Back Row: Mr. McCabe, Mrs Loenhart, Dr. George, Mrs. Boychuk, Ms. Whitfield, Ms. Siewecke, Mr. Hay. Front Row: Ms. Bradley, Mrs. Gallagher, Mrs. Dorcas, Ms. Tweedie.



"A real "pet" peeve is when my cat sticks her whiskers in my nose while I'm sleeping."

- G. Bradley



"My guiltiest pleasure is chocolate and more chocolate"

-H. Gallagher

"My guilty pleasure is Kraft dinner and a good movie."

- I. Main



" If I had a superpower it would be constant wit.- K. Loenhart

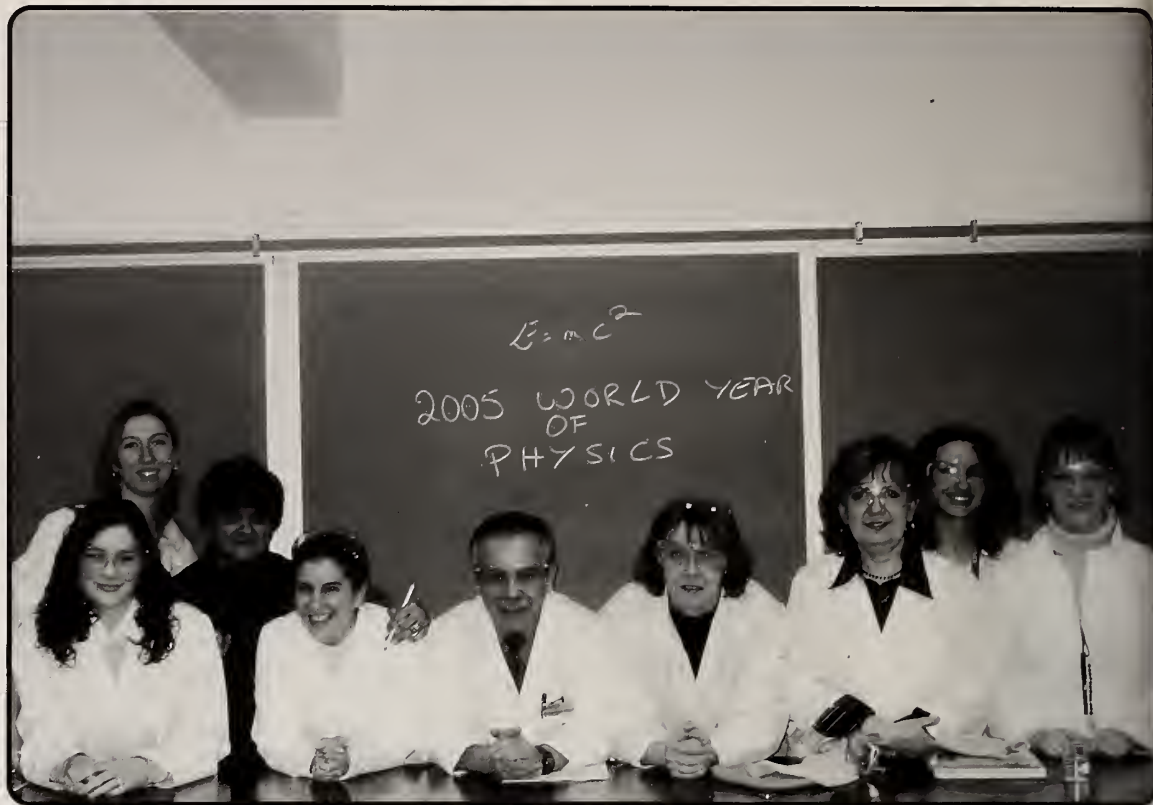


"My favourite celebrity is Tweety Bird."- C. Tweedie



# ACADEMICS

## MATH AND SCIENCE

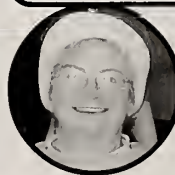


Left to right. Back Row: Ms. Kerluke, Mrs. Purran, Dr. Doubrovina. Front Row: Mrs. Patrick, Ms. Milicevic, Dr. Mahin, Mrs. Boyd, Mrs. Caputo, Ms. Hunter.



Outside of school I am a freelance make-up artist and writer for fashion magazines. If I had a magical power I would want to be a shape shifter. -H. Purran

"My biggest pet peeve is people who cannot park."  
- N. Lamb



"Outside of school, I am a mom to two young boys, so we play soccer, ski, ski-doo and drive 4-wheelers!" - C. Brown





# ACADEMICS

## MATH AND SCIENCE



Left to right. Back Row: Mr. Lamb, Ms. Lamb, Ms. Dabee, Mrs. Purran, Dr. Doubrovina, Mrs. Boyd. Front Row: Mrs. Le Moine, Mrs. Brown, Mrs. Gallagher, Ms. Milicevic, Ms. Kerluke.

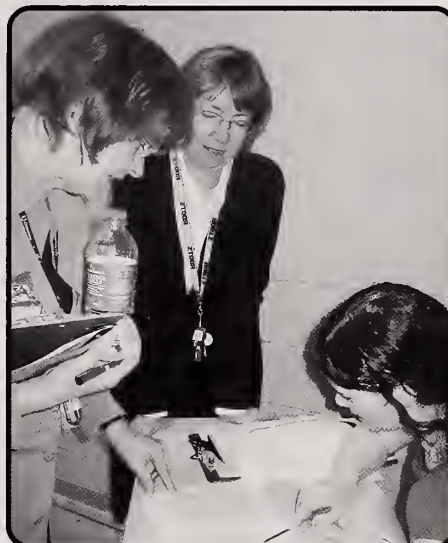
My favourite celebrity is Brad Pitt. My favourite place is at my parent's cottage in the Gatineau Hills and I would love to wear a uniform so I don't have to think about what to wear. - R. Kerluke



I have too many pet peeves... tardiness, disrespectful behaviour in general. - E. Patrick



My first job was tree planting, but my dream job would be to be a bicycle guide in South America. What superpower would I like to have? I like to be aqua woman-breathe underwater. - S. Lemoine





# ACADEMICS

## TECHNOLOGY



Left to right. Back Row: Mr. Yates. Front Row: Mrs. Rossiter, Mrs. Clubine, Mrs. Bradley, Ms. Lamb.



My favourite place outside of school is my bed. I would love to wear a uniform because I could get an extra 20 minutes sleep and dream about Orlando Bloom-my favourite celebrity. -N.Lamb

I liked the '70's - disco dancing. I used to love to shake my booties. I only found out recently that my booty was not my feet. - G. Bradley



My biggest pet peeve is people talking when they should be listening. If I had a superpower, I would like it to be the ability to read minds. My dream job- I'd love to travel the world golfing and then appear on T.V. to tell others about the trip. - A. Rossiter



Left to right. Back Row: Mr. Dube, Mr. Campbell. Front Row: Mr. Millburn, Mr. Molnar.



# ACADEMICS

## PHYSICAL EDUCATION



Left to right. Mrs. Le Moine, Ms. Gray, Mrs. Neale, Mrs. Depooter.

Would I want to wear a uniform? - not now, I've already done that. My pet peeve is disorganized people and my guilty pleasure is to get a Caramel Coretto at Second Cup and get home in time to watch my favourite reality T. V. show, Survivor. - Mrs. Depooter.



Mrs. Dorcas



Mrs. Tweedie





# ACADEMIC

## CLASSICAL AND MODERN LANGUAGES



Left to right. Back Row: Mr. Grenier, Mme. Williams, Madame Saborin-Caron, Madame Siewecke. Front Row: Madame Millington, Mme. McCurdy, Mme. Ellison, Madame Adams

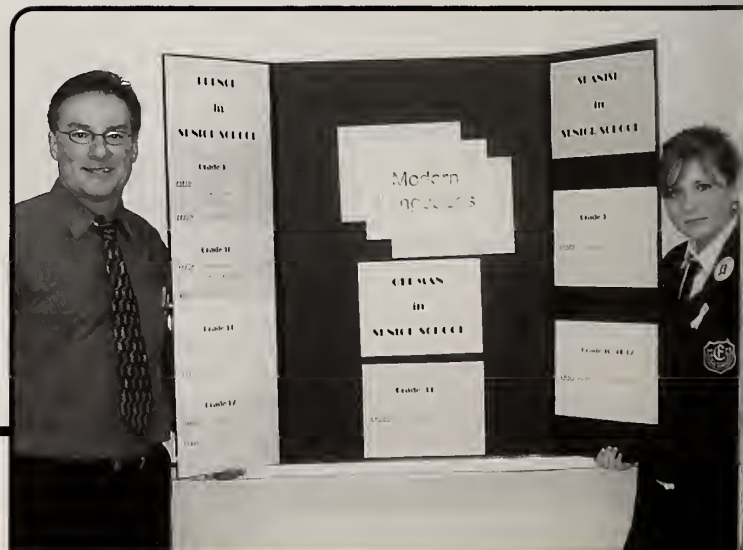


I would like to have the power to change all the traffic lights to green as my car approached them.  
- R. Grenier

My biggest pet peeve is mean people.  
- J. McCurdy



My guilty pleasure is chocolate and French Champagne.  
- L. Siewecke





# ACADEMIC

## VISUAL AND PERFORMING ARTS



Left to right. Mr. Palmi, Mrs. MacLeod, Mrs. Boychuk, Ms. Biggar, Mrs. McCabe.

The superpower I would wish to have would be being handy (like Uncle Red on the Red Green Show)

- S. McCabe



My dream job would be to care for and feed orphaned gorillas or chimps in the jungles of Africa.

- L. MacLeod





# ACADEMIC

## LIBRARY AND SUPPORT STAFF



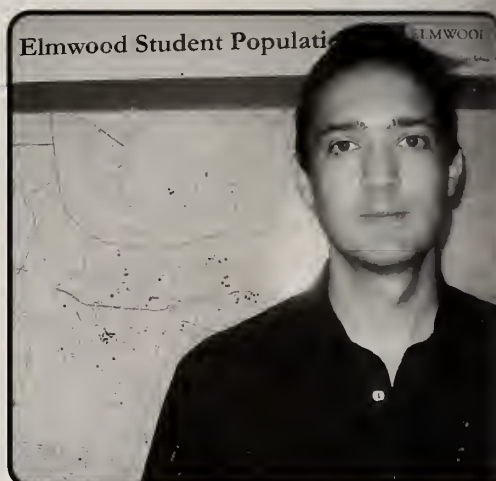
Library Staff: Back : Mrs. Begin- Teacher-Librarian Front : Mrs. Comerton- Library-Technician



Jr. School Office Staff: Left to right: Mrs. Dennys-Admissions, Mr. MacPhie-Jr. V.P., Ms. Rowsell-office



Sr. School Office Staff: Left to right: Back Row: Mrs. Dancause , Mrs. Lucas, Mrs. D'Alessio Front Row: Mrs. Sproule, Mrs. Hopkins, Miss Bourg



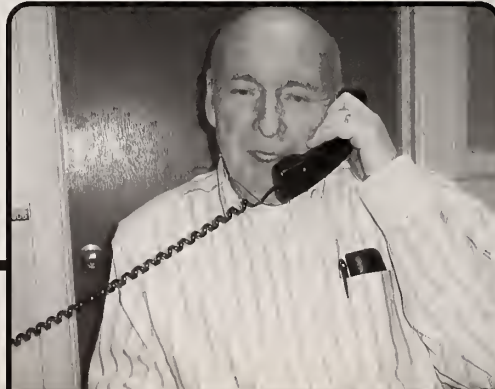
Mr. Welsh- Admissions



Mr. MacHardy Below: Mr. Haywood-building manager



Mr. Nicholson, Mr. Kelly Below: Mrs. Kearley





# STUDENT LIFE



People rarely succeed >

unless they have fun in what they are doing. >



"I really liked when the scarecrow came to our classroom"

- Helen Hume



"Pyjama Day is the best- roll out of bed and head to school"

- Margaret Galley



"The Halloween party was the best- especially the haunted house."

- Sophia Sweettenham



"I liked the play, but I pretty much like all the activities"

- Hope Villeneuve



### GRADE 11 & 12 STRATFORD TRIP



On August 31<sup>st</sup>, a group of grade 11 and 12 students headed to the Canadian Stratford Festival. During the four days, we saw six wonderful plays including the Count of Monte Cristo, Noises Off, Guys and Dolls, and Macbeth. We got a taste of what goes on behind the scenes at tours and workshops. The trip was a wonderful experience and everyone had an amazing time.



### BACK TO SCHOOL!!!

On September 7th, 2004 all students from JK to Grade Twelve got up early to come back to school after a relaxing summer! Back to school celebrations included the Activity Fair and Back to School BBQ for the Senior School and a Meet the Teacher day for the Junior School. Time for another great year!

### GRADE 9 ORIENTATION

September 15, the Grade Nines, new and old, faced the inevitable. Orientation! The seniors put us through disgusting obstacle courses, but mostly, it was an opportunity for them to get to know the freshmen. It was, despite all the spaghetti sauce and disgusting unmentionables, an awesome time. We are now part of the high school, officially, and loving it. The orientation was a great way to get to know the new students and the seniors! We can't wait until our opportunity comes when we can get our revenge!

- Krina





## SPORTS DAY

The Fall Sports Day was a great success! On a sunny Friday afternoon on September 24<sup>th</sup>, the whole school showed up in their navy blue, red, yellow, or light blue to show support for their House. There were crazy relays, frantic mud searches, and wild water dunking organized by the Sports Captain, Laura Kerrigan, with the help of the Grade 12's. Everyone was very spirited; the whole school was filled with screams and shouts from each House. At the end of the day everyone had a great time, and overall Wilson House came in first place!



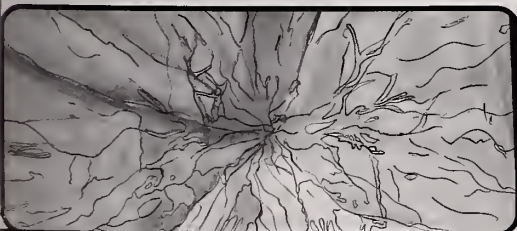
## GRADE 3-4 TRIP TO UPPER CANADA VILLAGE



We had the best time at Upper Canada Village. It was splendid! I enjoyed seeing the farmer's house. He had a nicer house than the mayor's house. We also saw the blacksmith who allowed us to pick up a horseshoe which was very heavy. Then, we went to the school house. I liked the teacher a lot. I would say, she would be about twenty-eight. The tinsmith was cool. There was also a cheese factory which was very stinky! We bought cheese at the shop before we left for the bus.

Emily, grade 3

## GRADE 4 ART





### GRADE 10 TRIP TO QUEBEC CITY



The Grade 10 Quebec City trip in October was awesome. Everybody had fun, visiting sites in and around Quebec City, and we learned a lot as well. The Ste-Anne de Beaupre Basilica, Montmorency Falls, the Château Frontenac, everything was spectacular. As cliché as it sounds - it really was a bonding experience. Many thanks to all of the teachers and staff (including Mr. Grenier who organized the whole event) who made it happen. It was great!



### GRADE 7 TRIP TO SPACE CAMP

We blasted off for Space Camp on October 5th. Everything we learned about surviving in space would be put to the test during our space mission. You'll be glad to know that our group didn't crash or burn up upon re-entry into the earth's atmosphere.

### LAURA DOUBLEDAY: JUNIOR SCHOOL PREFECT

Stepping into the Junior School is like stepping into another world. The quiet is amazing. So much happens in this tranquility. Students make connections with each other and the world around them through their studies. They create beautiful things, like totem poles, and computer-based artwork. Evidence of their curiosity is everywhere. I have been lucky enough to be invited into this realm as a participant and leader. As Junior School Prefect, I have interacted with both students and staff of the Junior School and learned more about this calm section of the Elmwood realm.

Junior School Students: you continually impress me with your creativity and focus. I know you will accomplish great things. Thank you for making my job as Prefect so enjoyable. The Junior School is a special place - savour these years! Mr. MacPhie, the Admin Team, and Junior School Staff: thank you for supporting my ideas.





## GRADE 8 TRIP TO CAMP WOOLSEY

On October 5<sup>th</sup>, the grade eights went to Camp Woolsey, with high hopes, and a reminder to be nice to your teachers, since they make and provide the food. Some activities included were: nature sculpting, field sketching, scale mapping, the Piney House history, and soil vegetation. One of the most memorable events was the teacher's skit! We also learned a few valuable lessons, like never wander alone at a camp site; burnt marshmallows can *burn*, and watch out behind you- Mr. Yates might be recording! Thanks to all the teachers for a great trip!



## GRADE 6 TRIP TO MACSKIMMING



On September, the 6<sup>th</sup> graders arrived at MacSkimming Outdoors Centre ready to have some outdoor fun. We learnt about orienteering, fire building, and survival skills, finishing off the day with a campfire. We made smores and had our own MacSkimming Idol! In the morning we had a great early-bird run! Packing up was quite an experience for us! MacSkimming was cold, beautiful, and most of all FUN!!!



### KINDERGARTEN DINOSAUR DAY

To end the month-long study of dinosaurs, the Junior and Senior Kindergarten classes visited the Canadian Museum of Nature for a "Dinosaur Detective" field trip. The best things about Dinosaur Days were: "the treasure hunt" - Anne; "making dinosaur chocolates" - Maja; "finding clues on the dinosaur footprints" - Eva S. The whole day was "dinomite"!



### GRADE 3-6 CROSS-COUNTRY PUMPKIN RUN



On October 22, I went to the pumpkin run and we had to run around the track. At the end we received a pumpkin. We drank hot chocolate and ate cookies. We took a picture with our pumpkins and we had an excellent time.

Courtney

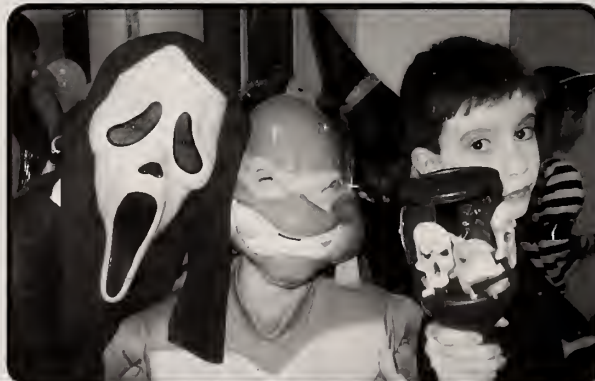


### CLASSICS CLUB DANCE

On the Friday of October 29<sup>th</sup>, many gathered at Elmwood for the annual Halloween dance, hosted by the Classics Club. Everyone showed up in their best or scariest attire and danced the night away. Everyone had a great time and raised lots of money for the Classics Club.

### HALLOWEEN COSTUME DAY

On Friday October 29th the Elmwood hallways were filled with ghosts, goblins and all sorts of creatures. The Halloween Costume day allowed all the students to get decked out in their spooky ensembles. The day included a Halloween Costume contest as well as a Haunted House for the Junior School which was organized by the Prefects. Everyone had lots of fun (and candy) and hopefully no one was too spooked! Happy Halloween!





## JUNIOR SCHOOL PLAY

Music! Magic! Feathers and More! On December 2<sup>nd</sup> 2004 Mrs. Gerspacher's Grade Three class marvelled us with their wonderful rendition of Mozart's Magic Flute. The grade three class had been looking forward to their presentation for quite a few weeks. Students and parents helped to create a scenic backdrop for their play. The students performed their own music and percussion. Each student was involved in the production and put together their own costume. There was a Queen of the Night, a dragon, a princess, a bird catcher and many other characters. The performance was very entertaining to watch and everyone enjoyed their hard work. Congratulations Grade three on a wonderful play!



## JUNIOR SCHOOL TRIP TO THE CURRENCY MUSEUM



The Grade 5 class went to the Currency Museum where we learned how the Bank of Canada prevents fake or counterfeit money. Our guide was really friendly and we all had a small presentation and we even got to use a microphone. We were all impressed by how much one coin can be worth and by how big some were as well. Going to the museum really related the dollars and cents to what we are working on in class. We had a lot of fun and hope to go again soon. Thanks to all the teachers who organized the trip.

## MODEL UN



No matter how much we knew when we entered the SSUN's conference (Secondary School's Model United Nations Symposium), we were guaranteed to know more when we left. We left Ottawa for Montreal not knowing what to expect and feeling just a little apprehensive. Our nerves soon disappeared after we had our first session and were given the opportunity to debate and socialize with students from all across Canada and the United States. By participating in the Model UN, we were able to learn about current world issues in a way that is not possible at school. It was excellent and unforgettable experience! Thanks to Mr. and Mrs. McCabe.



### WARM CLOTHING AND FOOD DRIVE



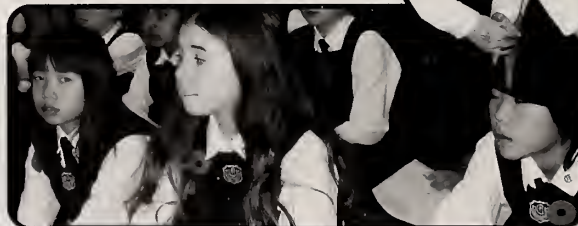
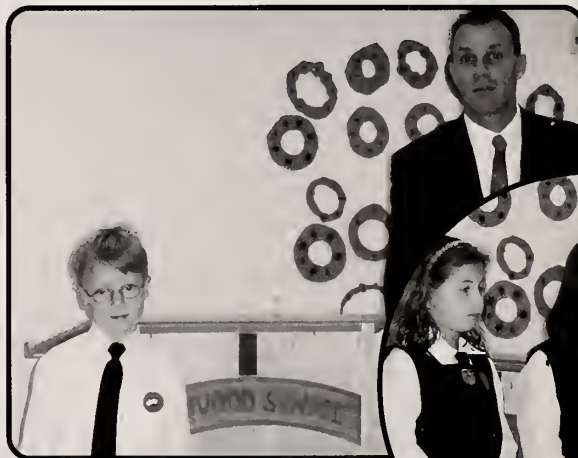
In early November the students came together and collected a huge amount of warm clothing items and canned food. The thousands of items collected were donated to The Shepherds of Good Hope to help during the cold winter and holiday season. Thank you to everyone who donated items and congratulations to FRY who were rewarded for collecting the most items with a house civics day!



### GRADE 1 & 2 TRIP TO MUSEUM OF SCIENCE AND TECHNOLOGY

During the beginning of November, the Grade 1 and 2 classes visited the museum of Science and Technology. They learnt about Canadian inventors, old-fashioned cars, and radios. They took a trip on VIA Rail and a Canadian spaceship.

### REMEMBRANCE DAY





## ELMWOOD FUNDRAISING FOR BREAST CANCER: CIBC RUN FOR THE CURE - JENNY CHEETHAM

This year, I had the honour of organizing the CIBC Run for the Cure at Elmwood. On Sunday October 3rd, more than 90 students, staff and family members gathered at Parliament Hill. The 5km run or walk was incredibly successful. Elmwood raised a very impressive \$14,000! The Elmwood School Team won the Secondary School Team Challenge and all participants won Chapters gift certificates. Thanks to Lore Lima, Stephanie Black, Mrs. Moffat, Mrs. Spence, the PFA and Lois and Philip Cheetham. Hope to see you all next year! - Jenny Cheetham



School Team Challenge



## SCARVES FOR CANCER: HANNAH MCGECHIE AND SARAH YAN

From September to November of 2004, we began a fundraiser called Scarves for Cancer. We took orders and knit fuzzy pink scarves to raise money for the Canadian Breast Cancer Foundation. With the help of our knitting club at school, made up of students and staff, we knit 82 scarves and raised \$1660.57 for the CBCF. This project was an amazing one since it not only allowed us to support a wonderful charity, but showed us how people come together in order to help out a worthy cause.

## JUNIOR SCHOOL BAKE SALE

In early October, the Junior School offered their own aid in the school fundraising for Breast Cancer Research. Over \$200 dollars was raised through cookies, cupcakes and countless other delicious treats home-made by the students. A special thanks goes out to all the teachers and parents that helped in making this such a successful event!





### HOLIDAY CONCERTS

The Elmwood Holiday Concerts are always an event full of beautiful music and holiday cheer. At the Junior School Concert the recorder ensemble performed to an enthusiastic crowd. At the Senior School Concert, the Senior and Middle School Choirs performed as well as the Middle School and Senior School bands. Happy holidays!



### GRADE 7-8 DANCE

On December 12, the Middle School girls had a dance. The decades themed dance was a huge success and everyone enjoyed dancing their school cares away. To get into the spirit, Elmwood, Ashbury and McDonald Cartier dressed up in costumes from the seventies, eighties and whatever! It was a fun night!



### STUDENT VS. TEACHERS BASKETBALL GAME



Electrified from our incredible win against our rivals Ashbury in the 'A' Championship Finals and winning a berth in the OFSAA provincial championships, we were ready to take on the teachers.

Students filled the gymnasium at lunch so that they could witness their classmates and teachers go head to head in a very physical match. Despite a couple of missed dunks and the many substitutions to catch their breaths, the teachers managed to pull off a win with their quick, passing offence and succeeded in safeguarding their dignity. Thanks for an awesome game teachers!! 'Who got game next year??' Teachers—33, Students—26





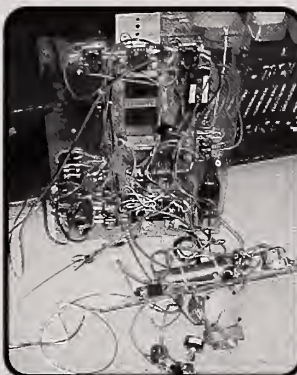
## MARIELLE MCGOVERN: ADMISSIONS PREFECT

As this year's Prefect of Admissions, I was given the responsibility of ensuring the smooth transition of new students into Elmwood from their previous schools, assisting in the organization and planning of Open Houses for current and prospective parents and students and overseeing the Student Ambassadors program. This year we organized a New Parent's Breakfast to ensure that our new parents became quickly involved with the school. Another of my duties as Admissions Prefect was to give numerous tours and assist Mr. Welch with the admissions process. However, my greatest responsibility as Admissions Prefect was to promote the school by attending school events and fundraisers as well as continue my involvement in co-curricular activities. The best part in my role as was by far interacting with parents and students all of whom made my year very enjoyable. Marielle McGovern



## ROBOTICS TEAM TRIP

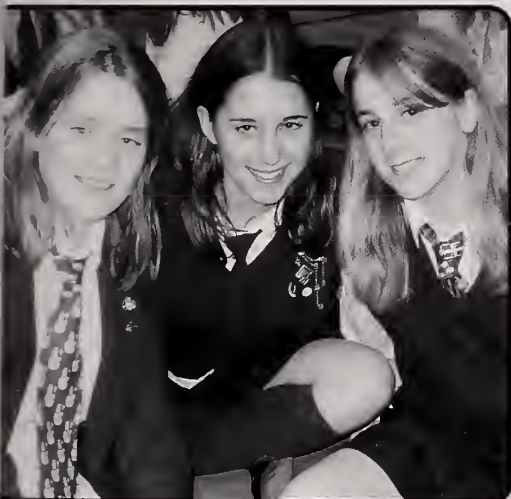
This year, Elmwood's Robotics team took on the exciting challenge of the FIRST Robotics competition. About fifteen students worked alongside mentors, and dedicated teachers, Ms. Kerluke, Mrs. Patrick and Mrs. Boyd during a limited time frame and built a fully functional robot. Despite some bad luck during the competition, we pulled through, and had an amazing time in Mississauga. Everyone learned a lot, and are all really excited to use what we learned in next year's competition



## SCHOOL HOLIDAY ASSEMBLY

'Twas the night before Christmas break and all through Elmwood everyone was stirring in the gym. Musical performances, skits, plays, speeches and singing echoed in the halls that day. The spirit was bright and everything was all right. The assembly was a lot of fun and a great way to end the term!

- Krina





### FALL ART & LIT



Sssss...  
 Snazzy Steph silently snowboards on snowy slopes.  
 Slipping out of her snowboarding suit she  
 sneakily slips on her soccer stuff.  
 She shoots, she scores. Steph's a star!  
 By Stephanie Black, gr. 5



Canada Rocks  
 If you are Canadian, you are free  
 So come and play with me!  
 Canada's healthy free of pollution  
 Because we have all come to the conclusion  
 That we will keep our country clean  
 Our beautiful country is quite a scene.  
 Bears, beavers and moose  
 Now, let's not forget our Canadian Goose.  
 Polar bears, sea otters, wolves as well  
 These are animals that are not well.  
 Niarara Falls, the CN Tower  
 These Canadian places have lots of power.  
 The CN Tower is super tall  
 Niagara Falls is a huge waterfall.  
 By Julia Hewitt, Ivy Bergman, Tori McIntyre,  
 Melissa Yelle



Wind  
 Listen to the wind.  
 The blowing wind.  
 The calm, soft wind.  
 The rolling, tossing  
 wind.  
 Listen to the wind.  
 By Chloe Lucas

Lions  
 Listen to the lions.  
 The noisy lions.  
 The hurtful, fierce lions.  
 The ferocious lions.  
 Listen to the lions.  
 By Jonathan Hindo  
 Waves  
 Listen to the waves.  
 The beautiful waves.  
 The hot, big waves.  
 The cold waves.  
 Listen to the waves.  
 by Adam Groper





# KATHERINE MORRISON

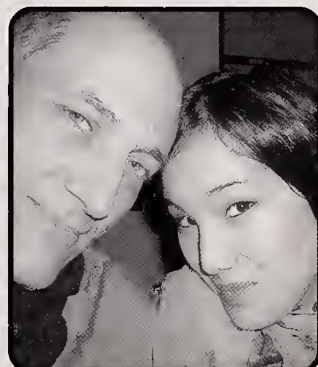
## ARTS PREFECT

To create is human. We are innovative and expressive by nature. Art is not practical, yet it is vital. Every artist's creation is a representation, a reflection. Art is the communication of ideas and feelings. The artist shares his or her perspective with the world. We are changed by art. By experiencing its various forms, we are moved, inspired, entertained, healed, challenged. When we relate, we feel we are not alone. Art makes the ugly beautiful. Art is the world we create and have always created. Art lives in every society. Elmwood is no exception. Thank you to all who give through art. Whether artist or audience, open yourself for growth through art.



## FATHER-DAUGHTER DINNER DANCE

On January 29th, Elmwood girls from grade six to grade twelve got all dressed up, put on their dancing shoes and grabbed their dads for the annual Father-Daughter Dinner Dance. Everyone looked beautiful and the dad's all rocked their bodies on the dance floor. The evening was a huge success and the buzz has already begun for next year!



## SPIRIT WEEK

Spirit week was a huge success, filled with bright colours and smiling faces. Monday was a blast from the past with costumes from 1910-1980. Tuesday, Elmwood became a place of work during occupation day. Wednesday was a day of skiing, skating, and snowshoeing. Thursday was decorated with spots, stripes and frilly frocks. And for the last day of the week, a day of rest; pyjama day!





### GRADE 6 TRIP TO MACSKIMMING

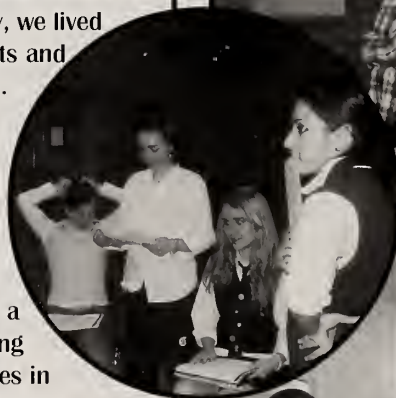


### GRADE 4/5 SKIING AT CAMP FORTUNE

Skiing at Camp Fortune was so much fun this year! The grades 4 and 5 got to brush up on their downhill skiing and snowboarding skills along with the help of teachers and a few Senior School students. Thanks for making it such a huge success.

### ELMWOOD THEATRE: "LES BELLES SOEURS"

This year, Mrs. Boychuk selected Michel Tremblay's *Les Belles Soeurs* as the school production. A tragic comedy about a group of Montreal women in the 1960s. From October to February, we lived in a world of sisters and stamps, fights and friendships, contests and communion. Rehearsals were a regular game of musical chairs and choral formations, preceded by dancing to the blasting of '60s popular music. Come showtime, we transformed Elmwood's auditorium into the world of domestic dreariness and dreams. We all played a part, whether onstage or off, in creating this world. We cooked up exciting times in Germaine's kitchen. Behind the scenes, we bonded, as we learned the joys of bingo, synthetics, and rosaries. We became a Coke-sipping, French-twisted, purse-clutching nylon force. Stamps, tramps, and an unforgettable experience. There's nothing in the world can beat Elmwood Theatre!





## JAYE APPOTIVE: HEAD OF FRY

Ladies, thank you for making this year one that I will cherish forever. Because of all you I have learned the true meaning of friendship for all and that it is ok to make a complete fool of my self, while wearing sparkly red unitards. FRY this year was amazing. Right from the beginning we started off strong. With all of your help we won the Warm Clothing and Food Drive, and continued to stay strong cheering with all are might during sports day. Our first ever Magical Night was a huge success which raised over \$1700 for the Elizabeth Fry Society.



### FRY HOUSE COLOURS DAY & MAGIC NIGHT FUNDRAISER



On February 11<sup>th</sup> with much help Elmwood's Gym was transformed into a spectacular sight that included magicians, clowns, palm readers, jugglers, face painting, cotton candy and popcorn. Thank you to everyone who came out and made the event the success that it was. Over \$1700 was raised for the Elizabeth Fry Society, so that they can continue to help women and youth in trouble with the law.

### INTERNATIONAL DAY/NIGHT



This year, Elmwood's International Night was another successful event, raising over \$3000 for Child Haven International and the Tsunami Relief in South East Asia. The organizers, Kaylyn Fraser, Alexandra McClenahan, Abanti Zacharia, and Deeja Sultan, worked very hard for several months planning the event. From the peaceful lands of Thailand to the vibrant nations of Bangladesh and Pakistan to the Celtic heritage of Ireland, this year's performers gave exceptional performances from many countries around the world. Congratulations!



### EXCHANGES: FROM AUSTRALIA TO NEW ZEALAND TO GERMANY

G'day mates! This past summer I had the opportunity to visit Calrossy School in Tamworth, Australia, an all girl's agricultural boarding school. I learned how to drive a motorbike, herd cattle and the basics of chainsaw safety! I was able to board at the school, My favourite part was a trip to the Australian beaches. It will be an experience that I will never forget.

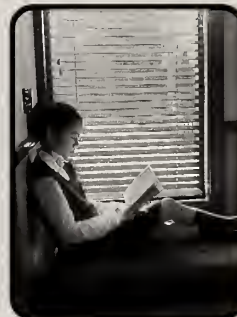
Meaghan MacLean



On the third of December, we travelled 8,850 miles around the world to spend our hot New Zealand summer here in Ottawa. Adapting to Canadian life did not come easily but after we discovered toasted bagels, Tim Hortons, nanaimo bars, poutine, and Roots - we were set for life! We would both like to thank everyone that made us welcome, especially the Wilsons and Cowleys for inviting us into their homes, and sharing their daily lives with us. We have met some fantastic people here and will miss everyone. Thank you for having us Elmwood, and please, the next time your in New Zealand be sure to give us a call!

### "GET CAUGHT READING" CONTEST

To celebrate the opening of the new Senior Library a challenge was issued to students and staff to "catch" someone reading. We had a wonderful response from the Junior, Middle and Senior Schools. Students sent us pictures of bespectacled dogs and cats reading books and newspapers. We even had reading plants and snowmen! The entries were wonderfully creative - and we even "caught" a few students reading in the new library!



### GRADE 11 & 12 AT "LE CID"

On February 11th, the grade 11 and 12 French students went to the NAC to see an "epoch-making tale of love and heroism, passion and honour" aka "Le Cid". Thanks to all of the French teachers who helped to organize the evening.



## SANDRA'S QUILT

The Senior School heard about Sandra's illness in the Fall. It was difficult to know what to do. What gesture we could make that could relay our deep concern. Bev Clunis and I had a chat immediately after we heard. We decided to make some sort of quilt. Ms Dellaire created class lists that showed every senior student's house affiliation. Bev put her technology prowess to use and created a design that would incorporate every senior student. We then proceeded to cut the squares and get the students to write their messages. Sandra wrote a gracious thank you note. We hope that she feels our collective hug.



## GUEST SPEAKER: ANN MEDINA



In February 2005, Elmwood was fortunate to have the opportunity to listen to a talk given by Ann Medina. Ms Medina's reputation as an experienced academic and journalist preceded her. Students, parents and faculty shared in an interesting discussion about her life working in the media in countries around the world. Her warm and informal approach included anecdotes about how she coped with the demands of being an international journalist and the main thrust of her talk was that young women should, "Ask the "silly" questions." The audience had several questions on issues related to the work Ms Medina had done. This was a rare opportunity to hear first hand about the life of a journalist. Several students were fascinated and started thinking seriously about a career in the media.



## BIRTHDAY GIRL - JADE LEGAULT

I absolutely adored being Elmwood's "Birthday Girl" this year. Whether I was continually embarrassing myself by singing "Happy Birthday" to the school or handing out balloons and cards to all the birthday girls and boys, I definitely had fun doing it. Maybe I could even consider this as a career! I think I will mostly miss being recognized as "Jade the Birthday Girl!" To everyone, today, tomorrow and yesterday, Happy Birthday!



### SANDRA SHARPE: HEAD OF NIGHTINGALE

This year we learned that two Heads are better than one! We are so proud of all the Nightingalers who have shown amazing spirit, especially at House Games! Sports Day was absolutely awesome! Nightingale Day was a huge hit! Everyone was decked out in navy blue and hyped up on candy! We played an intensely wild game of dodge-ball and devoured that mouth-watering cake served at lunch that Sandra "made." This year we celebrated Canadian Landmine Awareness Week in March. We held a shoe pile as well as our annual breakfast, featuring two exciting guest speakers! Scott Fairweather, the president of the Canadian Landmine Foundation, was truly an inspiration. Former Elmwood student, Elodie Button, showed us how everyone can make a difference in the world. We certainly lived up to our house motto, "Not for Ourselves Alone." Best of luck to next year's Head of Nightingale. Cheer loudly and have a blast! Thanks Nightingale for such an incredible year! We'll miss you! Love Sandra & Jade xox



#### NIGHTINGALE HOUSE COLOURS DAY & LANDMINES BREAKFAST



The landmines breakfast was a huge success with over 150 people attending which resulted in over \$900 going towards the Canadian Landmine Foundation. As well as a delicious breakfast, two incredible speakers, Scott Fairweather and Elodie Button motivated the crowd to take a stand towards international landmine prevention!



#### SHOE PILE FUNDRAISER

The Shoe Pile Fundraiser is an annual event for the Canadian Landmines Awareness Week. The Shoe Pile is a symbolic gesture representing Canada's commitment to lead the international effort to ban and eradicate landmines. We asked all the students to donate gently used shoes to this great cause. This year the shoe pile was an amazing success! Thank you to everybody who donated their time, shoes, and efforts. Nazik Amdiss & Allie Mierins



## FWS SYMPOSIUM



This year 9 athletes were chosen to attend the FWS Symposium held at Ottawa University. The opening ceremonies began with four speakers discussing the topic "Making a Difference": Effecting Change for Women in Sport. We were all given the opportunity to attend three different workshops and one roundtable discussion. There were a variety of workshops offered from Sport Medicine to Sport Admin & Marketing and from Coaching to Sociology of Sport. There were lots of fascinating speakers and it was an extremely worthwhile symposium.



### TEACHER VS. STUDENT VOLLEYBALL GAME

The Teacher vs. Student game was a huge success (for the students that is, who won both sets played!) There was an incredible turnout of students and teachers as well as some amazing cheerleading skills! Both sides played amazingly - good job to the students!

## SARA DUPLANCIC: PREFECT AT LARGE

I was honoured this year to take on the position of Prefect at Large. The versatility of this position presents so many opportunities. It is difficult for me to sum up my responsibilities because in essence, they are to step in wherever and whenever something needs to get done. It also involves closely working with the other prefects and supporting them in their events. Basically, the prefect ensemble, for this is what we are, have worked together throughout the year to infuse school with spirit and make it the most enjoyable place it can be. Thank you to the prefects - your energy and enthusiasm girls are an inspiration. I will miss you and Mrs. Moffatt, Mrs. Szymanski, and Mrs. Spence for your cheery support of our crazy ideas!





### WINTER ART & LIT



Winter by Michaela Kainz-Potter, grade 2

Winter feels like cold water on your hands.  
Winter looks like fluffy, white balls in the ground.

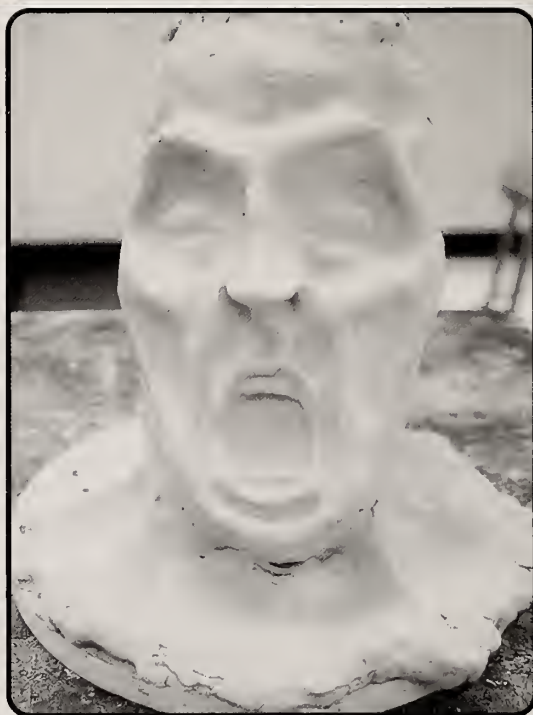
Winter smells like fresh and cool air breezing in your face.

Winter sounds like fresh air making trees move and snowflakes fall.

Winter tastes like fresh water, cold, tasty and crunchy.

Snowflake by Phillip Murray, grade 1

A snowflake is:  
as soft as a pillow,  
as quiet as a mouse,  
as white as a cloud.  
It floats like a boat,  
and lands on my nose



PEACE. By Juliya Belik 50

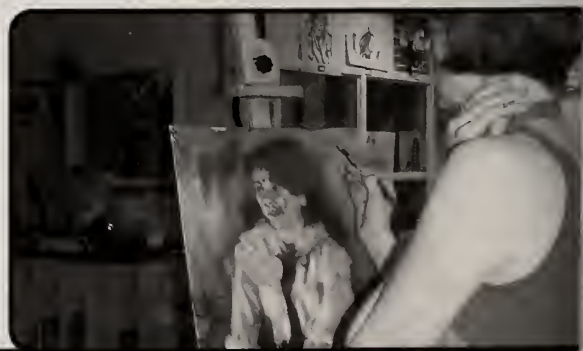
PEACE *sounds like*...calm ocean waves against cold rocks at Peggy's Cove in Nova Scotia.

PEACE *smells like*... daisies in the meadows on a warm sunny day.

PEACE *feels like*... my warm fuzzy teddy bear when I feel sad.

PEACE *tastes like*... hot chocolate on a cold winter day.

PEACE *looks like*... home.





# HONDURAS COMMUNITY SERVICE TRIP

On March 14<sup>th</sup>, twelve excited girls and three equally enthusiastic teachers left to spend two weeks in Honduras for a community service trip. We visited Cerro Azul Meambar National Park for a quick training session, went to the city of Taulabe for our volunteer project, and then finished the trip with a visit to the sandy white beaches of Cayos Cochinos. We met some remarkable people: our two guides, Dario and Geraldo, our Taulabe host families, the director, children, and teachers of the escuela Dr. modesto rodas alvarado where we repainted the school and added a mural.



## PROJECT HELP LESOTHO



In early 2004, Project Help Lesotho was established by Peg Herbet and Sister Alice Mputsoe to provide hope and support to the small mountain kingdom in southern Africa. This small country suffers with the 4th highest rate of HIV/AIDS on earth. Peg and Sister Alice are working together to offer encouragement and education to children. The two have set up a pen pal system between Canadian schools and Lesothian Schools in which Elmwood actively participates.



## TEACHER VS. STUDENT WATERPOLO GAME

Up at 5:30 for a 6:30 start. What was I thinking when I let Jess White talk me into the teacher-student water polo game. Rugby in the water. Great, not only would I have bruises but I could drown too. The game was a real "barn burner". One "lucky" shot from Morgen Smith in overtime saved the students from defeat. I want to thank all the students who took it easy on me and left me with the ability to play next year. -Ms. Bradley



### SEMAINE DE LA FRANCOPHONIE



Le Mercredi 6 Mars 2005, ou il y avait des activités en honneur de la « semaine de la francophonie ». L'esprit français d'Elmwood a pris vie dans cet assemblé avec des performances musicales par les étudiantes. Le premier numéro était présenté par les deuxièmes et troisièmes années, qui nous ont chanté la fameuse chanson française appelé « l'empereur, sa femme et le petit prince ». Le deuxième numéro était présenté par les maternelles et les premières années, qui nous ont chanté « .... Le numéro final était présenté par les cinquièmes et les dixièmes années qui nous ont chantés « ....des Cajuns ».



### INDEPENDENT SCHOOL DRAMA FESTIVAL

April 28th - April 30th marked the Independent Schools' Drama Festival, hosted this year by Country Day School in King, Ontario. Canadian actress and director, Kyra Harper was on hand this year as an adjudicator and was visibly moved by "Elmwood's beautiful ensemble work in which there was dance, movement, poetry and text work". The students performed Ellen Peterson's play, *Branta Canadensis*, a work about geese, because as the playwright states, "geese in some ways are much smarter than humans - they mate for life and go south in the winter..." The moment the lights went down a quality work of magic was created. The eight-member acting ensemble, together with the two girls on lighting and sound, presented a flawless, stunning and lyrical piece. The audience was spellbound throughout and their cheers at the end of the performance clearly expressed their enthusiasm for what they had just seen. Once again, Elmwood School earned the praise and respect of their peer audience for the uniqueness of the theatre they annually bring to the festival.





# ALEX MCCLENAHAN: HEAD OF WILSON

WE ARE FROM WILSON AND WE ARE THE BEST!!!!!!  
and that's exactly what you guys were this year, my Wilsonites!!!!!! I couldn't be more proud. You guys blew me (as well as 3 other houses) away that very first sports day of the year - you guys won best spirit and sports day itself!!!!!! The last time Wilson won a sports day was eight years ago... 8 YEARS AGO!!!! I was so proud of you!!!! Coffee house this year was awesome; we had some wicked Elmwood talent - and some bands that got people up and pumping to the music. You guys ROCKED!!!! You were my pride and joy all year long - you showed so much enthusiasm and dedication that a House head would only dream of. I'll miss you guys so much next year!!!! Thank again for being the best house EVER!!!! Keep that yellow colour at #1!!!!!! I hope your spirit NEVER RESTS!!!!



## WILSON HOUSE DAY & COFFEE HOUSE FUNDRAISER

Wilson had their house fundraiser the first Friday in April to raise money for Interval House, a shelter for women and children dealing with crisis. The night was a huge success showcasing many Elmwood students as well as other incredible musicians. A big thank you to those who made this event possible.

## CREATIVE WRITING CONTEST WINNERS

And the winners are: Sarah Bouzanis, Natalie Ogonek, Raisa Patel, Isabella Price, Nicola Childs-Adams, Forrest Hartman, Larissa Zajac, Clare Funston, Stephanie Shea, Ayla Fisk, Talia Sechley, Laura Doubleday, and Daniella Rosseler. Thanks to Dr. George for all her time and effort in making this contest happen.

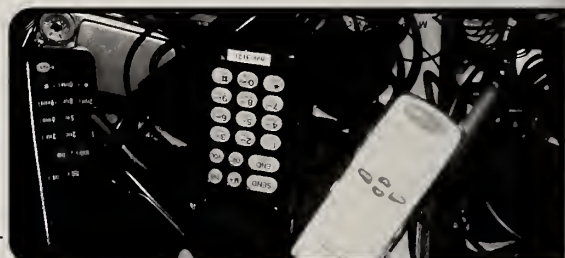




### ENVIRONMENT AWARENESS WEEK - WALK TO SCHOOL DAY, CELL PHONE COLLECTION AND POSTER CONTEST



Did you know that by saving a cell phone you are doing more damage to the environment than good? During Environment Awareness Week at Elmwood the Envirothon Team gathered cell phones in order to recycle them in an enviro-friendly way. As well, students entered in a poster contest creating awesome works of art. On April 20th, a huge group of students participated in a Walk to School Day in order to promote a clean and healthy environment.



### STUDENT COMMONWEALTH FORUM

I had a wonderful week! I had the opportunity to discuss and debate many issues that really interested me with a variety of students. During the first few days we discussed issues such as which areas underdeveloped countries should put their money towards. We had a cultural evening with many acts and I performed an Irish dance. We had the opportunity to propose issues for our debate in the Senate, and I suggested euthanasia, same-sex marriage, abortion, and animal welfare standards. Same-sex marriage was an issue chosen, and I got the chance to make the introductory remarks and arguments for this legislation. Teagan spoke on the abolition of the Senate. Over the course of the week we had many informative speakers. At CHOGM, we debated resolutions submitted by a few teams, and Teagan and I each had the opportunity to speak. The formal was a lot of fun and I would definitely like to become a member of the planning team next year!





# OTTAWA ENVIROTHON COMPETITION

On April 26<sup>th</sup>, ten excited Elmwood girls boarded the bus to go to the Regional Envirothon Competition held at Camp Woolsey. Entered in the competition were ten teams: two of which were from Elmwood. The girls had to learn about wildlife, soil, preserving cultural landscapes, aquatics and forestry. Team A came first and continued on to Provincials. B-Unit received an "A" for all of their effort. All participants were fortunate enough to learn about soil from Dr. Mahin who was specially asked to be a speaker. Thanks to the Flying Squirrel and the Soil Man who accompanied us. Congratulations everyone!



## JESSICA WHITE: MIDDLE SCHOOL PREFECT

The definition of the Middle School: it is comprised of three grades all with spirit and enthusiasm pouring out their ears guided by an amazingly supportive and encouraging faculty and administration. It has been my honour and pleasure to be Middle School Prefect. There were many events this year including: a costume competition, a dance, a capture the flag night, and the legendary Grade 8 Bash. I would really like to thank the House Council girls who braved the early hours of the morning to help organize and plan events for the Middle School. You girls rock! I could not have done this without you and I wish you all the best in the years to come. Thank you to Mrs. Moffatt, all the teachers, and prefects who made everything possible.



### ELMWOOD ART CLUB EXHIBITION

Ready, set, paint! The Elmwood Art Club, run by Karen Bailey, put on a fantastically colourful exhibit in early May at the Orleans Visual Art Centre. The exhibit was made up of beautifully elaborate paintings or various mediums by Elmwood students and staff.





### MORGEN SMITH: HEAD OF KELLER

GO KELLER!!!! 2 words that never fail to bring a smile to my face. Keller house has been extremely spirited this year coming in 2<sup>nd</sup> only to Wilson on the Fall Sports Day and 3<sup>rd</sup> in the spring. From the smallest girls in the Junior School to my grade 11 team captains, your baby blue costumes and dedication to Keller always astounded me. In the words of Helen Keller: "Many persons have a wrong idea of what constitutes true happiness. It is not attained through self-gratification but through fidelity to a worthy purpose." On behalf of the House I would like to express the joy felt at this year's Dog Day. Despite the unfortunate weather, we had a remarkable turnout, raising \$741.48 on the dot. The money will once again go to our long standing partners - Canadian Guide Dogs for the Blind. Annie - congratulations and good luck next year. You'll be wonderful. To my House - "One can never consent to creep when one feels an impulse to soar."



### KELLER HOUSE DAY & DOG DAY FUNDRAISER



Dog Day this year was a big success! Run by Morgen Smith, at least 30 dogs and their Elmwood owners showed up and we raised a lot of money for The Canadian Guide Dogs for the Blind charity. Happy tails to all the people who showed up!



### ARTS SHOWCASE

On May 31st, Elmwood's first annual arts show, "Sensational", was held. There was a wide variety of creative and unique performances ranging from drama skits, to hip-hop and ballet dances, from songs to poetry readings as well as some magnificent works of art put on display around the auditorium. An imaginative video by Larissa Zajac closed off the wonderful evening of talent.

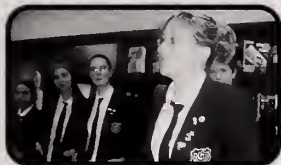


# MIDDLE & SENIOR HOUSE COUNCILS

This year was the first year the Elmwood Middle School had a House Council. Each grade elected four representatives from each House to serve on the council. The girls worked very hard waking up at early hours of the morning to come in for meetings. They worked on several events within the Middle School. They even gave up part of their Christmas holidays to bring Christmas hampers to the less fortunate. On top of all of this, they worked as supporters for their House heads helping out with House days and fundraisers. They showed incredible spirit. A large thank you goes to Ms. McCurdy and Mrs. Moffatt for their support and guidance. You girls did a terrific job and are great leaders.



## IB CELEBRATION



## CAIS RUGBY TOURNAMENT



The CAIS Rugby Tournament was a great success for Elmwood. This year we placed 3rd overall and came out of the tournament as the only team to score a point on the undefeated Ashbury team. Elmwood showed dedication and enthusiasm throughout the games. We proudly wear our bronze medals.

## SPORTS BANQUET





### JUNIOR AND SENIOR SPRING CONCERTS



### IB DIPLOMA ROCKS



### ELMWOOD & ASHBURY GRADE 8 BASH





## ENVIROTHON 2005 - PROVINCIALS

From May 4<sup>th</sup> to 7<sup>th</sup> 2005, Elmwood sent a team to compete in the Provincial Envirothon! Jessica Batt, Alexandra DeForge, Alexandra Fottinger, Clare Funston and Virginia Brown travelled to McMaster University to compete! During our 4 night stay, we visited various sites in the Hamilton Area, including the Bruce Trail. We were also able to plant trees and build bird houses. One of the highlights of the competition was the trip to Niagara Falls, where we were able to walk underneath the falls. We did extremely well, coming in 12<sup>th</sup> overall, and 4<sup>th</sup> in the oral presentation category. Thank you to Dr. Mahin and Mrs. Patrick who supported and helped us throughout the competition! We had a great time!



## AYESHA BASI SENIOR PREFECT

The Elmwood community's energetic and vivacious qualities are an integral part of the school. Spirit, teamwork and leadership are three components most inherent within the Elmwood community. Throughout this year, student participation has been outstanding, unifying, whether it be through colourful costumes on Sports Day, participation on sports teams or artistic endeavours, volunteering for various Elmwood functions or becoming involved in leadership initiatives such as House Council, the girls have demonstrated dedication, commitment, teamwork and leadership. Thank you to the administration and the prefects I was fortunate enough to work with - it has truly been a pleasure. Thank you also to everyone who has contributed to the Elmwood community - every bit counts! Good luck to the prefects and graduating class of next year, and remember; Share together, work together, succeed together.





### LAURA KERRIGAN: SPORTS CAPTAIN

I can remember my first day coming to school, seeing those big kids in the gym and imagining what it must be like... and now here I am on the other side. How strange it seems to have to leave this place! But what an amazing and memorable ride it has been. The spirit and enthusiasm that lie within every Elmwood girl truly amazes me. Oh the ways they show their colours! To Mrs. Neale and the coaching staff, thank you on behalf of all Elmwood athletes. Your unwavering support, inspiration, and leadership are so appreciated!



### SPAGHETTI STRUCTURE BUILDING COMPETITION

Each year, Grade 3 students participate in a much anticipated event – the *Spaghetti Structure Building Competition*. Equipped with glue guns, spaghetti and cardboard bases, students are required to build and reinforce a tower that is at least 80 cm tall and withstands an ever-increasing live load of 100 blocks on testing day. Congratulations to all students who worked to smash the longstanding Grade 3 record. Their carefully reinforced tower held twenty-nine 100 blocks (a mass of approximately 1.9 kg) and showed no signs of weakness.



### DID YOU HEAR ? SARAH SQUARED

Did you hear that Elmwood is filled with amazing girls who do amazing things for the school and community? Did you hear that Elmwood is filled with athletes and artists and scientists who accomplish incredible things? The “did you hear” box made its debut in 2004/05 and was an amazing success. Filling out a simple sheet of paper can let the school know about the things that students do but do not necessarily get recognition for. Thanks for all the support; we’ve had a great time.



## CLASSICS CLUB



For months, Elmwood's Classics Club had been working hard to produce some wonderful creative projects for the Conference at St. Catharines in May. We came home with firsts in the Fashion Show and the School Display, as well as winning the Top Per Capita trophies for both Creative and Overall. Everyone certainly enjoyed their experience together.



## STAMPS FOR OXFAM

It was through the ingenious idea of Genevieve McSpaden in Grade 8 that Elmwood Students managed to collect hundreds of stamps. These stamps are donated to OXFAM, an international development agency that recycles our stamps in order to raise money for less economically developed countries.

## SILVER BIRCH CLUB



Several girls in Grade 6 participated in the Silver Birch Club and a number of Grade 7 and 8 students read another list of titles nominated for the Red Maple Awards. Voting Day was on a holiday, so the girls missed voting with other students from across the province, but they enjoyed many hours of good reading!



## INSIGHT THEATRE





### PIE THE PREFECTS



Pie the Prefects, is one of the highly anticipated traditions at Elmwood. Middle and Senior School students are given the opportunity to pie the prefects with whipcream and chocolate pies. The money raised goes towards the grad gift that is presented to the school at the end of year.

### BELL WALK FOR KIDS HELP PHONE



By walking and collecting pledges, Elmwood helped the Kids Help Phone be there with immediate support for troubled and abused children. When the school joined forces and walked to raise pledges, we help ensure that the Kids Help Phone would be there 24 hours a day, 365 days a year. Some examples of where the money raised goes are: \$50 will help one child realize that suicide is not the answer and \$10 will help a counsellor answer five online questions from kids. Well done Elmwood.

### JUNIOR SCHOOL PARTING PICNIC





## FUN RUN

On May 27th, all of Elmwood joined forces for the first annual Fun Run. Junior and Middle School students with the help of the Senior School, regardless of the rain and cloudy weather, ran and walked 5km around the Rockcliffe Area in full spirits!



## 2005-2006 PREFECTS

It's that time of year again for prefect elections. This year it was especially difficult to make a decision as there were so many exceptional candidates. Congratulations to the 2005-2006 prefects!

Head Girl: Sarah Buchan

Senior Prefect: Karlye Wong

Middle School: Sara Anderson

Junior School: Kate Meehan

Arts Prefect: Willie Deneault

Admissions Prefect: Nazik Amdiss

Prefect at Large: Virginia Brown

Head of Fry: Christine Leduc

Head of Nightingale: Sarah Quinn

Head of Wilson: Emily White

Head of Keller: Annie Kirvan

Birthday Girl: Kerri Haynes

We know you girls will do an awesome job!





### McCABE GOOD-BYES



### GRAD SEND-OFF



### SAMARA EDITORS: GWEN COWLEY AND JENNY CHEETHAM



#### Samara - Conversation



Undergrads

Co-Curricular

Student Life

Grads

Colour

Invite

Send Files

Jenny says: Wow what an honour to be selected as Samara Editors 2004-2005!

Gwen says: Oh yeah! Who'd have thought it would be such a huge undertaking.

Jenny says: But we learnt so many new skills and had some great fun in the corner of the school in the computer lab.

Gwen says: Too bad it took so long to get a yearbook team together. People don't know what they're missing!

Jenny says: Hopefully the rest of the school is as proud of the yearbook as we are.

Gwen says: Special thanks to our top troopers Lorena Mason and Katie Howard who were always on the ball

*Mrs. Bradley, your hard work and dedication never goes unnoticed.*

*Best of luck to next year's editors Emma Godmere and Margo Vachon. May you have as much fun with this challenge as we did. Well g2g, ttyl!*

*Jenny is typing a message...*

Send



# SPRING ART AND LIT



## And if the Ancients Spoke

And if the ancients spoke the truth  
And we all were made of fire  
Heart and hand and foot and tooth  
Filled with glowing ire?

Soon all will forget the light  
Banish the bright, bring back the  
night.  
And we then struck with blindness  
will lay  
The victims of our own folly

Burn my sisters Burn!  
Brighter with each sunrise  
Teach again the dimming stars  
To love this light of ours  
For until we stir our embers we,  
Not humans, but their shadows be.

And if the ancients spoke the truth  
And we all were made of fire  
Heart and hand and foot and tooth  
Filled with glowing ire?  
Once we rushed the skies with light  
Freed the senses, banished night,  
We twists of incandescent light  
It was we who made the stars so  
bright  
Reflected giants of ourselves.

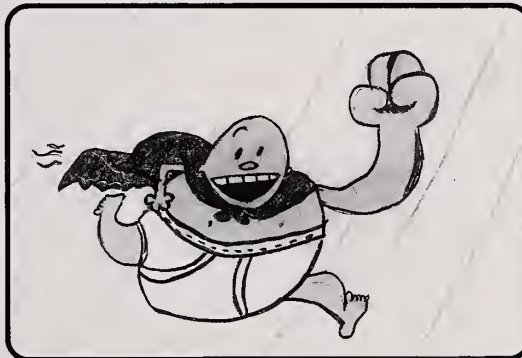
## Tiger

Tiger, tiger coiled tight  
Stalking creatures day and night  
Through the jungle prowling low  
Comes the prey and soon the foe.

In the night eyes aglow  
Scanning treetops and ground below  
Sun is setting in the hills  
Prey is waiting with its quills.

Finally the prey is caught  
Zebra which was once, now not  
Tiger is now full with pride  
Makes all creatures run and hide.

Tiger, tiger coiled tight  
Stalking creatures day and night  
Through the jungle prowling low  
Comes the prey and soon the foe.  
-Scout Frewer

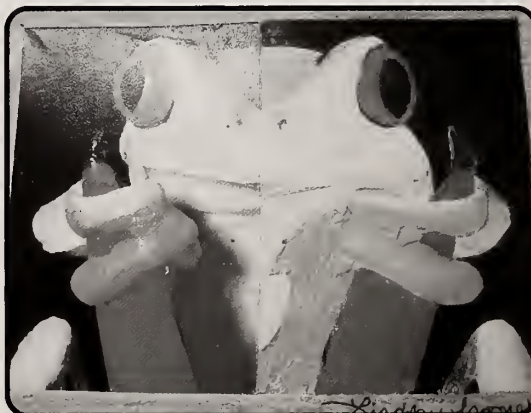
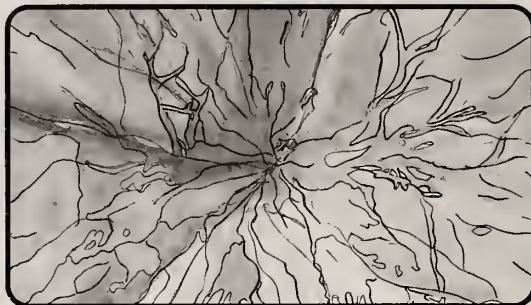


# STUDENT LIFE

SPRING

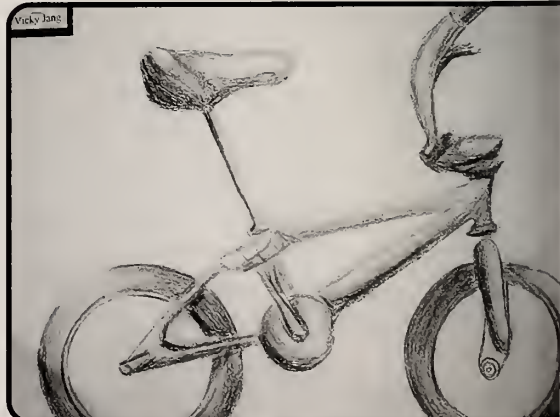


### SPRING ART & LIT



The Eternally Young  
by: Natalie Ogonek 7B

Quickly, it must have come.  
Painlessly.  
I imagine the rush of emotion  
That leaves your eyes  
Like a waterfall.  
With the emotion, escapes  
Life.  
I do not pity you.  
You are eternally young.  
You will always be young and  
beautiful.  
You shall not be ripened  
By time.  
Everyone will  
Speak of their love for you.  
Funny, isn't it,  
That when we are alive  
We are mocked and hated,  
But when life has left us,  
Everyone remembers us lovingly.  
You have discovered  
The secret  
To immortality and youthfulness.  
As the world ages,  
You shall not.  
You shall be as you always have been.  
But you shall fade.  
I do not pity you.





# Co-CURRICULAR



"Being the first person to finish a race is so amazing. The dream you strived so hard to achieve has finally come true."

- Malene Jaeger



"I had a lot of fun times participating in co-curricular activities. I recommend these to everyone because they are fun and keep you busy."

- Hilary Brown



"When you play 100% you feel 100%!"

- Alicia Leung



"I learned to play the notes and stick with something until the end."

- Hannah Doilhai



### AMNESTY INTERNATIONAL



This year in Amnesty International we discussed various issues affecting the world in the 21st century. We wrote letters to Heads of States and governments regarding prominent matters, learning how to take effective action, while raising awareness with respect to human right abuses. We raised money to buy international stamps through our crazy sock and tie day. Thank you to Mme. Adams and Mr. Main for supporting us throughout the year.



Virginia Brown, Nazik Amdiss, Gwen Cowley, Bre Burnatowski, Margo Vachon, Karlye Wong, Sara Anderson, Elizabeth Wilson, Anne Kirvan, Alexa Gendron-O'Donnell, Anneka Bakker, Alex DeForge, Alexandra Mierins, Cynthia Wallace, Mrs. Adams, Mr. Main.



### ART WORKSHOP



Throughout the school year, after classes on Thursdays, resident artist Karen Bailey teaches at the Elmwood Art Club. Students from Grades 6-12 are instructed in techniques and approaches to painting in acrylic. In art school tradition, students paint on canvas using an easel with a live model as their subject. A student is chosen to model for the session. Some prefer to work from the still life arrangement that is always available alongside the model. Members learn to paint from observation - the model, the still life or both.

Noushig Kadian, Alex Billings, Isabelle Price, Larissa Zajac, Katherine Morrison, Laura Doubleday, Mme. Couture-Luc, Mrs. Fazakas, Lyndsay Kotarba, Kimberly Fung, Stephanie Shea, Mrs. Cummings, Joanne Schembri, Mrs. Karen Bailey





## ART CLUB

Young artists from grade 3 met after school on Mondays in the grade 2 classroom with Ms. MacLeod and helpers Marie Jaeger and Nicola Ostrom to create some amazing art. The students painted, cut, glued and experimented with various materials to design some interesting pieces. A BIG thank you to Marie and Nicola for helping with the set up and clean up after each session. It was a very enthusiastic group!



## BALLET

Ballet classes for the Junior School have once again returned to Elmwood. During the classes, emphasis was put on preliminary steps and technique focusing on the improvement of body positions as well as free movement. The girls, Grades JK to grade 5, streamline their energy to form a positive attitude throughout the class. Special thanks to Ms. Francesca Filleul and Gwen Cowley for their assistance with the classes.



# CO-CURRICULAR

TERM 1



### JUNIOR BASKETBALL



This year the Junior Basketball Team had a great season. We almost won every game. We were so amazing, there were WNBA scouts at every game. We were better than the seniors and should have gone to OFSAA because we are truly OFSOME. Thanks to our two OFSOME coaches, Mr. Milburn and Ms. Loenhart who made the season all the more enjoyable. By the end of those two wildly successful months, we were definitely one of the best teams in the country/ Elmwood. We practised many important basketball skills, such as balancing the basketball on our heads, alley-oops, slam dunks and our personal favourite; "the sandwich machine." Our skill was definitely ...summa summarum, which happened to be our motto for the duration of the season and the rest of our pro-athletic lives. Next time, when you come across a speed-bump on the road of life, think of the us and how we always pushed forward and pulled through when our teammates needed us most, and/ or when they needed someone to carry them over that speed bump on the road of life.



Emily Cork, Sarah Black, Cynthia Wallace, Megan Halliwushka, Nicolle Bonar, Rachel Hutchinson, Karin McDowell, Jasmine Rasuli, Prashanthi Baskaran, Evelina Sieradzan, Olivia Scott, Mr. Milburn, Ms. Loenhart.



### SENIOR BASKETBALL



The Basketball Team had an extremely successful season! Placing 4<sup>th</sup> in our conference, we broke the curse, beating Ashbury to qualify for OFSAA. We made our way out to Kenora Ontario for the Provincial Championships, and putting up a good fight, we placed 6<sup>th</sup>. At the end of the tournament, we were awarded the Sportsman-ship Award. We are looking forward to next year. Without any graduating players leaving the team this year it should be a successful season. A big thank you to Coach Butler and Nealer!

Marnie Brown, Lorena Mason, Kerri Haynes, Anneka Bakker, Elizabeth Wilson, Courtney Smith, Karlye Wong, Amira Tadros, Stephanie Tannis, Breonna Burnatowski, Bob Butler, Brenda Neale





## CERAMICS CLUB

For the first time at Elmwood School, the primary students took part in a Ceramics Club. It was a huge success! Kindergarten and Grade One students participated in a six week program in the fall. The children were each given two ceramic pieces to paint. The final products were clowns and animal bags. The creations were amazing! A special thank you goes to all the Grade Five volunteers for helping out at Ceramics Club!



## ENVIRONMENT CLUB

We have fun during our weekly meetings debating and discussing what we've learned through research and hands-on field experiences focused around ecology and current environmental issues. We even get to take our learning outdoors with various exciting "green" activities. In April we participate at a regional competition that will test our knowledge on wildlife, forestry, aquatics, soil and preserving cultural landscapes. Through this experience we hope to become knowledgeable, skilled and dedicated members of a global community working towards achieving and maintaining a balance between the quality of life and the quality of the environment.



Christine Leduc, Isabelle Mercier, Lizzie Howard, Ashley Masys, Mandy Wiwczaruk, Clare Funston, Alex Deforge, Teagan Jones, Lorena Mason, Jessica Batt, Mrs. Patrick, Dr. Mahin

# CO-CURRICULAR

TERM 1

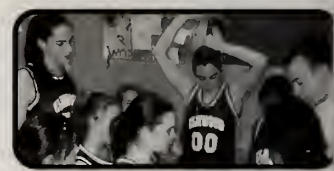


### SENIOR CHOIR



Jenny Cheetham, Sara Anderson, Zoe Anderson, Emily White, Sara Duplancic, Marielle McGovern, Sarah Yan, Rosemary Tross, Caroline McLoughlin, Monique Larson, Katherine Morrison, Laura Doubleday, Deeja Sultan, Genevieve McSpaden, Nicola Childs-Adams, Vicky Jang, Kerstin Boomer, Rachel Currie

With a group of dedicated singers, the Senior Choir sang to great heights this year under the direction of Mr. Palmi. The Senior Choir was very successful at the Kiwanis Festival, earning a Gold place standing in their class. A double trio consisting of six girls also competed at the Kiwanis Festival earning another Gold place standing. We also had the unique opportunity to sing at the swearing in ceremony of Mauril Belanger and the tree lighting ceremony at the Chateau Laurier. Many of the girls were returning members for their fourth and final year, which made for a very tearful Spring Concert. Congratulations to all girls and keep up the hard work next year!



### CLASSICS CLUB



Caroline Kingston, Christine Leduc, Ashley Masys, Isabella Price, Emma Godmere, Stephanie Shea, Anna Cameron, Lizzie Howard, Hannah McGeachie, Jessica White, Caroline McLoughlin, with the help of many others, along with Head Teacher Ms. Ellison.

The 2005 Classics Club was a small but certainly hardworking team! Since September we have been meeting Fridays at lunch and after school, as well as most weekends in the Art Room and Auditorium. We had a team of eight people who attended conference, and with the help of others we worked on costumes, the chariot, scrapbook, school display and almost anything else you can think of! We had a ton of fun going to Conference in St. Catharines in May. Thanks to the Middle School members who helped out, too. Thank you Ms. Ellison for all your hard work!





## CLAY CLUB

### Junior School:

This year Miss Wright taught Grade 2 students how to work and play with clay! They had a great time making dragons, houses, and animals. They also had free time to create some of their very own pieces. It was very exciting to see what these children could come up with. The students also had time to use the wheel, which was a very special experience since it is so rare that children get to play in the mud.

### Senior School:

Senior Clay Club started off with a bang with thirteen students and the numbers dwindled to seven or so during the busy third term. The students tried the potters wheel and produced some hand built pieces as well. Clay Club is a great way to make an assignment with a difference.

**Middle School Clay Club:** Laura Haebe, Alicia Leung, Nimrat Obhi, Rachel Liu, Ruth Lark, Sabrina Villeneuve, Meredith Moore, Raisa Patel, Rachel Stein, Bronwyn Thompson, Joanna Schembri, Noushig Kadian, Amrita Pal, Christine Soong, Anne Marie Wilson, Hannah Thomas, Taylor Bordeaux, Danika Leminski, Alison Miller

**Senior School Clay Club:** Sarah Merkley, Danielle Hodgson, Nikki Campbell, Forrest Hartman, Isabella Price, Anisha Sinha and Rebecca Cheff.



## COMPUTER CLUB DRAWING

During four weeks in the spring term, Grade 3 had the opportunity to participate in Computer Club on Mondays after school. The first half of the time was spent on keyboarding skills then the children had free time to use various computer programs. The children had a great time.



Bradley Assaly-Nesrallah, Jordan Donovan, Priyanka Goel, Trevor Haebe, Brendan Lucas, Connor McLaren, Sarah Melloul, Priya Muradia, Alyssa Shenassa, Katia Tawagi, Mrs. Blackadar, Mrs. McCaffrey.



# CO-CURRICULAR

TERM



### J.S. CROSS-COUNTRY RUNNING



Every Thursday after school, throughout the month of October, the cross-country team met in front of the school. Each practice began with a warm-up lap and a stretch, then the team would run six laps around the school (2km). Sometimes we were timed. We were training for the Pumpkin Run. At the final practice, the team ran throughout the Rockeries. Special thanks to Mr. Adams, Mme. Couture-Luk, Mrs. Blackadar and Mrs. Oickle for helping us out during our cross-country season! We had a great time!



### M.S./SR. CROSS-COUNTRY RUNNING



Once again, Elmwood's cross-country team had an eventful and exciting Fall season. The cross-country team trained twice a week together, preparing for the Ottawa City Cross-Country Championships. Everyone competed extremely well, with some excellent results - Rachel Hutchinson and Alexandra DeForge placed 30<sup>th</sup> and 32<sup>nd</sup> out of almost 90 people! A huge thank you goes to Mme. Adams and Ms. Coates for training us twice a week. They were amazing coaches!



## M.S. DRAMA CLUB

We had a great year at drama club, with a great ending with our presentation "The Spring Thing." We raised money from the donations we received at our performance for the Ottawa Humane Society. We had lots of fun, and worked hard too. We created interesting characters, and developed nicknames, such as the rooster, and the cow. There were mostly grade 8's, 2 grade 6's and only 1 grade 7. With the help of a great teacher, Mrs. James, we all had tons of fun, and learned at least one thing.



Genvieve McSpadden, Danika Leminski, Jane Anderson, Taylor Bourdeau, Emily Bain, Alison Miller, Anisha Sinha, Meredith Moore, Hannah Thomas, Alison Jamieson, Sabrina Villeneuve.



## DRAWING CLUB

From September to November, students met in the Junior School library to draw. They learnt how to pay attention to shapes, lines, patterns and lines. They drew animals that included birds, cats, bears, fish and even bugs! The students were able to produce excellent drawings. Everyone was very cooperative.



Rebecca Godin, Kim Godin, Louisa James-Beswick, Alana Bobra, Larissa Bobra, Zakiya Abdullah, Jenna Moledina, Claudia Cinotti Ballarte, Kelli Krapcho, Kerson Leong, Alex Montgomery, Brooks McMurray.





### DUKE OF EDINBURGH - BRONZE



This year's Duke of Ed Bronze was a hike in Bon Echo Provincial Park. Although the trail was treacherous and rocky in several areas, the lookout points were beautiful. The trip brought all of the Grade Nines closer. We are now one step closer to accomplishing our Duke of Ed Award. Thank you to Mrs Marchand, Mrs Depooter and many of the other teachers who made it possible.



### FIELD HOCKEY



Keva Legault, Jessica Venables, Jane Pigott, Anne Pigott, Christiane McGovern, Charlotte Pattee, Riyaz Basi, Teagan Jones, Willie Denault, Jenn Gagnon, Sarah Quinn, Annie Kirvan, Nicola Lightstone, Sara Anderson, Megan Tremblay, Kim Fung, Lucy Hemmings, Krina Merchant, Hilary Brown, Alicia Kerrigan, Katie Bifield, Laura Kerrigan, Virginia Brown, Ms. Whitfield

We had a great first field hockey season at Elmwood this year! Tons of girls came out to try-out and join the new team. We had such an energetic and spirited team. Even though we didn't win a game, and only scored one goal, we continued to work hard and improved the entire season. Ms. Whitfield and Ms. Loenhardt were amazing coaches and we'd like to thank them so much! Have a great second season and good luck ladies!





## SENIOR FRENCH CLUB

I've said it before and I'll say it again - you can't become fluent in French if you don't practice what you've learned, and French clubs are an ideal place to practice.

Jolie! Croissant! Poisson! Lentement! The French club, open to all students, takes place on Friday evenings. Through this club students have the opportunity to speak French, meet new people, listen to French music, play games, and experience great food!

Trivia Pursuit and Qu'est-ce que ça veut dire?

Thank you to Mr. Grenier and to Madame Sabourin!



## GOLF

This year's golf team had another successful season! Our returning team of 4 players (Lorena Mason, Angela Skaff, Julia Norman and Alex Billings), welcomed rookie Sheila McKeen, whose skill and expertise in golf raised the overall skill level of our team! After various trips to the driving range plus a practice round at the Meadows Golf Course, we were ready for the NCSSAA tournament. We played the 18 holes on a beautiful fall day, and with fine results. Congratulations to the team for placing 2<sup>nd</sup> in the team category for Ottawa-Carleton! FORE!!!



Lorena Mason, Alex Billings, Angela Skaff, Sheila McKeen, Julia Normand, Mrs. Neale, Mrs. Begin



# CO-CURRICULAR

TERM 1



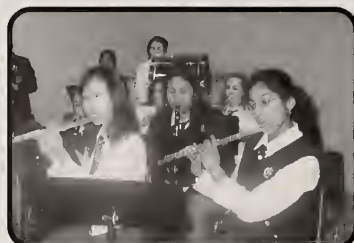
### HOCKEY



Once again the hockey season has come to a close, with the flourish and love that only Elmwood's hockey team can hold! This year the girls worked really hard, and we had a strong group of girls, who were all hockey stars in their own ways! Once again we had our annual game against the teachers. It was a close game with a win for the teachers! We would like to thank our coach Mr. Grenier and helpers Mr. Dube and Mr. Campbell.



### HONOUR BAND



Vanessa Assaly, Julia Campbell, Carol Chu, Rachel Currie, Nora Dempsey, Sophie Goss, Megan Halliwushka, Rachel Hutchinson, Anita Malik, Neuczki Mathurin, Karin McDowell, Michaela McGee, Krina Merchant, Caitlin Phillips, Jasmine Rasuli, Anisha Sinha, Alex DeForge, Thiraththa Devahastin, Emma Duret, Alicia Kerrigan, Emily Miller, Selin Saatcioglu, Margo Vachon, Lillian Wallace

The honour band had a very successful year. We worked very hard and came to rehearsals during lunch and after school on Mondays. We played many wonderful pieces! Ms. Biggar worked hard at finding time to rehearse and was a great conductor! She helped us when help was essential and worked with us throughout the year. Well done honour band!



## J.S. ART CLUB

Art club was run with a twist this year. An idea made into a reality by three grade 11 students to share with a group of students in grade 1 the excitement and colours of painting, sculpting, cutting and pasting. The students created a range of projects such as puppets, paper flowers and marshmallow men. Their creativity throughout April and May was just as apparent as their enthusiasm and excitement.

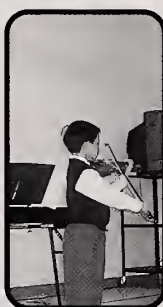


Joshua Haebe, Margaret Pateman, Jonathan Hindo, Brooke Mierins, Chloe Lucas, Nicholas Morrison, Nicola Denison, Tennyson Kainz-Potter, Adam Groper, Alex Parizeau, Hannah Dolhai, Anna McKay, Teagan Jones, Lizzie Howard.



## MINI CONCERT CLUB

This winter, the Junior School celebrated its second annual Mini-Concert. This was a talent show where the entire school was invited to participate. Students from Kindergarten to Grade five showcased their unique talents in front of a captive audience. The students worked hard auditioning and rehearsing their performances. Performances included: singing, dancing, and playing instruments such as the piano, violin, and drums.



# CO-CURRICULAR

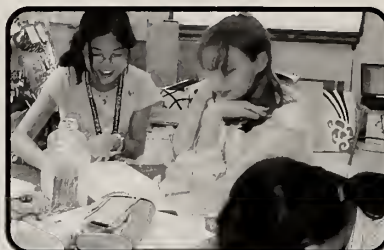
TERM 1



### ANIME CLUB



Ruth Lark, Caroline Tong,  
Rachel Liu, Ayla Fisk



Undercover for the past 2 years, an organization has been secretly plotting to take over the world. It is known as the UAC (Unofficial Anime Club). With a size varying between 4 to 7 people, they conduct anime drawing tutorials, contests and anime watching sessions from 3:40 - 5pm every Friday. Next year they plan to make their plans official. - Ayla



### OSAID - ONTARIO STUDENTS AGAINST IMPAIRED DRIVING



October 26<sup>th</sup> was National Students Against Impaired Driving Day. During the weeks prior to this occasion, Elmwood's OSAID team began to raise awareness about the Day and why it is held every year. Various activities were held, ranging from car-filling, to mocktail making, to obstacle courses, to the popular BYOB (Bring Your Own Banana). Posters were put up around the school and students were asked to sign the Chain of Life and the Collage of Commitment which were later displayed in the Front Hall. On NSAID Day, a presentation about the dangers of impaired driving was given, prizes for various activities were awarded, and the IMPROV team gave an OSAID themed show.



## RECORDER ENSEMBLE

This very talented group had a successful year. In the fall they worked on playing alto, tenor and bass recorders in addition to their soprano recorders. They performed Christmas music, including "March from the Nutcracker Suite" at the school Christmas concert and at the American Embassy where they were joined by the Grade Four Singers and Gail Gavan. They performed Renaissance and Baroque music at the May Concert and at the Closing Ceremonies. Thank you for your hard work and dedication!



Juliana Assaly, Stephanie Babinski, Yuliya Belik, Kristen Brazeau, Katrine Lightstone, Erin O'Neill, Christina Rizk, Sophie Berube, Emma Dolhai, Anish Dhalla, Mrs. Bowers



## ROBOTICS

This year, Elmwood's Robotics team took on the exciting challenge of the FIRST Robotics Competition in Mississauga on March 31st-April 2nd. They had only 6 weeks to build a fully functional robot that included a complicated mechanical design, pneumatics and electronics. Students worked alongside several mentors from the Ottawa Community, along with Ms. Kerluke, Mrs. Patrick and Mrs. Boyd. The robot competed against robots from 70 other North American schools, and although we experienced some bad luck in the competition, everyone learned a lot, and are all really excited to use what we learned in next year's competition.



Alexandra Fottinger, Alex DeForge, Elizabeth Maffett, Jessie Batt, Shauna Turney, Deeja Sultan, Abanti Zakaria, Laura Kerrigan, Alix Dudley, Rebecca Moeller, Virginia Brown, Angela Skaff



# CO-CURRICULAR

TERM 1



### M.S. Samara



Reba Wilson, Katherine Hales, Alessandra Cinotti-Ballarte, Lindsay Spooner, Anuja Sinha, Sabrina Villeneuve, Sonya Wadhwa, Sonya D'Silva, Maggie Cogger-Orr, Sarah Corkery, Stephanie Sardelis, Mrs. Bradley.

The middle school Samara Club took place at lunch on Wednesdays for the duration of the year. We did write-ups for the various clubs and learned to use Adobe PageMaker. On Adobe we practiced putting together yearbook pages and inserting pictures. We also took pictures of the many events around the school. Thank you to Mrs. Bradley for running this activity. "I had a great time with the Middle School Samara group. Boy, were you goofy! From the "leach" on your shoe story, to keyboard suspenders, to killing ants in your ski boots, you kept me laughing with your quirky sense of humour. I look forward to working with you all on next year's book". - Mrs. Bradley



### Senior Samara



Jenny Cheetham, Gwen Cowley, Lorena Mason, Katie Howard, Perry McCormack, Jessica Venables, Morgen Smith, Caroline Boyle, Anna Warunkiewicz, Emma Godmere, Margo Vachon, Selin Saatcioglu, Leanne Sharzer, Alex Deforge Mrs. Bradley.



Contrary to popular belief, Samara is not a club of computer geeks and was tons of fun this year. Even though we spent many weekends and Friday nights in the Middle School computer lab, it was well worth it as we bonded and laughed, ate lots of Timbits and produced this awesome yearbook that every one of us are proud of. Special thanks to Mrs. Bradley for all her help and support. We love you!



## J.S. Soccer

For 6 weeks in the fall, 24 girls from grades 4 and 5 participated in the Junior School's recreational soccer club. The weekly practices consisted of a variety of drills in which the girls learned various skills such as passing, trapping, proper dribbling and throw-in technique, different plays and field placement. The rules of soccer and the importance of fair play were also an integral part of each practice. Each practice ended with a 20 minute, half field, 6-on-6 scrimmage. This allowed every team member the optimum amount of playing time. To wrap things up, the grade 4 and grade 5 teams were invited to participate in Kanata Academy's Indoor Tournament which was held at the brand new Thunderdome Sports Center. Everyone played well and had a super time.



Rebecca Boucher, Tori McIntyre, Julia Hewitt, Sarah Seward-Langdon, Samantha Buchanan, Melissa Yelle, Katya Duncan, Noor Darwish, Yuliya Belik, Stephanie Babinski, Christina Rizk, Veronica Bleeke, Hayley MacLeay, Jennifer Maginnis, Rachel Oster, Alice Bifield, Samantha Fonberg, Roxanne Griffith, Birte Brockmann, Fiona Davidson, Emma Lynn, Andrea Tannis, Alisha Teixeira, Emily Montgomery, Ms. Oickle, Ms. Ostiguy



## M.S. Soccer

The Middle School Soccer Team had an exceptional season this year. It was clear from the beginning that this team was filled with talented players. Defeating Turnbull School on our home turf was very rewarding. It was also fun travelling to other schools in the area. Practising with effort, enthusiasm and initiative, the team showed strong sportsmanship and excellent technical skills. Our final performance in the tournament showed that Elmwood was a strong soccer contender. Coming from a much smaller school, we still made it to the semi-finals. The team we played won the entire tournament, an affirmation of Elmwood's strong skills!





### STUDENT AMBASSADORS

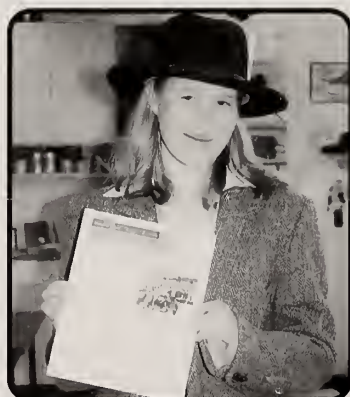
Marielle McGovern, Christiane McGovern, Sarah Quinn, Alexa Gendron-O'Donnell, Kimberly Fung, Emma Godmere, Margo Vachon, Christine Leduc, Lillian Wallace, Keva Legault.



This year, one of my goals as Prefect of Admissions was to formalize the Student Ambassador's program. With this in mind we created an application form for interested students. After reading the applications, we selected a dedicated group of girls from the Middle and Senior School to be Student Ambassadors. As Student Ambassadors, these committed girls helped give tours, assist at Open Houses and volunteer at various school functions. Thank you to all of the girls for their help, devotion and enthusiasm.



### TARTAN TATTLER



Ishani Nath, Blair Stein, Teagan Jones, Caroline McLoughlin, Katherine Morrison, Laura Doubleday, Hannah McGechie, Alexa Gendron-O'Donnell, Alex McClenahan, Shamila Charania, Katherine Rushby, Leanne Sharzer, Emma Godmere, Isabella Price

Throughout the school year, a team made up of almost 20 students worked extremely hard to produce six issues of the Tartan Tattler, Elmwood's school newspaper. In its second full year of production, the newspaper has grown both in size and strength and is enjoyed by all, both inside the school and out. Thanks to all of the Grade 12 copy-editors; the editor-in-chief, Hannah McGechie; and our teacher reps., Mr. Hay and Mme. Sabourin.



## M.S. SWIM TEAM

The Middle School Swim Team met after school on Thursdays at the St. Laurent Complex from October to December, as we prepared for the end of term swim meet. The team consisted of 23 dedicated swimmers from grade 6, 7 and 8. In the Catholic School Board Meet, we competed against eight schools from across Ottawa. Unfortunately, only the grade 7's and 8's were eligible to compete. Some of our girls even competed in the boy's events and most often won! Everyone swam their hearts out. We finished 4<sup>th</sup> overall, even though we couldn't be awarded points for any of the boy's events. We would like to thank Ms. Dabee for coaching the team and Jessica White and Malene Hoftun-Jaeger for their help during the many hours at the pool.



Julia Fottinger, Anna Hoftun Jaeger, Kelly Hunter, Heather McDonald, Emily Alexander, Julia Churchill-Smith, Brittany Oliver, Ashley Adams, Jane Anderson, Alicia Bartlett, Sara Bastianelli, Nadine Batchasingh, Katherine Belley, Laurie Biewald, Sophia Dhalla, Caroline Garel-Jones, Marie Hoftun Jaeger, Alison Jamieson, Katherine McDonald, Nicola Ostrom, Kate Portner Gartke, Jane Scholes, Rachel Stein.



## SENIOR SWIM TEAM

From late September to early December there exists a group of girls who sacrifice their sleep, their good hair, and their parent's sleep to brave the icy waters of Lowertown Pool. The girls competed fabulously in all of the mini-meets, even winning some boys events. At city finals Elmwood finished with four 1<sup>st</sup> place, three 2<sup>nd</sup> place, and five 3<sup>rd</sup> place finishes with a bunch of great races in between. We would like to thank our coach Ms. Lamb for getting up so early and always putting up with us. We had a great time.



Vero Belanger-Lejars, Nikki Campbell, Alex Fottinger, Kaylyn Fraser, Malene Jaeger, Katie Lark, Christine Leduc, Keva Legault, Jade Legault, Meg MacLean, Liz Maffett, Ashley Masys, Neuczki Mathurin, Perry McCormack, Christiane McGovern, Emma McKeen, Jane Reisman, Stephanie Shea, Morgen Smith, Blair Stein, Margo Vachon, Jessica White, Ms. Lamb.



# CO-CURRICULAR

TERM 1



### TENNIS



Rachel Witherspoon, Sammy Lamontagne, Allie Mierens, Vero Belanger, Sara Martelo, Sarah Merkley, Megan Cody, Selin Saatcioglu, Liz Maffett, Kristina Medows, Anna Cameron, Deeja Sultan, Mr. Grenier.



The tennis team had a very successful year. We all played very well and won many tennis matches. Going to practices was a lot of fun and many members improved. We would like to thank Mr. Grenier and Madame Williams for coaching the team and letting us have a very enjoyable season. The team was committed and over all we had a lot of fun. We would recommend students join next year. A fine year guys!



### M.S. VOLLEYBALL



Julia E, Anita E, Sandy Kechichian, Hayley Arnold, Larissa Fulop, Caroline Garell-Jones, Emily Alexander, Nikola Ruddy, Rochelle Bonnevillie, Emilie Chiasson, Kate Portner - Garke, Megan Cork, Laurie Biewald, Charlotte MacKenzie, Ms. Gray, Mrs. Coates.

The season started off with several try-outs. There was a great turnout; almost all of the Grade 7s and Grade 8s came out. Fourteen people were chosen. Throughout our season we remained undefeated and we made it to the semi-finals. Unfortunately, we lost that game and our season ended. We were proud because we had worked hard. I also have to say we had a lot of fun. Great job girls! Thank you to Ms. Gray and Mme. Coates. -Sandy Kechichian



## JUNIOR VOLLEYBALL

The volleyball team had an amazing season this year. We started off as a brand new team of rookies at the Sudbury Volleyball Tournament where we came together as a team and were ready for the rest of the season. Out of our 10 games, we won 4 and ended coming in 5th in our division and won gold at the St. Pat's tournament. Thanks to Karlye for helping out and to Ms. Depooter for being such a great coach.- Karin and Alicia



Vanessa Assaly, Anneka Bakker, Prashanthi Baskaran, Emily Cork, Alicia Kerrigan, Karin McDowell, Christiane McGovern, Ishani Nath, Charlotte Pattee, Olivia Scott, Evelina Sieradzan, Kacie Thomson, Mrs. Depooter.



## SENIOR VOLLEYBALL

The volleyball season got off to a slow start, but with the help of our coaches, Mrs. Neale and Ms. Rossiter, we quickly became the team we knew we could be. I cannot commend the girls of this team enough for their spirit and their hustle bambinos. The memories of the Nickle Classic in Sudbury, playing Orillia, and Operation Courtney mens cycle were unforgettable. Yes the spandex was a bit spanky and the sock situation a bit complicated, but it must have helped because we ended the season city "A" champions, beating Ashbury in the finals. Good luck to the graduating players and thanks to our coaches. Karlye and Liz



Mrs. Neale, Mrs. Rossiter, Alex Pattee, Sarah Buchan, Courtney Smith, Annie Kirvan, Katie Bifield, Karlye Wong, Laura Kerrigan, Marielle McGovern, Kerri Haynes, Marnie Brown, Liz Wilson, Vero Belanger.



# CO-CURRICULAR

TERM 1



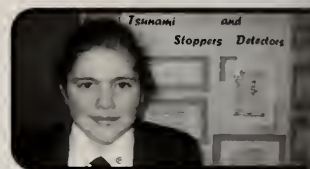
### ALPINE SKI TEAM



We had an amazing ski season this year! We might have had a small team but we more than made up for it with our spirit and theme song. Unfortunately, due to some bad weather some of our practices had to be cut short and one of the races had to be moved. We had some falls but we all got up and kept going. We still had an amazing time skiing every Monday night and getting to sing while taking our short bus up to the hill. Thank you so much Ms. Gray and Mrs. Comerton for a wonderful season!



Anne Pigott, Jane Pigott, Hilary Brown, Lorena Mason, Nicolle Bonar, Jessica Venables, Nicola Lightstone, Stephanie Arsejenovic, Ms. Gray, Mrs. Comerton.



### GRADE 5-6 BASKETBALL



The 5-6 basketball team had a short season with just one tournament and many early morning practices. We worked hard and were rewarded with a 1st place finish in the tournament beating out Turnbull in the championship game. We finished the tournament undefeated. We'd like to thank our coaches Courtney, Lorena and Mr. Milburn for their hard work and dedication.

Alessandra Cinotti, Alice Bifield, Carina Saikaley, Celyna Arnold, Chelsea Tannis, Hayley MacLeay, Irena Wight, Jenna Tannis, Juliet Caragianis, Katrine Lightstone, Priya Wadhwa, Quincy Batson, Sarah Bouzani, Stephanie Black, Stephanie Pratapas, Maggie Murray, Rachael Murray, Margot Whittington. Coaches: Courtney Smith, Lorena Mason, Chris Milburn.



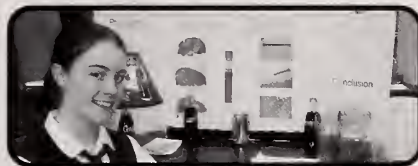


## M.S. BASKETBALL

The 7/8 girls basketball team is a group of the most dedicated, energetic players in the city. They play, practice and think about basketball with enthusiasm and strive for excellence. With several practices a week, and games in two leagues, they certainly knew their plays. Thanks for all the great practices, hard work, excellent games and fun times! Chris Milburn and Sarah Quinn.



Katherine McDonald, Kate Portner Garke, Sandy Kechichian, Laurie Biewald, Julie E, Tamara Saikaley, Katherine Belley, Maggie Cogger-Orr, Sarah Corkery, Charlotte MacKenzie, Anita E, Hayley Arnold, Emilie Chiasson, Jaclyn McMurray, Mr. Millburn, Sarah Quinn



## BRAIN QUEST

We had three teams who challenged their minds each week with such topics as Notable Canadians, English, Science, Arts and Literature and various Math categories. The Math categories were definitely the most popular this year! Good sportsmanship was shown and fun was had by all who attended. It is truly amazing the things you learn from playing Brain Quest!



Ameera Moledina, Noor Darwish, Sarah Seward-Langdon, Ivy Bregman, Julia Hewitt, Hannah Boomer, Priya Muradia, Jordan Donovan, Priyanka Goel, Melissa Yelle, Brendan Lucas.





### CHESS AND CHECKERS



I liked Chess and Checkers because it was fun. There were a lot of games. All my friends were there. I got to play new games that I had never played before.

I thought Chess and Checkers was a great experience. I also think inviting other grades to come and help with the Chess and Checkers Club was a great idea.

I thought that the Chess and Checkers Club was very convenient because a lot of people would come because it was so cold we could not go out for recess.

I think Chess and Checkers Club is great and I bet if you go you would like to play a board game too.

Jordan D.



### CHIME CHOIR



Fiona Davidson, Merrin Lalonde, Priyanka Goel, Anisha Dhalla, Juliana Assaly, Bronwyn Moore, Katya Duncan, Ameera Moledina, Hannah Boomer, Samantha Buchanan, Elisha Graham, Sarah Seward-Langdon, Breanna Graham, Mrs. Wiley.

The Chime Choir is made up of 12 or 13 dedicated students who practice one hour every week after school. Playing handchimes is not as easy as it looks - each member is usually assigned two or more notes and has to play them at the appropriate times; this requires careful counting and following the Director. The highlights of the year are the performances at the Holiday Concert in December and the Closing Ceremonies in June.





# FRENCH SUMMER SCHOOL



La dernière semaine de juin et la première semaine de juillet, il y a eu un camp d'immersion en français à l'école junior. Des enfants de la maternelle à la quatrième année ont participé au Camp. Durant ces deux semaines, ils ont fait des activités en français comme des bricolages, de la cuisine, des batailles de fusils à eau, des activités à l'ordinateur et des jeux de société. Ils ont fait deux sorties. La première semaine, ils sont allés dans le Parc de la Gatineau et le Parc des Hautes Plaines. Puis, la deuxième semaine, ils ont visité le

Musée canadien de la civilisation à Hull. À la fin des deux semaines, les élèves ont fait un petit spectacle pour leurs parents. Il y avait quatre professeurs: Mme Suzanne, Mme Joanne, Mme Dany et Mme Coutureuk. Trois élèves de l'école senior se sont portées volontaires pour aider durant le camp: Neuczki, Oushing et Nikki.

Voici quelques commentaires des enfants~:

J'ai aimé faire de la cuisine, surtout les biscuits.

J'ai beaucoup aimé jouer avec Nikki.

J'ai aimé les bricolages et faire un tipi.

J'ai aimé le parc d'eau.

J'ai aimé visiter le Musée de la civilisation et voir de vrais totems.

La promenade au Parc de la Gatineau était superbe!

J'ai aimé jouer dehors dans l'eau avec toutes les filles.

J'ai aimé colorier.

Enfin, j'aime les siestes



# CO-CURRICULAR

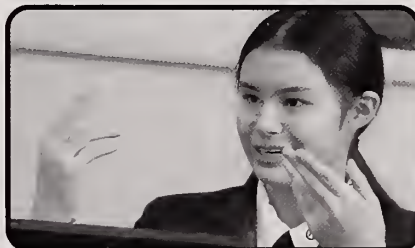
TERM 2

## DEBATING

Elmwood's 2005 Debate Club had a great turnout. Having more members this year and with the enormous help of our coach, Mr. Welch, we were able to learn new debating skills as well as fine-tune our previous knowledge. We also got the chance to observe a high school tournament (which we are planning to attend next year) at Queen's University in Kingston. Thanks to Mr. Welch for teaching us so much and being our Speaker for the tournament. See you all next year!

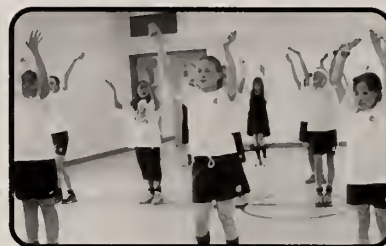


Emma Godmere, Clare Funston, Blair Stein, Sarah Buchan, Isabella Price, Marisha Tardiiff, Emma Duret, Ishani Nath, Ayaka Fujiwara, Catherine Gibbard, Jasmine Rasuli, Neuczki Mathurin, Nicola Child Adams, Mr. Welch





### GRADE 5 STEPPING



Stepping is a vibrant kind of dance choreography for which the body is the sole instrument. It is a dynamic fusion of African rhythms and modern dance. In this co-curricular club, the grade 5 girls have learned a variety of rhythmic movements and steps. Their experiences in Stepping have encouraged them to cooperate, express themselves, maintain self-discipline, and perform with confidence. Each student had the opportunity to show their talent and enthusiasm in an inclusive environment. The girls demonstrated great spirit in every session and have taken away with them a new skill that they may celebrate with others in years to come!



### M.S. DANCE CLUB



This year, middle school dance club enjoyed learning a variety of different styles of dance including ballet, hiphop, Indian and African dance. It was especially pleasurable to have Elmwood students, from both middle and senior school, as the dance teachers. A big thank you goes out to Anna Cameron for assisting with the organization of the club, Sonya D'Silva and Sonya Waderha for promoting the club and all others who participated from grade 8. Keep dancing!



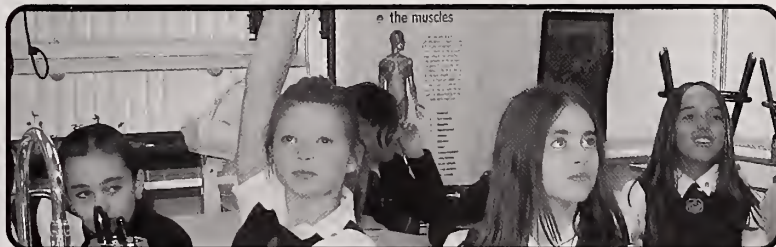
## DUKE OF EDINBURGH SILVER

At the end of January, a bus filled with 32 students and 4 teachers set out on an adventurous journey to Algonquin Park to go dog sledding. We made our first stop for the night just outside of Algonquin. We looked for animal tracks, and we even did some wolf calls. We learned all the parts of the sled, what the harnesses looked like, how to start and stop the sled, and the commands for the dogs. Each sled was assigned a team of six. You could never get tired of dog sledding because there were always new things to learn, and beautiful sights to see. It was sad leaving the dogs and the guides at the end of our trip, however we had had an incredible experience.



## J.S. ENVIRONMENT CLUB

After a discussion of energy saving home devices and appliances, the Environment Club worked on designing and making light switch plates with messages that promote the conservation of electricity. The light switch plates will be placed in classrooms throughout the school to remind us all to turn lights off when we don't need them. The club members grew tomato plants which they can benefit from at harvest time. We also discussed green shopping and composting and what it means to live lightly on the earth.

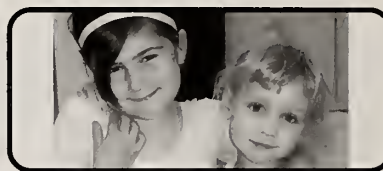


# CO-CURRICULAR

TERM 2



### J.S. FRENCH



### READING AND RUNNING MARATHON CLUB



Chloe Lucas, Brooke Mierins, Margaret Pateman, Rebecca Seward-Langdon, Zack Shemenski, Claire Avisar, Louisa James-Beswick, Brooks McMurray, Alex Montgomery, Kyler Wang, Brendan Lucas, Priyanka Goel, Ivy Bregman, Tori McIntyre, Melissa Yelle, Stephanie Babinski, Veronica Bleeker, Katrine Lightstone, Stephanie Shenassa, Alisha Texeira, Joanna Znotins, Sophie Berube, Alice Bifield, Emma Lynn, Hayley MacLeay, Brianna Taylor, Margol Whittington, Mrs. Blackadar, Ms. Oikle.





## J.S. RHYTHMIC GYMNASTICS



## J.S. SWIM TEAM

The Junior School Swim team had a very successful season. Elmwood swimmers, competing against six area Independent Schools, completed the meet with thirteen 1<sup>st</sup> place finishes, eight 2<sup>nd</sup> place finishes and four 3<sup>rd</sup> place finishes. Congratulations to all team members and thank you to Mrs. Huggins and Ms. Ostiguy for their help during the season!

Samantha Buchanan, Juliana Assaly, Julia Davis, Stephanie Babinski, Hayley MacLeay, Olivia Kotarba, Yuliya Belik, Caroline Mulock, Tori McIntyre, Veronica Bleeker, Rachel Oster, Adriana Moeller, Samantha Fonberg, Brianna Taylor, Emily Montgomery, Breanna Graham, Alisha Texeira, Alexandria Nguyen, Jennifer Maginnis and Kelly Woods.

# CO-CURRICULAR

TERM 2



### GRADE 5-6 VOLLEYBALL



The Grade 5/6 Volleyball Team had an exciting and very successful season. Players from ECS and The Study travelled down Highway 417 to come and participate in our annual volleyball friendship tournament. I know that we are gaining a great reputation in the league but I'm still not sure if it's based on our volleyball skills or on the pizza and ice cream that we provide to all the players. The enthusiasm and effort displayed by all the players was outstanding. Congratulations to all and I look forward to watching you play next year!-C. Tweedie



### M.S. WATERCOLOUR



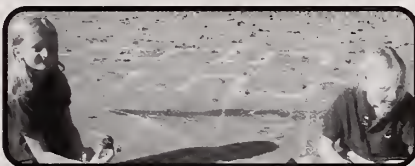


## WATERPOLO TEAM

Waterpolo isn't just a game. It's a lifestyle-early mornings, black eyes, number games, and pirate polo, amazing coaches, and lasting friendships. Every year we see a great change in ourselves and the team. We had a smaller team this year, but with our returning coach and a core of strong rookies and returning vets, we held our own in the pool. And we finally had our sweet victory over our archrivals SRB with a score of 12-0. We would like to thank our supervisors, Ms. Lamb and Ms. Caputo, and of course our coach, Megan for a memorable experience we will never forget.-Jess and Morgen

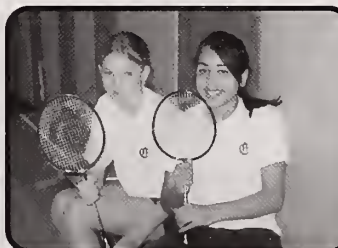


Ashley Masys, Katie Taggart, Morgen Smith, Sarah Black, Kaylyn Fraser, Meaghan MacLean, Blair Stein, Jane Reisman, Nicki Campbell, Neuczki Mathurin, Katie Lark, Jess White, Christine Leduc, Gillian Graham, Malene Hoftun-Jaegar, Liz Maffet.



## GRADE 5-6 BADMINTON

The 2005 Badminton season was a very busy one. Those 7:00 am practices proved to be popular with coaches and students! Eleven students were selected to compete in the Ottawa Independent School Athletic tournament hosted by Turnbull School. All the participants smashed and cleared their shots to end up with a second place finish overall. Thank you to everyone who contributed to this year's badminton program. I am looking forward to seeing you compete next year! -C.Tweedie, coach





### M.S. BADMINTON



Vanessa Morgan Mziray, Caroline Mierins, Kayla Eisenstat, Emily Alexander, Maggie Cogger-Orr, Kate Portner-Gartke, Stephanie Sardelis, Bronwyn Thomson. Coaches: Megan Cody, Riyaz Basi, Mrs. Patrick and Mrs. Dorcas.

This year's badminton team was a great success. The 7 a.m. practices were a blast, not to mention the Ashbury BADMINTON boys we got to play with!!! The Elmbury team went to Immaculata High School for a thrilling day of extreme badminton. Our players did very well and won almost every game, and many moved on to the final rounds. We learned a very important lesson that day; in life, the one thing you always need to do is **MAKE CONNECTIONS!** So we spent the day introducing ourselves to random people regardless of what they thought of us.



### SENIOR BADMINTON



Christine Johnston, Erica Hoe, Sarah Buchan, Carol Chu, Megan Cody, Riyaz Basi, Diane Nakamura, R. Grenier.

The Elmwood badminton team had a season of growth, learning and fun. Our junior singles and senior doubles did not make it to the finals, but they both did extremely well and improved for the next season. The junior double and senior single teams represented Elmwood proudly in the region finals in a second tournament. With the fierce competition the girls were up against, all teams improved greatly. We would like to thank Mr. Grenier for his coaching and enthusiasm throughout the season.





## DUKE OF EDINBURGH - GOLD

Gold Duke of Ed. was a time of enjoyment, bonding, challenge, leadership and determination. Our practice trip hike to the Gatineau Hills was only a warm-up. Our second practice trip was at Mont. Tremblant which involved sleeping in tents and cooking our own meals as well as a strenuous hike up and down mountains with elevations up to 1400 feet. All this led up to our climb to the summit of Mount Washington which proved to be a fulfilling and enjoyable experience for all. Thank you to all the teachers who supported us along the way. We couldn't have done it without you.



Lorena Mason, Gwen Cowley, Jenny Cheetham, Ashley Masys, Parysa Salemi, Anna McKay, Lizzie Howard, Annie Kirvan, Sarah Buchan, Liz Wilson, Courtney Smith, Karlye Wong, Virginia Brown, Vero Belanger-Lejars, Megan Cheung, Alex Pattee, Willi Deneault, Christine Johnston, R. Kerluke, F. Marchand, M. Depooter, C. Milburn.



## RUGBY

Every year, Elmwood's rugby team starts off the season with a nation-wide tournament playing against the top 10 private schools in the country. This year, we fought very hard in our pool, and in the end, we came in third. This was quite a feat considering it was the first time that we had played together as a team. As the season progressed, each girl developed their skills and we came together as a team. Thank you to our dedicated, irreplaceable coaches Mrs. Depooter and Ruth for all the energy and effort you put into the season. Congratulations on a great season ladies!

Nazik Amdiss, Sara Anderson, Jaye Appotive, Anneka Bakker, Kate Bifield, Nicolle Bonar, Hilary Brown, Bre Burnatowski, Megan Cheung, Jenn Gagnon, Malene Jaeger, Alicia Kerrigan, Annie Kirvan, Ashley Laplante, Caroline Lefort, Keva Legault, Nicky Lightstone, Meaghan MacLean, Neuczki Mathurin, Devon McCormack, Karin McDowell, Scottie McLaughlin, Christiane McGovern, Marielle McGovern, Emily Miller, Ishani Nath, Julia Normand, Charlotte Pattee, Jasmine Rasuli, Julia Renaud, Anne Pigott, Cynthia Wallace, Liz Wilson, Karlye Wong



# CO-CURRICULAR

TERM 3



### TRACK AND FIELD



Courtney Smith, Lizzie Howard, Margo Vachon, Anneka Bakker, Anna McKay, Jolene Stinson, C. Milburn

Even though the Track and Field team was very small (7 members) we had a very successful season. Everyone placed well at the Eastern Conference and achieved personal bests. Four of us moved on to the City Championships: Courtney placed in the top 8 for the 100m, Jolene placed well for discus, Anneka came 2nd in shot put and placed well in discus, Margo placed 2nd in long jump, and Rachel placed well in her 3000m event. Anneka and Margo moved on to the Eastern Ontario Championships and considering that the track team had not had too many practices, it was a great accomplishment. Thanks to Mr. Milburn for coaching!



### SENIOR SOCCER



Sarah Quinn, Vanessa Assaly, Karen Leung, Gwen Cowley, Lorena Mason, Liz Maffett, Katie Lark, Emily Mansfield, Sheila McKeen, Olivia Scott, Virginia Brown, Ashley Masys, Forrest Hartman, Danielle Hodgson, Selin Saatcioglu, Eve Sieradzan, Courtney Smith, Kerri Haynes, Laura Kerrigan

The soccer team had a great season this year. Being made up of mostly newcomers, we had an incredible increase of skills, teamwork and heart as our season progressed. This led to our entering the playoffs placing 3rd in the Eastern Division. Huge thanks to Mr. Welch and Coach K (and to Mrs. Naufal-Moffat for her role this season) as well as a warm welcome to Taylor Jane Clarke who joined the team prior to playoffs.



## FAREWELL TO MRS. DEPOOTER

Mrs. Depooter, you have taught so much to all of us here at Elmwood, even more than outside the realm of sports. The relationships you have developed here at Elmwood are a simple testament to your incredible character. You shouldn't feel badly at all that you are leaving, but be proud that in such a short time, you have affected the lives of so many young women. Your genuine kindness, your love for sport, your "never say die" attitude and your leadership are qualities that will be truly missed; but there would be no way that we would selfishly keep them all to ourselves. I know I speak for others when I say that you are my role model, mentor and friend who has taught me life skills and given me experiences that I will cherish for the rest of my life. With your new job as athletic director in Beijing, I have no doubt in my mind that you will be able to leave the same impression there as you have done for us all of these years. We will all miss you; there is no better way to say goodbye than to know that you will only be leaving us to share that same passion and love for sport that you showed for us to others a world away.



## FAREWELL TO MS. GALLAGHER

The students, staff, and parents of Elmwood would like to say a fond farewell to Ms. Heather Gallagher. We all agree that Ms. Gallagher's positive disposition radiates from her wonderful smile and that her calm demeanour is always appreciated in the halls. Over the past three years she has taught in both the Junior and Middle Schools, volunteered for a variety of events and coached an endless amount of sports teams. She is a supportive friend to all and will be missed at Elmwood next year. All the best to you and your family Ms. Gallagher!



## FAREWELL TO MRS. DORCAS

Amie began her Elmwood career in 2000 teaching Technology, Grades Kindergarten through Six and Grade 9 in her first year. Since then she has taught a number of different courses in the Middle and Senior School most notably Physical Education and English. Amie's students will remember her ability to engage them in lively discussions regardless of the subject area. Many a student has benefited from her creativity (i.e. in the development of Dorcas Ball), her words of wisdom, and her straight forward manner. In her role as coach, Amie's players learned the value of hard work and discipline and she inspired them to achieve their potential. Amie has been a supportive colleague who willingly shared her knowledge and expertise with both experienced and beginning teachers. We wish Amie and her family the best of luck as they move back to the Maritimes. Amie, You will be greatly missed by all!

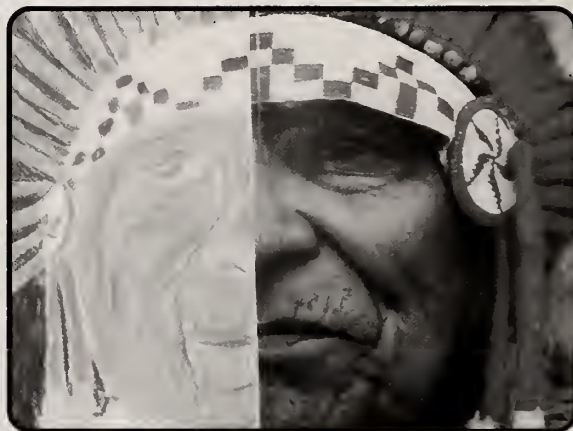


CO-CURRICULAR

FAREWELL



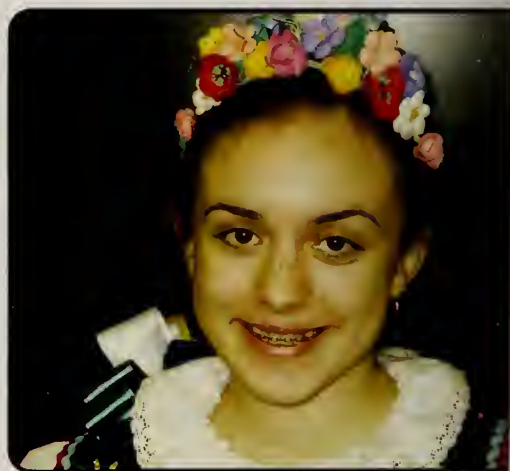
# ART & LIT























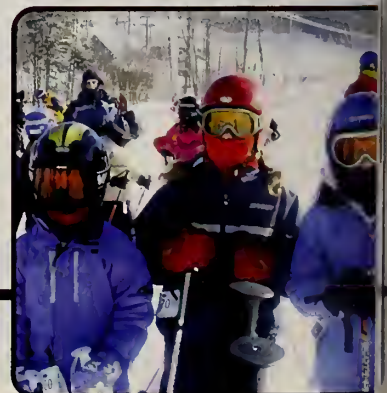
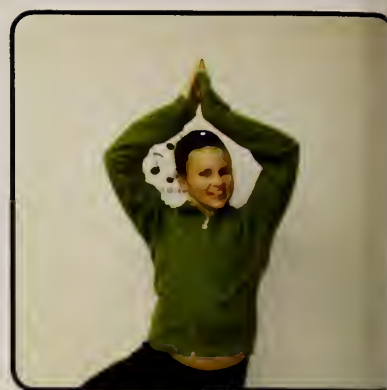
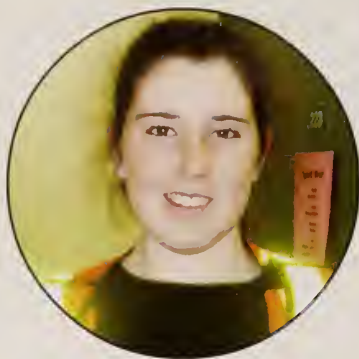




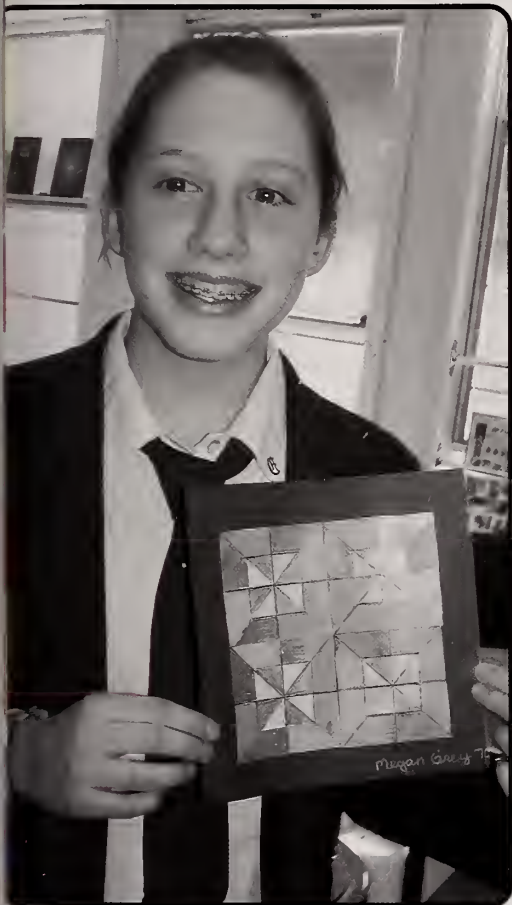












# ART & LIT



# THE BOARD OF GOVERNORS

Elmwood inspires and empowers young women to achieve their potential and pursue excellence in a global society.



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Jill Sanders



John Russell



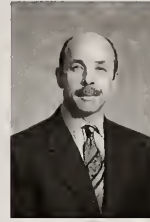
Heather Chiasson



Jean McCloskey



Rachel Baxter



Jacob Polisuk



Rebecca Baker



Joan McGarry



Blake Batson



Jaime Pitfield



Norma Davies



Micheal Lucas



Caroline Kern



John Lark



Rhonda White



David Boomer

## JUNIOR SCHOOL CLOSING

### House Awards:

#### Emerald "E"

Stephanie Babinski

Quincy Batson

Yulia Belik

Sophie Berube

Stephanie Black

Anisha Dhalla

Emma Dolhai

Emma Lynn

Stephanie Shenassa

### Parents and Friends Award:

Stephanie Black

Maclean Prize: Joanna Znotins

Overall Outstanding Effort and Achievement: Yulia Belik and Anisha Dhalla

### Outstanding Effort and Achievement:

#### Grade 4

Overall Outstanding Effort and Achievement:

Ivy Bregman and Ameera Moledine

#### Grade 5

English: Emma Lynn

French: Stephanie Babinski

Math: Quincy Batson

Science: Brianna Taylor

Social Science: Emma Dolhai

Sciences Sociales: Sophie Berube

Information Studies: Margot Whittington

Physical and Health Education: Alice Bifield

Music: Katrine Lightstone





# MIDDLE SCHOOL CLOSING

## MERIT AWARDS:

### GRADE 6

Celyna Arnold  
Sarah Bouzanis  
Alisa Boyle  
Lauren Brandys  
Juliet Caragianis  
Alessandra Cinotti Ballarte  
Aija Craigien  
Taylor Donovan  
Sarah Evershed  
Julia Fottinger  
Kelly Hunter  
Christina Jacobsen  
Lyndsay Kotarba  
Kriti Kumar  
Victoria Loebl  
Heather McDonald

Maggie Murray  
Rachel Murray  
Charlotte O'Neill  
Sonya Ruddy  
Carina Saikaley  
Aarti Singla  
Anuja Sinha  
Samah Syed  
Chelsea Tannis  
Jena Tannis  
Priya Wadhwa  
Irena Wight  
Leah Wright

### GRADE 7

Haley Abugov  
Emily Alexander  
Victoria Bonar  
Emilie Chiasson  
Julia Churchill-Smith

Sofia Diaz  
Julia E  
Rachel Garbutt  
Meg Grey  
Laura Haebe  
Katherine Hales  
Natalie Haydon  
Allie Hodgson  
Alex Hourihan  
Alicia Leung  
Amanda Lewis  
Crystal Li  
Rachel Liu  
Sarah Malouf  
Cristina Martelo  
Kerry McInnes  
Caroline Mierins  
Monica Mikhalet

Vanessa Morgan Mizray  
Madeleine Newton  
Marina Neskova  
Nimrat Obhi  
Kelly Ann O'Connor

### GRADE 8

Hayley Arnold  
Marisa Ashley  
Alicia Bartlett  
Sara Bastianelli  
Emily Baxter  
Katherine Belley  
Laurie Biewald  
Justine Boomer  
Rachel Zoe Bonneville  
Angelica Boyle  
Ally Brown  
Maggie Cogger-Orr  
Meagan Cork  
Sarah Corkery

Sophia Dhalla  
Sonya D'Silva  
Toni Duval  
Anita E  
Larissa Fulop  
Caroline Garel-Jones  
Shilpa Goel  
Julianne Hjartarson  
Marie Hoftun Jaeger  
Julianne Hughes  
Noushig Kadian  
Sandy Kechichian  
Sophia Lal  
Danika Leminski  
Charlotte Mackenzie  
Katherine McDonald  
Genevieve McSpaden  
Alison Miller

Meredith Moore  
Nicola Ostrom  
Amrita Pal  
Rebecca Park  
Raisa Patel  
Kate Portner-Gartke  
Nikola Ruddy  
Stephanie Sardelis  
Joanna Schembri  
Jane Scholes  
Christine Soong  
Rachel Stein  
Bronwyn Thomson  
Sonya Wadhwa  
Anne Marie Wilson  
Jasmine You

## SILVER "E" AWARD

Emily Alexander  
Emily Baxter  
Laurie Biewald  
Sophia Dhalla  
Anita E  
Larissa Fulop

Sandy Kechichian  
Sophia Lal  
Katherine McDonald  
Kate Portner-Gartke  
Nikola Ruddy  
Rachel Stein  
Sonya Wadhwa

## SCHOLARSHIPS

Alicia Bartlett  
Sara Bastianelli  
Ally Brown  
Meagan Cork  
Sophia Dhalla  
Anita E  
Joanna Schembri  
Sonya Wadhwa

Noushig Kadian  
Sandy Kechichian  
Danika Leminski  
Genevieve McSpaden  
Meredith Moore  
Amrita Pal  
Raisa Patel  
Rachel Stein

## GRADE 6 AWARDS

Art: Anna Hoftun Jaeger  
Creativity: Anuja Sinha  
Drama: Lauren Halliwushka  
English: Sarah Bouzanis  
French (standard): Aarti Singla  
French (advanced): Leah Wright  
Humanities: Lauren Brandys  
Humanités: Maggie Murray  
Mathematics: Juliet Caragianis; Priya Wadhwa  
Music: Celyna Arnold  
Physical and Health Education: Chelsea Tannis  
Science: Heather McDonald  
Technology: Irena Wight  
Overall Effort and Progress: Kelly Hunter

## GRADE 8 AWARDS

Overall Academic Excellence, with special mention for English, French, Geography and Mathematics: Sophia Dhalla  
Art: Karenna Boychuk  
Creativity: Noushig Kadian  
Drama: Genevieve McSpaden  
English: Jane Scholes  
French (standard): Sara Bastianelli  
French (advanced): Rachel Stein  
Mathematics - Grade 9: Rachel Stein  
Geography: Sophia Lal  
German: Marie Hoftun Jaeger  
Latin: Jasmine You  
Learning Strategies: Amrita Pal

## GRADE 7 AWARDS

Overall Academic Excellence, with special mention for English, French, Mathematics and Science: Natalie Ogonek  
Art: Lindsay Spooner  
Creativity: Tamara Saikaley  
Drama: Victoria Bonar  
English: Katherine Rushby  
French (standard): Emily Alexander  
French (advanced): Haley Abugov  
German: Kerry McInnes  
Humanités: Caitlin Rogers  
Humanities: Kelly O'Connor  
Julia Churchill-Smith  
Latin: Katherine Hales  
Mathematics: Alicia Leung

Science: Sonya Wadhwa  
Spanish: Katherine Belley  
Laidler Cup: Genevieve McSpaden  
Southam Cup: Sophia Dhalla, Sonya Wadhwa  
Nancy Chance Prize for English: Sandy Kechichian  
Physical and Health Education: Maggie Cogger-Orr  
Parents & Friends Association Committee Award: Marie Hoftun Jaeger  
Music: Laura Haebe  
Physical and Health Education: Emilie Chiasson  
Spanish: Emilie Chiasson  
Science: Emily Soussana  
Technology: Sanderica Quesnel-Malanka  
McDonald Cup for Math Effort & Progress: Julia E  
Schultz Prize for Effort and Progress: Sarah Malouf





# SENIOR SCHOOL CLOSING



## MERIT AWARDS:

### GRADE 9

Anneka Bakker  
Prashanthi Baskaran  
Andrea Bennett  
Nicole Bonar  
Hillary Brown  
Julia Campbell  
Nikki Campbell  
Shamila Charania  
Rebecca Cheff  
Rachel Hutchinson  
Samantha Lamontagne  
Anita Malik  
Emily Mansfield  
Sara Martelo  
Karin McDowell  
Neuczki Mathurin  
Krina Merchant  
Sarah Merkley  
Natalie Murphy  
Charlotte Pattee  
Caitlin Phillips  
Anne Pigott

Nicola Childs-Adams  
Carol Chu  
Megan Cody  
Rachel Currie  
Kimberly Fung  
Stephanie Fung  
Alice Gibbs  
Sophie Goss  
Forrest Hartman  
Danielle Hodgson  
Katie Hyatt  
Rachel Witherspoon  
Isabella Price  
Jasmine Rasuli  
Olivia Scott  
Anisha Sinha  
Megan Tremblay  
Cynthia Wallace

### GRADE 10

Sarah Black  
Kirsten Boomer  
Emily Cork  
Alexandra DeForge  
Thiraththa Devahastin  
Alex Fottinger

Claire Funston  
Jenn Gagnon  
Melanie Germain  
Emma Godmere  
Miriam Goubran  
Sarah Groves  
Malene Hoftun Jaeger  
Vicky Jang  
Alicia Kerrigan  
Keva Legault  
Elizabeth Maffett  
Meg MacLean  
Devon McCormack  
Christiane McGovern  
Scottie McLaughlin  
Rebecca Moeller  
Diane Nakamura  
Ishani Nath  
Jane Reisman  
Julia Renaud  
Selin Saatcioglu  
Leanne Sharzer  
Stephanie Shea  
Elly Smallwood  
Sarah Taylor  
Erika Tilson  
Alicia Timmons  
Shauna Turney

Margo Vachon  
Maria Visbal  
Lillian Wallace  
Larissa Zajac

### GRADE 11

Nazik Amdiss  
Zoe Anderson  
Jessica Batt-Sheehan  
Alex Billings  
Marnie Brown  
Virginia Brown  
Sarah Buchan  
Bre Burnatowski  
Jenny Cheetham  
Megan Cheung  
Gwen Cowley  
Willie Deneault  
Ayla Fisk  
Ayaka Fujiwara  
Kerri Haynes  
Stephanie Hjartarson  
Erica Hoe  
Lizzie Howard  
Christine Johnston  
Teagan Jones  
Caroline Kingston

Anne Kirvan  
Rosemary Lazier  
Christine Leduc  
Lorena Mason  
Ashley Masys  
Anna McKay  
Kate Meehan  
Isabelle Mercier  
Alexandra Mierins  
Alex Pattee  
Sarah Quinn  
Parysa Salemi  
Talia Sechley  
Courtney Smith  
Blair Stein  
Stephanie Tannis  
Marisha Tardif  
Laura Thurlow  
Sandra van der Jagt  
Kyla Weinman  
Liz Wilson  
Karlye Wong

## GOLDEN "E" AWARD:

Ayesha Basi  
Katie Biffeld  
Laura Doubleday  
Sara Duplancic  
Laura Kerrigan  
Alexandra McClenahan  
Marielle McGovern  
Katherine Morrison  
Morgen Smith  
Blair Stein  
Jessica White

## SCHOLARSHIPS:

The Margaret White Scholarship: Rina Halili  
Old Girls' Scholarship: Alicia Kerrigan  
Campeau Foundation Scholarship: Clare Funston  
Norma Davies Scholarship: Margo Vachon  
Milena Sigmund Scholarship: Alexandra DeForge  
Sarah Black, Kirsten Boomer, Emily Cork,  
Thiraththa Devahastin, Alexandra Fottinger, Mc  
MacLean, Elizabeth Maffett, Christianne  
McGovern, Scottie McLaughlin, Ishani Nath,  
Jane Reisman, Julia Renaud, Selin Saatcioglu  
Stephanie Shea, Lillian Wallace

## STUDENT EXCHANGES:

Ayako Iguchi - Grade 10 - from Japan  
Meg MacLean - Grade 10 - to Australia

## GRADE 9 ACADEMIC AWARDS:

Overall Academic Excellence with special mention for English, Mathematics and Science: Rachel Hutchinson  
Overall Academic Excellence with special mention for Communications Technology, French and Géographie: Neuczki Mathurin  
Dramatic Arts (ADA10): Sara Martelo  
Music (AMU10): Rachel Currie  
Visual Arts (AVI10): Kimberly Fung  
Géographie (CGC1DF): Alice Gibbs  
English (ENG1D): Rebecca Cheff  
Histoire (CHC2DF): Nikki Campbell  
Healthy Active Living (PPL10): Cynthia Wallace  
French (FEF1D): Cynthia Wallace  
French (FSF1D): Carol Chu  
Latin (LVLAD): Stephanie Fung  
Spanish (LWSBD): Megan Cody  
Communications Technology (TGJ20): Megan Cody  
Principles of Mathematics (MPM1D): Rachel Stein  
Science (SNC1D): Prashanthi Baskaran; Katie Hyatt

## GRADE 11 ACADEMIC AWARDS:

Overall Academic Excellence with special mention for Chemistry 4U, French, Mathematics, Philosophy and Physics: Sarah Buchan  
Overall Academic Excellence with special mention for German, History, Mathematics, Philosophy and Physics: Talia Sechley  
Overall Academic Excellence with special mention for English, History and Philosophy: Laura Thurlow  
Overall Academic Excellence with special mention for Economics, English, Exercise Science, Mathematics and Physics: Karlye Wong  
Dramatic Arts (ADA4M): Willie Deneault  
History (CHA3U): Christine Leduc; Sarah Quinn  
Economics (CIE3M): Jessica Batt Sheehan  
English (ENG3U): Erica Hoe  
Communications Technology (TGJ4M): Erica Hoe  
French (FEF3U): Véro Bélanger-Lejars  
French (FSF3U): Christine Johnston  
Math - Functions & Relations (MCR3U): Sandra van der Jagt  
Math - Functions (MCF3M): Nazik Amdiss  
Math - Personal Finances (MBF3C): Zoe Anderson

## GRADE 10 ACADEMIC AWARDS:

Dramatic Arts (ADA20): Emma Godmere  
Communications Technology (TGJ3M): Emma Godmere  
Music (AMU3M): Margo Vachon  
Visual Arts (AVI20): Vicky Jang  
Visual Arts (AVI3M): Meg MacLean  
History (CHC2D): Lillian Wallace  
French (FEF2D): Christianne McGovern  
French (FSF2D): Ishani Nath  
Healthy Active Living (PPL20): Ishani Nath  
Latin (LVLBU): Diane Nakamura  
Spanish (LWSCU): Emily Cork  
Principles of Mathematics (MPM2D): Alicia Kerrigan  
Applied Mathematics (MFM2P): Emma McKeen  
Chemistry (SCH3U): Alexandra DeForge  
Science (SNC2D): Jane Reisman  
Dramatic Arts (ADA3M): Clare Funston  
Rothwell Prize for English (ENG2D): Clare Funston  
Grace E. Knowlton Prize for Progress: Emily Miller  
Fiona Nicolson Creativity Prize: Shauna Turney

Philosophy (HZB30): Blair Stein  
Healthy Active Living (PPL30): Marnie Brown  
Biology (SBI3U): Virginia Brown  
Heacock Creativity Prize (AVI4M): Rosemary Lazier  
McKee Fine Arts Cup: Megan Cheung  
Carolyn Strauss Poetry Award: Ayla Fisk

Heather Hoy Prize for best submission to Samara in Art and Literature: Teagan Jones  
Samara Editor's Award: Jenny Cheetham; Gwen Cowley  
Judy and Margot Toller Memorial Award: Véro Bélanger-Lejars; Jenny Cheetham  
Headmistress Prize for Independent Endeavour: Laura Thurlow



# GRADE 12 AWARDS

Governor General's Academic Medal: Laura Doubleday

University of Toronto National Book Award: Katherine Morrison

Millenium Excellence Awards are given to students who embody four qualities:

Leadership, Community Involvement, Innovation and Academic Achievement:

Millenium Excellence Award (provincial): Hannah McGechie

Millenium Excellence Award (local): Marielle McGovern

Overall Academic Excellence with special mention for Calculus, Chemistry, English, Geometry and Discrete Math, and Physics: Alix Dudley

Overall Academic Excellence with special mention for Biology, Challenge and Change in Society, and Data Management: Alexa Gendron-O'Donnell

Overall Academic Excellence with special mention for Data Management, History and Writer's Craft: Hannah McGechie

Overall Academic Excellence with special mention for Biology, Challenge and Change in Society,

Exercise Science and Data Management: Morgen Smith

Introduction to Int'l Business (BBB4M): Caroline Boyle

Canadian/World Issues (CGW4U): Sara Duplancic

Math - Data Management (MDM4U): Sara Duplancic

Economics (CIA4U): Kaylyn Fraser

French (FEF4U): Eva Hirschfeld; Marielle McGovern

French (FSF4U): Nicola Lightstone

Canadian/International Law (CLN4U): Nicola Lightstone

Challenge & Change in Society (HSB4M): Jessica White

Classical Civilization (LWV4U): Katherine Morrison

Spanish (LWSDU): Genna Giampaolo

Math - Functions & Calculus (MCB4U): Mandy Park

Geometry & Discrete Math (MGA4U): Mandy Park

Biology (SBI4U): Alexandra McClenahan

Chemistry (SCH4U): Deeja Sultan

Physics (SPH4U): Maryam Al-Ali

Elizabeth Davis Prize for English (ENG4U): Laura Doubleday

Theatre Production Award: Kate Meehan, Jessica White

Keary-Taylor Theatre Arts Prize: Rosemary Tross

Philpot Science Prize: Alexandra McClenahan

Outerbridge Cup for Senior Mathematics: Monique Larson

Linda McGregor Technology Award: Sarah Yan

Whitwill History Prize (CHY4U): Laura Doubleday; Katherine Morrison

Wallack Art Award: Katie King

Mitchell Thomas Award: Laura Doubleday

Parents & Friends Association Committee Award: Hannah McGechie

Head of School Prize: Alexandra McClenahan

Philpot Token: Ayesha Basi

Summa Summarum: Katie Bifield

Sports Captain: Laura Kerrigan

Lieutenant Governor Community Volunteer Award: Alix Dudley

All-Round Contribution to School Life: Jessica White

Old Girls House Motto Winner: Kerri Haynes

Admissions Prefect: Marielle McGovern

Arts Prefect: Katherine Morrison

Junior School Prefect: Laura Doubleday

Middle School Prefect: Jessica White

Prefect at Large: Sara Duplancic

FRY: Jaye Appotive

KELLER: Morgen Smith

NIGHTINGALE: Sandra Sharpe; Jade Legault

WILSON: Alexandra McClenahan

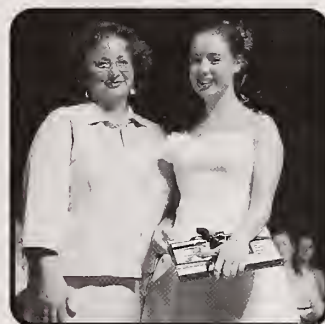
House Cup: Keller (Morgen Smith - House Head)

Duke of Edinburgh Program Gold Award: Katie Bifield

Margaret White Cup: Sarah Yan

The Great Yoi Athletic Award: Katie Bifield

Ewing Cup for Character: Alexandra McClenahan





# FAREWELLS

## THE MCCABES

Two individuals, Mr. and Mrs. McCabe, have been part of the heart and soul of Elmwood for a combined 51 years, and their enthusiastic contributions to all areas of the school have helped to make Elmwood the outstanding place it is today. Mrs. McCabe's Art Room has been a haven of creative expression, allowing students to enjoy a place of belonging and artistic exploration where they were continually greeted with warmth and kindness. Mr. McCabe's history classes welcomed students to consider their place in the world and in the flow of history around them. He encouraged students to analyze critically the explanations presented to them, and to form their own opinions on world events.

Both Mr. and Mrs. McCabe have been ardent supporters of school activities, happy to help with school drama productions (Mr. McCabe even accepted a role in David Copperfield!), the Auction and other fundraisers, and organizing many March Break trips (to such places as Italy, Greece and Egypt). They have spent many hours documenting the daily activities of the school, great and small, with their ubiquitous cameras! The creation of Samara, Elmwood's Yearbook, has been a central responsibility of Mr. McCabe, with the invaluable photographic support of Mrs. McCabe, and the end product has always been an outstanding record of a year in the life of our school!

As these two much-admired teachers embark on retirement and new adventures, they are wished every happiness! Their presence at Elmwood will never be forgotten! -E. Ellison

How do we count the ways the McCabes have contributed to the school?

I guess we start at the beginning and see where it takes us. Having taught up North, Mike and Sarah had unique insight into what it was like to come to live among strangers whose customs and traditions were very different from your own. Their home has been a second home to students from Japan and Thailand. Sarah was one of the driving forces behind our International Night and International Club where students from other cultures could share their experiences as a New Canadian even if it was temporary.

When the McCabes asked, "Can I help?", these were never empty words. Both of these individuals were people we could count on. They listened to our complaints and concerns, offered us good advice, stored our furniture, helped us find apartments and looked after our pets.

They were the backbone of life at Elmwood. They have recorded our school history in Samara taking it from their kitchen table to computer over a span of 25 years. Many of the smiles emanating from those pages were the result of the caring environment they strove to provide. March Break saw them not taking a much earned rest from the kids, but supervising young adolescent women on trips down the Nile, and taking tours of the Parthenon. The McCabe team has prepared and accompanied students to the Student Commonwealth Forum and the Model United Nations for the last 10 years.

We would never know where the girls had gone and what they had done if it weren't for the hundreds of cards and letters they have received from former students every year. Their passion for their subjects and ability to inspire their students helped them to forge a bond that the rest of us could only wish for. All the best in retirement. - A. Rossiter, I. Main and G. Bradley

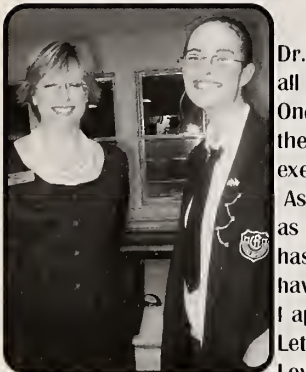
## DR. GEORGE

Dr. Anita George has been an Elmwood fixture for the past seven years and in that time brought an intense love of literature to all of her students! As a teacher of English, Dr. George embraced the teaching of authors from Sophocles and Shakespeare to Ondaatje and Achebe. In addition, she modelled a love of writing by mentoring the Creative Writing club and even composed the script for Elmwood's production (directed by Mrs. Boychuk) of "Imagining the Brontes". During her time with us, Dr. George exemplified a love of the written word, writing her own poetry and encouraging her students to express themselves on the page. As well, she undertook the role of IB Coordinator this year, guiding students through the process of achieving the full diploma as well as certificates in different subjects. Although Dr. George now leaves Elmwood to pursue new adventures abroad, she has left an impression on our students and her fellow staff - her new students will enjoy her teaching as much as those here have done! Best wishes, Dr. George! -E. Ellison

I apologize in advance for not putting this into the proper form, but we are very low on space.

Let us go then, you and I, With our IB marks on the sixth of July, No longer napping upon the table; Let us go, the new elites, Lovers of Eliot, Plath, and Keats, With pins and chains upon our green lapels. The Closing stage is set for fond farewells: We'll fly like commentaries to Cardiff sent (Yes, it was an accident) This leads us to the oft-demanded question...Oh, do not ask 'Where is it? But only if we could visit! The Common Room girls come and go, Talking of Dr. George the pro. The class of brilliant students rubs its back in refrains, The IB English class rubs its muzzle in the refrains, Liked its tongue into the blushful Hippocrene spring, lingered upon the poets' inky stains, Discovering how priceless were the fat Elmwood fees. Slipped by, the year, made a sudden leap, And seeing that it was a cool, rainy June night, We wished we had our Dr. George to keep. Kathryn Morrison and Laura Doubleday.

1991-2005- Recording Memories of  
the Father-Daughter- Thank you





## Mrs. Low

Judith came to Elmwood in 1987 as the teacher first teaching core French in the primary grades. But her musical and creative talents led her to also teach music at the grades 2 and 3 levels.

With her husband's new posting, Judith and her family moved to Geneva from 1991 to 1993 where she was totally immersed in the French culture once again.

Upon returning to Elmwood, Judith continued her role in the French Department teaching various French levels. Along with improvisation and Drama at the Intermediate levels, she taught French to the Junior and Senior Kindergarten students, FSL to beginners in grades 9 and 10, and at one point, she was also a Grade 8 homeroom teacher.

Judith will be remembered as a dedicated teacher whose most important goal was to make French interesting and to make each child successful in the language. The children always came first. She was a very flexible teacher who can teach at many levels and is able to adapt her teaching to the needs of the children. She is extremely creative and has written many plays and songs throughout the years always appreciated by both the students and the staff.

At retirement, we are sure Judith will probably pursue her passionate interest in current events since she already reads 3 newspapers a day and spend more time at the cottage. Her creativity, musical talents and wisdom will be greatly missed by the Elmwood community.

## Mrs. HACKETT

Ms. Hackett was a math teacher for many years at Elmwood, and then moved on to become the head of the math department. She did a great job teaching math to students who struggled with math, and was a help to those who understood as well. Ms. Hackett is a very sweet lady who would often give away her free time tutoring after school, on top of the classes she was teaching. I know that with me, Ms. Hackett was very supportive, patient and an amazing help. She was also a very friendly presence to see in the halls when passing, and was always cheery and there to say hello. It was a real loss for her students to see her go last year. Thank you so much, Ms. Hackett, for all that you gave to Elmwood. It won't be forgotten. - Lisa Cameron

Nuala has been an integral member of the Elmwood community for 19 years. Although she did occasionally teach geography, it was as a math teacher that she will be remembered. She guided many students to success by working with them always with great patience and good humour, humour which often contained a hint of her Welsh background.

She was always seeking new ways to engage students so that they gained confidence.

Nuala joined Elmwood after the youngest of her three daughters, Ali, had begun school. The progress of her family has been closely linked to Elmwood. Claire, her eldest daughter, was a student here for her final year and went on to gain a B.Sc. and a Masters degree; Joanna came to Elmwood as a student teacher, and contributed to school life in many ways, most notably on the soccer field.

Nuala has contributed in so many ways over the years. She always worked to foster the sense of community here through her friendliness to parents, students, and colleagues, both in and out of the school. She was always available when an extra teacher was required to go on a trip or to support sports teams, particularly soccer teams.

She frequently supported extra curricular activities. Whether it was the play, or grade 8 dances or movie night for the robotics team, she was always willing to do her bit.

Her inherent steadiness and good humour were particularly in evidence on one infamous grade 7 trip to Sudbury. I well remember how she helped us to survive many crazy moments and several sleepless nights!

As Head of Mathematics, Nuala was keen to support the needs of all students and did her best to ensure that extra help was readily available. Her candy jar in the Math Office was a popular attraction for teachers and students alike.

She was also the local area Independent School's Representative on the Carleton Ottawa Math Association, and was always ready to learn the latest technology. She encouraged fellow math teachers to attend the local workshops which were arranged through the association. She was also very instrumental in arranging the partnership between Elmwood and the National Research Council, a partnership which continues to flourish.

Nuala retired from teaching last summer to move to Edmonton with her husband, Peter. She is busily exploring her new environment and enjoying the freedom to travel, one of her favourite pastimes. We wish her good health and happiness in her new adventures. -J. Boyd

## Mrs. BEGIN

Kathryn arrived at the Elmwood Senior Library in 1999 after a long and successful career at the Carleton Board of Education. She is one of those rare people who not only hold a Masters in Library Science but are also qualified teachers. She spent her first few days at Elmwood teaching us all to say Begin, 'as in start' rather than *Bégin*, à la français.

Kathryn's knowledge of computers was extensive and she quickly made herself comfortable with Elmwood's system and the needs of the laptop programme. Within a few months she started to work on a website to provide library resources on the school network, for students and staff throughout the school.

As Head of Libraries she supervised the move of the Junior Library to the new Junior School. But certainly the most challenging task for Kathryn was to create the new Senior Library. Teaching space was necessary but quiet study places were needed too. Every detail was important including stacks for books and tables for library computers. Last fall the Library was opened and it is indeed an impressive place. It will be a lasting reminder of this extraordinary Renaissance woman.

Kathryn plans to spend time traveling with her husband Terry as well as exploring her many and varied interests. In the summer she will most likely be found on the golf course. We all wish her well in her retirement! - C. Clubine and C. Blackadar

## Ms. POTTER-MAL

Teaching is the best profession ever when you're passionate, open-minded, and ready to embrace new challenges every day! Tonia moved to Ottawa in 2001 and started teaching in the Middle School English and Drama. In 2003, she accepted a position in the Junior School to teach gr. 5 homeroom. While teaching full time, she managed to complete her master degree in Leadership at Columbia University. This was quite an accomplishment considering her busy schedule. Since at Elmwood, Tonia has coached Track and Field (gr. 7 and 8), Improvisation Club (gr. 7 and 8), was an assistant coach with the Debating Team in gr. 8, and has taught Step-Dance from gr. 5 to 10. She also assisted with Talent Night, Alpine skiing excursions and the Sponsorship program for a family at Christmas, and finally the gr. 8 Career Day.

The students think that Ms. Potter-Mal is very funny, energetic, personable and creative. They enjoy her original projects and feel comfortable talking to her when they have a problem. She teaches to the individual and is very flexible. The other teachers think that she is very organized, offers structures and teaches useful learning skills. She is up to date with current research and her coworkers admire her dedication to her studies and teaching. She will be greatly missed at the Wednesday breakfast club by her close friends.





# KATE BIFIELD: HEAD GIRL

I've had so much fun being your Head Girl this year, it's too bad it went so quickly. However in a mere 10 months or so we have managed to squeeze in everything from pumpkin carving to "magical nights". The school has seen everything from magicians to musicians. This year we've have an excellent balance between successful new initiatives and favourite traditional events. Thank you to everyone that made this year what it was; unforgettable.

Thank you to the prefects of 2005, I hope you've all had as much fun and learnt as much this year as I have. I couldn't have asked for a more supportive, more original or creative group to work with. Together we have organized over 40 events since the beginning of the school year, and the end results have always been worth the stress, wouldn't you agree? (The JazzFest wasn't included in that 40 by the way). Thank you to all the students that continuously turned up at every event we organized whether it was the weekly house games or the annual house events. An event is not an event without an audience or a crowd there to enjoy it. Thank you to all my teachers, you really have made this a great place for me to come to school! Mum and Dad, Thank you for everything from letting me try anything I wanted then carting me around to keep up with my ridiculous schedule to listening to all my crazy ideas and being enthusiastic about helping me get them started. I appreciate you letting me make my own decisions but teaching me to fight for what I believe in. Thank you for letting me be independent but always being one step behind me for support. And dad, I agree; I am lucky to have you two as my parents.

To the Grads of 2005, Good luck in the future, I'll miss seeing you everyday next year, keep in touch and I'll see you all at the twenty year reunion to dig up that damn time capsule. Being Head Girl has been on of the most remarkable experiences of my life. I hope in 40 years I remember everything as vividly as I do now because I've experienced so much here that I would never want to forget. When I look back at my seven years, it's amazing to think of all the things I've had the opportunity to do, Thank you to everyone for being apart of it. I really will miss every aspect of Elmwood, so to everyone still here; enjoy what Elmwood has to offer, you'll be sad when it's your turn to leave it all behind. Kate

Ms. McCormack, members of the board, Mrs. Spence, Mrs. Szymanski, Mrs. Moffat, Mr. McPhie, Staff, Students, Parents and Friends of Elmwood -- good evening. It is my pleasure to speak on behalf of the graduating class of 2005. Whether we have been at Elmwood since grade 1 or grade 11, we all share the same feelings of excitement and anticipation about sitting before you tonight -- and receiving the diploma that will -- a) -- Allow us to move on with our lives and -- b) -- Finally give us permission to wear what we want. After being apart of this grade for seven years and hearing the opinions of many of our teachers I can confidently share with you the characteristics of this class. We are described as being uniquely supportive of each other: a group that demonstrates a heartfelt interest in the needs of others. We are described as being a class of quiet leaders. We are described as being hard working, gifted, yet exceptionally bright and animated and most of all we were described as being a diverse and well rounded group. We've had students head off as far as Honduras and Peru to offer a helping hand any way they could. There are a numbers of girls who are heavily involved in a variety of the arts whether it is visual, design, theatrical or music. Every year these students have lit up the stage during our annual play and sung their hearts out at numerous concerts and recitals. Many of the girls up here tonight have spent much of their high school years participating in sports; we've got classmates that are involved in everything from archery to water polo. And trust me; we've got the scratches, bruises and stories to prove it. For me personally, and I'm sure many of my classmates would agree, Elmwood has been about providing self confidence through unique opportunities. --Elmwood has taught us, whether we realize it or not, to aim for our personal best each time. Girls at Elmwood are never shy to voice their opinions, I'm sure that not one of us have ever thought twice about raising our hand in class to express an idea or to engage in discussion or even to ask a question. As we get to the end of this chapter in our lives, some of the most frequently asked questions are: what are you doing and where are you going next year? And what do you want to do with your life? Well, it's fair to say that the majority of us don't have a 5 year plan yet, but when asked what we want to do, we are never shy or embarrassed to share our ambitions and goals, whether it is to be an Astronaut, a Doctor or an Actress. Nothing seems unattainable to an Elmwood girl. There are more choices and opportunities at Elmwood then one can imagine, it would take more then the four years of high school to experience everything. It's almost impossible not to get swept up in the Elmwood spirit somehow. Even the most unlikely characters have been seen parading round the halls with a giant K, F, W or N painted on their faces. The many activities that we involve ourselves in here sometimes feel like the more important aspect of school life. To an outsider, it might appear that we spread ourselves too thin, but it has always seemed that the girls who are the most involved are the ones who excel in all aspects of their extra curricular and academic life. These programmes not only enrich our lives and bring education out side of the class room; they bring US, the students, closer together. Our grade has literally climbed mountains together. We have bonded through long bus rides, tiring hikes and after school meetings that go way in to the night. We've traveled together to Washington, Halifax, Montréal and Québec city to lead in political conferences, Duke of Edinburgh expeditions, plays, drama festivals and athletics.

None of these opportunities would have presented themselves to us without the hard work and dedication of the Elmwood Staff. Let's be honest, it's not the day to day class work that we are going to remember in 20 years, it's the little bit extra that everyone puts in to make our time here as valuable and enjoyable as possible. This year has taught us just how quickly time can fly. When you spend the whole year looking forward to the next big event, time seems to pass at an uncontrollable speed. Twenty years seems like a lifetime away to us, especially since none of us are 20. But in that time any one of these girls could be performing open heart surgery or making decisions that will affect national and international politics. All of these girls are absolutely exceptional and the adults in the audience tonight should know that the future of this country is in good hands. To the prefects of 2005, you made this year what it has been, event after event you were always there to support. These girls were never limited by the title of their position. Together we organized over 40 entertaining and successful events, and the last thing I'll ask of you is that you'll catch up on some badly needed sleep. To Mrs. Spence, Thank you for being supportive by coming to all our school events and working with the prefects to keep our school traditions alive. Good luck next year, especially when it comes to working with the new prefects to maintain the balance that we created between successful new initiatives and favourite traditional events. To Ms. Moffat, we have learned about and shared this year together. For many of us, Ms. Moffat was our middle school gym teacher, or our coach or even our grade 8 and 9 English teacher. It has made the world of difference to have someone so familiar to work with this year. Thank you for everything you have done for the school, it's been a pleasure working with you. To Mrs. Szymanski, your calm, caring and thoughtful nature is what makes students feel so relaxed in your presence. Your Academic support has been essential and much appreciated by all the graduates. To the teachers; thank you for giving so much to your students. Your dedication and commitment, both within and outside the class room are deeply appreciated by all the students and their parents. You make this a great place to come to school. On behalf of the whole student body, I would like to extend an extra warm thank you to Mr. and Mrs. McCabe; you will be greatly missed by everyone here at Elmwood. You have had a huge impact on all the students, teachers and parents you have met here in your 26 years. You are the perfect recipients of the Carol Kirby Award for Teaching excellence. These are two of the nicest most caring individuals that one could meet. The passion, enthusiasm and knowledge you bring to the class and art room as well as the extra effort you have always put in for the school is what makes you stand out. The school will seem bare without you. To our coaches, everyone that attended the sports banquet will know what a huge influence the coaches have had on their athletes.... Thank you for treating us like family. To all our parents, thank you for giving us the opportunity to experience so much together. The amount of driving you've done, The hours you've spent waiting in the car park and the number of cheques you have written over the years deserves huge amounts of recognition...Thank you Mum and Dad, I managed to find 1 563 words to put this speech together, but no combination of letters managed to adequately express how much I appreciate everything you have done for me. I'm going to miss you so much next year! To next year's head girl; Sarah Buchan, congratulations! Enjoy the year and make the most out of everything. You won't believe how quickly it's gone when you're making this speech next year. Tonight is bittersweet for all of us, while we anticipate and look forward to whatever the future has to bring we also leave behind everything that is familiar and comfortable to us. It's going to be strange not knowing what's at the end of each corridor or around every corner. But just as we did at Elmwood, in time we will grow into -- and then out of -- our universities and then be ready to move on to the next stage in our lives. Wherever life takes you make sure it makes you happy. Remember that the best road is not always the one that leads us to wealth and fame, or to someone else's expectation. The best road will lead you to personal self fulfillment -- and happiness and it can only be taken by working hard at something you truly enjoy. Do not strive for success solely for success's sake. Discover what you truly want to do and just do it. So no matter if you are leaving Elmwood until tomorrow, until September or until the next grad reunion, I wish you all the best of luck and a life time of happiness. Thank you and goodnight

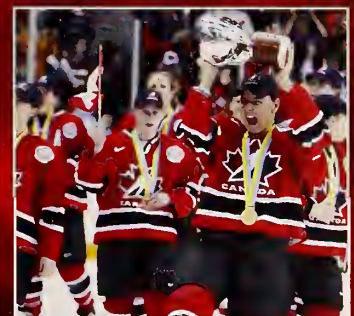
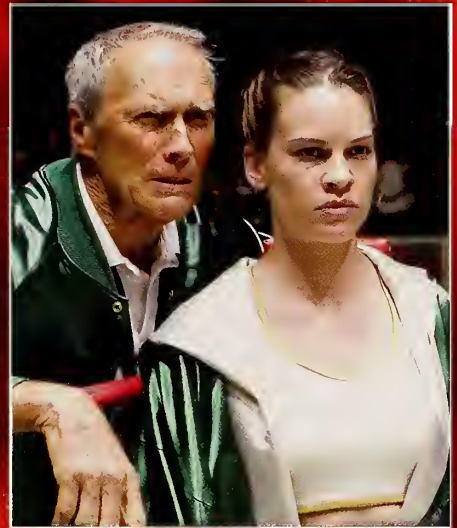




# The Canadian Memory Capsule

MACLEAN'S  
CANADA'S WEEKLY  
NEWSMAGAZINE

2004  
2005



**Friesens**  
The Yearbook Company



# World Events



(MACLEAN'S/Peter Breggi)



(MACLEAN'S/Peter Breggi)



(AP/Gemunu Amarasinghe)

**BEYOND WORDS.** More than 250,000 people—mostly women and children—were swept to their deaths in one of the greatest natural disasters in world history. An undersea earthquake in the Indian Ocean measuring 9.0 on the Richter scale created a tsunami that devastated the shores of Indonesia, Sri Lanka, South India and Thailand with waves up to 15 metres high. Some 200,000 alone died in Banda Aceh, Indonesia (above).

The tragedy also resulted in a global outpouring of support—with \$7 billion, including \$425 million from Canada, pledged by public and private sources worldwide. Two months after being found in the debris left behind in the tsunami's wake on a Sri Lankan beach, a four-month-old boy nicknamed Baby 81 (centre inset) was reunited with his parents. Eight couples had claimed the baby as their own, and the dispute went to court while the infant remained in a hospital. Finally, his birth parents gained custody by proving through a DNA test that he was their child.



**END OF AN ERA.** There's no question that Pope John Paul II was one of the most influential leaders in the 2,000 years of the Catholic church. In his 26 years at the helm, before his death at 84, the first Polish-born pontiff helped bring down Communism in the Soviet bloc and stayed true to his socially conservative views. Because of his charisma, John Paul became a cultural icon and was well-known for reaching out to youth, travelling to Toronto for World Youth Day in 2002, just one of three official visits to Canada, ranging from Fort Simpson, N.W.T. to St. John's, Nfld. (AP/Gregorio Borgia)



**A FRAGILE PEACE.** There may be some hope for the beleaguered people of Sudan. A deal between the northern Islamic government and southern rebels may end 21 years of civil war. There is even hope that the deal might help those in Sudan's western region of Darfur, where 70,000 people have died from war-related diseases and hunger and another two million have fled their homes since 2002. The UN has called the Darfur situation the "world's greatest humanitarian crisis." (AP/Karel Prinsloo)





**THE ORANGE REVOLUTION.** His enemies tried to stop him with poison and ballot-stuffing, but Viktor Yushchenko ultimately triumphed over Ukraine's authoritarian regime. Backed by a spontaneous people-power movement that brought millions to the streets, Yushchenko—his face disfigured by 6,000 times the normal level of dioxin—led the fight to nullify a fraudulent presidential election and win the run-off campaign. (AP/Danko Vojinovic)



**THE FACE OF TORTURE.** The world was shocked at the photos of Pfc. Lyndie England and other U.S. military personnel gleefully humiliating and torturing Iraqi inmates at the Abu Ghraib prison near Baghdad. The Pentagon denied condoning the treatment, and though England's fate is still to be determined, several others involved have received prison time. (AP/Chuck Burton)



**THE STRUGGLE FOR DEMOCRACY.** Iraq's post-war election was deemed a success, even though about 40 people were killed in bombing attacks while trying to get to the polls. But the violence didn't discourage eight million Iraqis from choosing their first elected leaders in more than half a century. Meanwhile, the near daily acts of terrorism continue as about 1,500 U.S. troops and tens of thousands of civilians have died since the invasion in March 2003. (AP/John Moore)



**NO HANGING CHADS THIS TIME.** Following one of the most bitter election campaigns in U.S. history, George W. Bush (with wife Laura, above) was re-elected president with 51 per cent of the vote, beating Democrat John Kerry. Despite his widely unpopular war in Iraq, Bush persuaded Americans not to change captains in the midst of a storm. (AP/Pablo Martinez Monsivais)



**FIT FOR A PRINCE.** Prince Charles wed long-time girlfriend Camilla Parker Bowles, ending years of speculation about the couple's future. Their relationship, which dates back to 1970 when both were in their early 20s, was described by Diana, Princess of Wales, as a contributing factor in her divorce from Charles. And although the royal family, including Charles's sons, gave its blessing, there's a catch. If Charles becomes King, divorcee Camilla will not be called Queen, but Princess Consort, instead. (AP/Tim Ockenden)



**CLASSROOM HORROR.** Terrorists seem to have no depth to their evil. Just as classes began last September in southern Russia, heavily armed Chechen militants took hostage more than 1,100 people, most of them children, in a local elementary school. Demanding independence for Chechnya, where Russian forces are involved in a bloody conflict with separatists, they terrorized their hostages for three days. In the end, 27 of the 30 hostage-takers were killed (the other three were arrested) but 330 people, including 186 children, died in a hail of gunfire. In February, a group of 16 surviving teenagers took a two-week holiday in Canada, paid for by Russian emigrés. (AP/Sergey Ponomarev)



**FREE AT LAST.** Now that her five month prison sentence for obstructing justice is behind her, Martha Stewart is trying to repair her battered image with several TV projects—including an *Apprentice*-type show produced by *Survivor* creator Mark Burnett. (AP/Mary Altatter)



**TRANSFER OF POWER.** Until his death last year at 75, Palestinian Authority President Yasser Arafat struggled to secure a homeland for his people. Although considered by Israelis and the Bush Administration as a terrorist roadblock to peace, Arafat was awarded the Nobel Peace Prize in 1994. Mahmoud Abbas was elected to replace Arafat and pledged to curtail violence in his quest for a Mideast peace. (AP/Muhammed Muheisen)



# Canadian Events



## CANADA'S MORAL AUTHORITY.

Louise Arbour stepped down from her lofty position as a justice with the Supreme Court in Ottawa and moved to Geneva to head the UN War Crimes Tribunal. Arbour has since taken full advantage of having the ear of the world's most important leaders and taken on the rich and powerful—speaking out against alleged human rights violations by the U.S. in Iraq and Russia in Chechnya. (AP/Martial Trezzini)



**ELECTION RESULT: UNCERTAINTY.** Liberal Prime Minister Paul Martin survived a close call, turning the majority he inherited into the first minority government since Joe Clark took office in 1979. After more than a decade under Jean Chrétien, many voters switched to the Conservative Party of Canada under Stephen Harper, but he failed to make the major breakthroughs in central Canada necessary to form a government. (CP/Tom Hanson)



**THEY NEVER HAD A CHANCE.** What began as an attempt to repossess James Roszko's pickup truck turned into a bloodpath that moved the nation when he opened fire at his Mayerthorpe, Alta. farm, killing four young RCMP constables (from top: Peter Schiemann, 25, of Petrolia, Ont.; Lionide Johnston, 32, of Lac La Biche, Alta.; Brock Myrol, 29, of Outlook, Sask. and Anthony Gordon, 28, of Edmonton) before taking his own life. Roszko had a long history of terrorizing his neighbours, and his farm was found to hold stolen auto parts as well as a small marijuana grow operation. The tragedy is the single worst killing of RCMP officers since the Northwest Rebellion of 1885. (RCMP/HO)



**LONG OVERDUE.** After winning his second term, George W. Bush finally found time to visit Canada. The trip, to Ottawa and Halifax, was clearly an effort to mend ties between the two countries, strained when Canada did not support the U.S.-led invasion of Iraq. At one point, Bush joked that he had a vision of "two prosperous, independent nations joined together . . . by the return of NHL hockey." (CP/Andrew Vaughan)





**HAPPY 100TH BIRTHDAY.** In the lead-up to the province's centennial, Alberta premier Ralph Klein announced that his government had eliminated the public debt. Despite that historic achievement, Klein's Progressive Conservative majority was reduced by 12 seats in the November 2004 election, and his own popularity dropped for the first time. Saskatchewan also celebrates its centennial in 2005, but there are no signs that Premier Lorne Calvert will go to the polls. (CP/Jeff McIntosh)



**LIBERALS ON THE DEFENSIVE.** Paul Martin took the stand at the Gomery inquiry into the Liberal sponsorship fund scandal, marking the first time since John A. Macdonald that a sitting prime minister testified publicly at an inquiry. Martin defended his record just days after former prime minister Jean Chrétien did the same before justice John Gomery (above). Since taking office, Martin has been plagued by an auditor general's report revealing that the sponsorship fund, set up to promote federalism in Quebec after its 1995 referendum, channelled \$100 million of advertising money to companies with close Liberal ties. (CP/Tom Hanson)



**PUBLIC OR PRIVATE?** Although considered one of the best health-care systems in the world, Canada's has no shortage of problems. Wait times for major surgeries and rapidly increasing costs are a couple of the issues that have the provinces knocking on the federal government's door for more cash. And although Paul Martin thinks he saved the day with a \$41 billion, 10-year injection, others say major reforms, including some private sector involvement, are still needed. (CP/J.P. Moczulski)



**DEADLY FIRE BELOW.** Our military continues to make news, much of it bad. On its maiden voyage, two electric fires erupted inside the submarine HMCS Chicoutimi, leaving it without power and adrift in the North Atlantic. One crew member died from injuries suffered in the fire. (CP/Frank Gunn)



**CHEATERS BEWARE.** A metallic holographic stripe, a watermarked portrait, a colour-shifting thread woven into the paper and a see-through number are just a few of the latest ways the Bank of Canada is trying to fend off counterfeiters. So far, the \$20, \$50 and \$100 bills have been fitted with these latest advancements and, for the time being at least, shop owners are breathing easier. (CP/Jonathan Hayward)

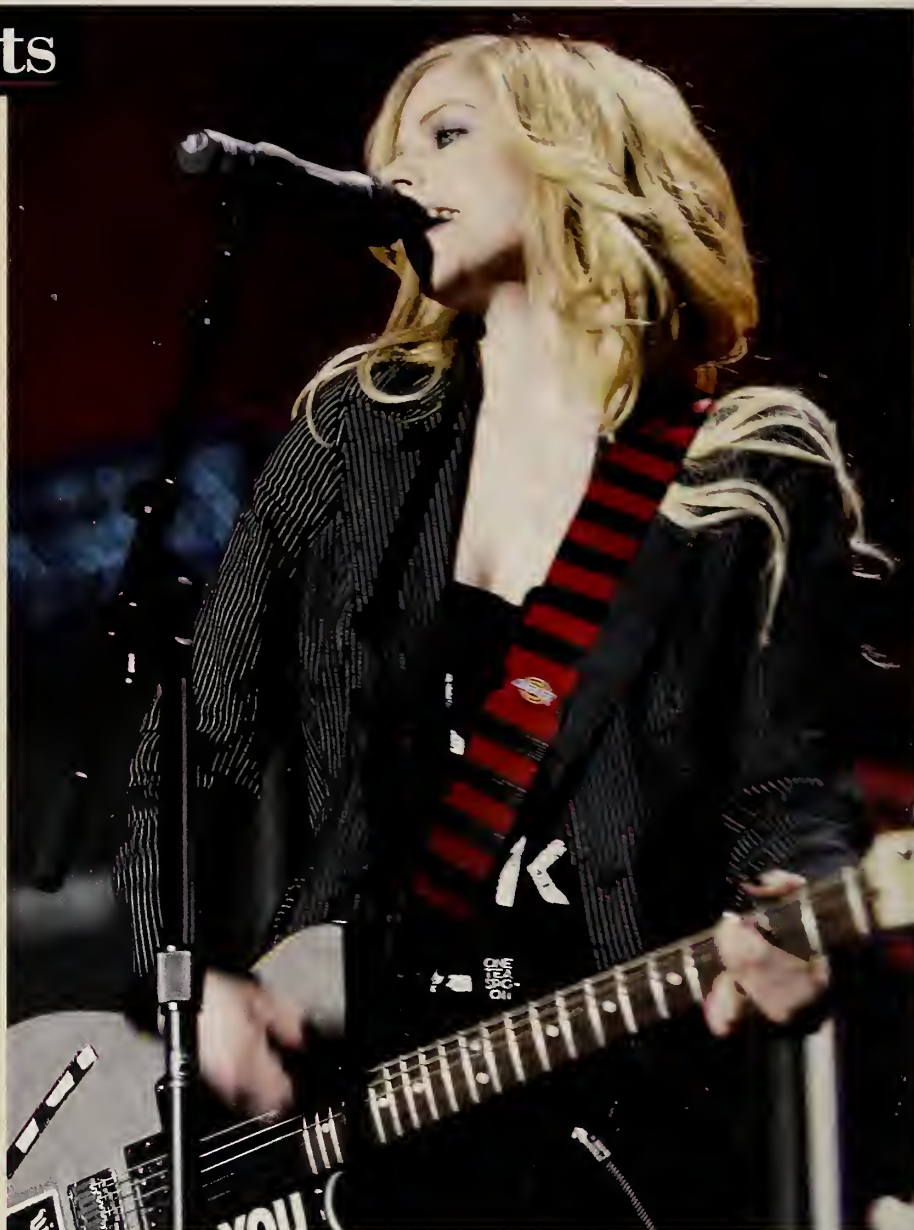


# Canadian Events

**A HELPING HAND.** Canada's small, but powerful entertainment community stepped up to the plate, raising \$7 million in two high-profile events for tsunami victims. Some of the big name acts who took part included Sarah McLachlan, the Barenaked Ladies and Avril Lavigne (right). Brent Butt and Rick Mercer hosted CTV's event from Vancouver and Ron MacLean presided over the CBC special in Toronto. (CP/Richard Lam)



**A MORAL DILEMMA.** The issue of same-sex marriage is splitting the nation. The Supreme Court of Canada ruled that Ottawa has exclusive jurisdiction to decide who has the right to get married—but made clear that religious groups are not obliged to perform unions against their beliefs. Courts in seven provinces have okayed same-sex unions, saying they are guaranteed under the Charter of Rights and Freedoms, but Conservative Party Leader Stephen Harper is leading those from all parties opposed to the idea. (CP/Jonathan Hayward)



**LIGHTS OUT.** A harsh storm swept through Nova Scotia in November, tearing down power lines and leaving more than 100,000 people in the dark for two days. The public blamed Nova Scotia Power for the outages, saying it failed to improve the province's grid after similar problems affected the East Coast in 2003 when the high winds of Hurricane Juan hit the shore. (CP/Andrew Vaughan)





**A GOOD TIME TO REBRAND.** Decked out in Air Canada's new midnight-blue uniform, Céline Dion welcomed back the country's biggest airline from 18 months in bankruptcy protection. Dion is a major part of the carrier's new image, including the use of her song, *You and I Were Meant to Fly*, as part of the ad campaign.

(CP/Frank Gunn)



**MORE TEENS IN THE PEWS.** A study by Alberta's University of Lethbridge indicates that church attendance is up by as much as five percentage points since the late 1990s. The most intriguing data is that, after years of decline, one of the largest increases occurred among Canadians between the ages of 15 and 19. Nearly one out of four teens surveyed say they attend church—a return to the level of 20 years ago after a dip to 18 per cent.

(CP/Kevin Frayer)



**FALL OF A TITAN.** Things aren't looking very good these days for Conrad Black and his journalist wife, Barbara Amiel. Lord Black's own company, Hollinger International Inc., once one of the world's leading newspaper publishers, accused him of running a "corporate kleptocracy" in which he and other high-ranking officials allegedly siphoned more than US\$400 million from the company's coffers during a seven-year stretch. To add insult to injury, he was forced out as Hollinger chairman and now faces U.S. civil fraud charges.

(CP/Kevin Frayer)



**GOODBYE TO A LEGEND.** Pierre Berton devoted his life to making our history accessible and popular. One of Canada's most prolific writers, he wrote 50 books in 50 years—the most influential of which were *The National Dream* and *The Last Spike* about the building of the transcontinental railroad. The CanLit heavyweight died of heart failure at 84.

(MACLEAN'S/Peter Bregg)



**BUTTING OUT.** Canada may soon become the world's first smoke-free nation. So far, New Brunswick, Manitoba, Saskatchewan, Northwest Territories and Nunavut have widespread bans while others such as Ontario and Nova Scotia plan to institute them. Non-smokers are enjoying the fresher public air, but bar owners complain that they're feeling the pinch.

(CP/Tobin Grimshaw)



entertainment

USH

(ABACA/DaBla VarStory)



## THE NEW KING OF POP.

With his idol Michael Jackson dealing with courtroom issues, Usher has stepped up and become the world's hottest pop music artist. The three-time Grammy Award nominee (including album of the year) is also looking to branch out and make a name for himself on the big screen, with a starring role in the romantic comedy, *Dying for Dolly*.



**THE YEAR OF RAY.** Soul legend Ray Charles, who died at 73 in June 2004, must have been smiling down on the Grammy Awards in L.A. The night included several tributes and eight posthumous Grammys, including album and record of the year for *Genius Loves Company*. The CD's big hit was his collaboration with Norah Jones, *Here We Go Again*, which won the Grammy for best pop collaboration. (AP/John Bazemore)

LIFE



**LIFE'S LESSONS.** Kanye West has come a long way back from a horrible car accident that almost took his life in 2002. Last year, the L.A.-based DJ/producer (Jay-Z and John Legend) released his debut CD, *The College Dropout*, which earned him 10 Grammy nominations and three awards—rap album, rap song and R 'n' B song. (AP/Reed Saxon)



## A SOULFUL SONGSTRESS.

A classically trained pianist, Alicia Keys (left) took home four Grammy awards, including Best R 'n' B album for her *The Diary of Alicia Keys*. And her duet with childhood friend Usher (*My Boo*) hovered near the top of the charts for most of 2004. (AP/Reed Saxon)



**ALL GROWN UP, SORT OF.** Proving that her Sk8er Boi days weren't a fluke, Avril Lavigne (above) came back with *Under My Skin*, earning herself a Much Music Award for favourite Canadian artist. On the personal side, Lavigne generated some buzz in the fall when rumours swirled that she was engaged to her boyfriend, Sum 41 frontman Deryck Whibley. For now, at least, the story has been denied, but Whibley is still in the picture. Stay tuned. (INFGoff.com/Dara Kushner)



**WANT TO LOOK LIKE HILARY DUFF?** Then shop at Zellers, which carries the pop star's clothing line, Stuff by Duff. Thanks to a loyal following among the tween and teen-girl set, Hilary's wholesome movie and music careers are taking off. Mothers and fathers don't seem to mind. In fact, they love the fact that Duff is the anti-Britney. (INFGoff.com/Dara Kushner)





#### ROCKING FOR A FREER WORLD.

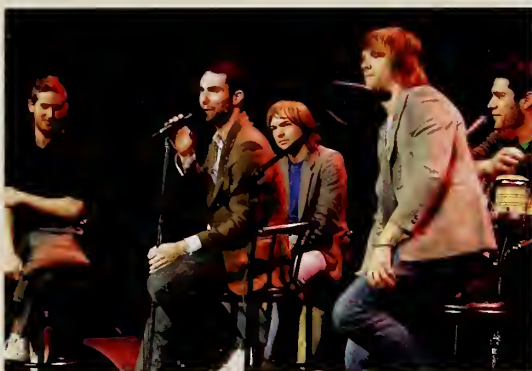
More than two decades into their career, U2 is as good as they've ever been. *How to Dismantle an Atomic Bomb* earned the Irish rockers three Grammy Awards—including best rock song (*Vertigo*). And front-man Bono continues to be a thorn in the side of Western world leaders, as he fights for the rights of those suffering in developing nations.

(AP/Kevork Djanssean)



#### AT LEAST THEY'RE GETTING SOME—RESPECT.

Simple Plan's sophomore CD, *Still Not Getting Any*, earned the Montreal rockers Much Music's People's Choice Favourite Canadian Band, as well as a pair of MTV Music Award nominations. Then again, their appearance in the largely ignored Mary-Kate and Ashley Olsen flick *New York Minute* (2004) explains why it's hard for them to get any street cred. (Everett Collection/S.Sarac)



**GIVE ME THE FUNK.** Maroon 5, a soulful L.A. band, exploded on to the music scene thanks to a couple of tunes from their debut CD, *Songs About Jane*. Their first single, *This Love*, helped to earn the group a Best New Artist award at the 2004 MTV Video Music Awards and the Grammy for best new artist. (ABACA/Debbie VanStory)



**MAKING AN IDOL.** Canadian Idol Kalan Porter started out as contestant #7039. The end result: *219 Days*, his debut CD, which tells the story of Kalan's rise from life as a ranch hand on the family farm in Medicine Hat, Alta., to a pop singer with a smooth voice and curly hair that drives the girls crazy. (CP/Frank Gunn)



#### STAGE FRIGHT—OR SORE THROAT?

Not willing to let her big sister Jessica hog the spotlight, Ashlee Simpson landed her own MTV reality series, *The Ashlee Simpson Show* and released her debut album, *Autobiography*. But the Texas-born singer also gained notoriety when she was caught lip-synching on *Saturday Night Live*—a mishap blamed on a medical condition known as acid reflux, but one that left many viewers asking for a doctor's note. (ABACA/Khayat-Vlasic)



**GETTING IT STARTED.** Thanks to a breakdancing background, the members of Black Eyed Peas have the fanciest feet in the music business. Although they formed in 1995 and subsequently released two albums, it wasn't until 2003 when they added Fergie, a sharp-tongued vocalist, and released *Elephunk*, which earned them a Grammy, did they become international sensations. (ABACA/Hahn-Khayat)



**PUNKS WITH A HEART.** Sure they scream their heads off like maniacs, but the guys in Billy Talent have hearts of gold. The Toronto-based rockers donated \$1 to the Kids Help Phone Line every time their song *Nothing To Lose* (a song about kids who feel disconnected from the world) played on radio or on TV in October—raising more than \$3,000. That works out to nearly 100 plays a day, or four times an hour. (CP/Aaron Harris)

### TOP 10 ALBUMS FOR 2004

	TITLE	ARTIST
1.	CONFESSIONS	USHER
2.	SPEAKERBOXXX/THE LOVE BELOW	OUTKAST
3.	CLOSER	JOSH GROBAN
4.	THE DIARY OF ALICIA KEYS	ALICIA KEYS
5.	FEELS LIKE HOME	NORAH JONES
6.	FALLEN	EVANESCENCE
7.	SHOCK'N' Y'ALL	TOBY KEITH
8.	IN THE ZONE	BRITNEY SPEARS
9.	THE VERY BEST OF SHERYL CROW	SHERYL CROW
10.	WHEN THE SUN GOES DOWN	KENNY CHESNEY



# Lifestyles



**NOW ANYONE CAN BE A WRITER.** Personal Web blogs are now all over the Internet as people, from journalists (above) to just folks, share every detail of their life—regardless of how inane—with anyone who will read it. And marketers are getting into the game as well, trying to post ads on popular blogs to take advantage of the Web traffic.

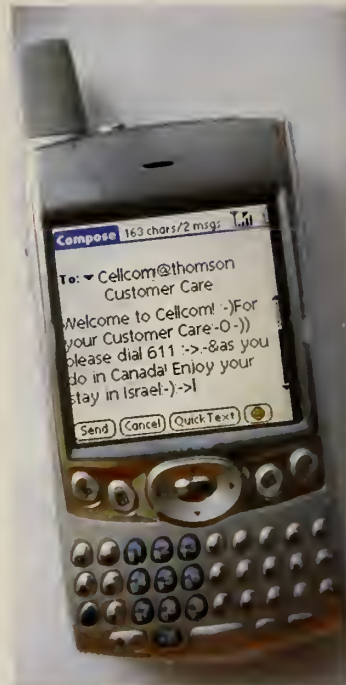
(AP/Lauren Burke)



**IT'S NOT JUST ABOUT THE MUSIC.** Thanks to the incredible popularity of Apple's iPod (8.2 million were sold worldwide last year), many big-name designers—including Gucci and Burberry—have created accessories for the music player, including stylish cases, some costing more than \$250. You wouldn't want your music player to be underdressed, would you? (AP/Paul Sakuma)



**WHAT ABOUT AN EAT EVERYTHING DIET?** That seems to be the only diet fad nobody's tested yet. On the roller coaster of get-thin, weight-loss schemes, many dieters have tried just about everything, including the Atkins pro-carb diet, the South Beach high-fibre diet and the Green Tea diet. Donuts anyone? (AP/L.G. Patterson)



**PLEASE HOLD, I HAVE TO TAKE A PICTURE.** It's a wonder how we got by when cellphones only made and took calls. Now, they snap pictures, text message, surf the Web and allow us to play games. This, of course, isn't without consequences. Spam has become a major problem, and the extra cell features offer even more of a distraction than a normal conversation. (MAGLEANS/Peter Bregg)



**A BLAST FROM THE PAST.** Before many of you were born, teenagers used to play Pac-Man at the corner store, in bowling alleys and at the local arcade. Now, you get a chance to see what all the hype was about, thanks to the retro, plug-and-play joysticks which hook into your TV and transport you into the 1980s. (AP/Richard Drew)

**FOLLOWING THE STARS.** Spurred by celebrities (most notably Ben Affleck and Tobey Maguire) trying to draw inside straights and a series of high-stakes TV tournaments, poker has become the new hottest thing. The game, once a favourite among cowboys and Second World War soldiers, has also heated up on the Internet. (PA/Phil Noble)





**WITHOUT A LITTLE HELP FROM HIS FRIENDS.** There is life after *Friends*. Matt LeBlanc (left) has moved from New York to L.A. to star in his own show, *Joey*—and his fans followed. The series, which won the People's Choice Award for Favourite New Comedy and Favourite Male Television Star, is also a big Hollywood break for Toronto-native Paulo Costanzo (middle), who plays Joey's geeky nephew Michael. (NBC Universal/Mike Ansell)



**ISN'T HE RICH ENOUGH ALREADY?** Donald Trump just won't go away. His vanity project, *The Apprentice*, returned for a third season with a changed format, pitting Ivy League nerds against a group of "street smart" entrepreneurs. And the Donald, who can't get enough of himself, has also increased his empire with a board game, cologne and even talk of a Broadway musical about his life. Will someone fire him, already. (AP/Jeff Roberson)



**SUPERMAN'S DEAD?** Don't tell Tom Welling, who plays a very young Clark Kent on *Smallville*—the latest TV interpretation of the comic book superhero. While Kent tries to harness his powers and keep his Superman identity secret, he also struggles with some very teenage problems—especially how to deal with his crush for Lana Lang (Kristin Kreuk). (Warner Bros./AP)



**HEY JOAN, GOD'S ON LINE ONE.** Sure she's just a teenager, but Joan Girardi (Amber Tamblyn, second from left) has a direct line to God in the People's Choice Award-winning drama *Joan of Arcadia*. She answers the man upstairs by doing the good deeds he instructs, but she never really knows if maybe she's just gone crazy. (AP/Reed Saxon)



**DO YOU SEE A FORMULA?** The award-winning Crime Scene Investigation franchise continues to grow as *CSI: New York* (Gary Sinise, left) joins the original *CSI* (William Petersen and Marg Helgenberger, right) and *CSI: Miami* in the battle for best small-screen forensics team. Won't be long before creators start thinking about another spinoff. *CSI: Halifax*, perhaps?



**DAD LOVES YOU MORE.** On *One Tree Hill*, basketball teammates and school rivals Lucas (Chad Michael Murray, second from left) and Nathan (James Lafferty, sitting) struggle with the fact that they're actually step-brothers. Off the screen, things aren't so complicated. Murray and co-star Sophie Bush (far left) got engaged last year. (Warner Bros. Photo/AP)



**BUTT OF THE JOKE.** Relying on whimsical, small-town observations, Brent Butt has turned himself into Canada's hottest comic. More than 1.5 million people are tuning in every week to *Corner Gas* (the most watched sitcom in Canada) to watch Butt play Brent LeRoy, a witty gas station owner in the fictional town of Dog River, Sask. (CTV Photo)



**A TRUE DOUBLE AGENT.** It's incredible that Jennifer Garner (right) has any time for her role as Sydney Bristow on the award-winning spy drama *Alias*, considering she's now a bona fide movie star (*Elektra*). Not to mention her role as one-half of "Benifer," with boyfriend Ben Affleck. (AP/Virginia Lee Hunter)



**CALIFORNIA, HERE WE COME.** Like all previous teen dramas (think, *Beverly Hills 90210*), the *O.C.* proves there's nothing better than watching a group of 20-something actors play rich teens in constant turmoil. At least, the kids from Orange County, Calif., have a great sense of humour—and fashion. (FOX/J. Viles)



**MORE THAN JUST A PRETTY FACE.** That's the goal of *Extreme Makeover*—a reality show that goes past the traditional makeover of a new haircut, a bit of lipstick and a new closet full of clothes. Sadly, participants go through major surgery—from dental to reconstructive—to "improve" themselves. (ABC TV Photo)



# Movies



**INSIDE THE MIND OF A GENIUS.** To better understand what life was like for Ray Charles, Jamie Foxx—the year's most buzzed-about film star—kept his eyes sealed shut all day on the set of *Ray*. It certainly paid off, and he won an Oscar as best actor as a result. Fans and critics were blown away with Foxx's portrayal of the mercurial music legend, who died just months before the movie's release. (AP/Reed Saxon)



**FLYING HIGH.** Leonardo DiCaprio proved he's more than just a pretty face, masterfully recreating Howard Hughes, the eccentric billionaire/aviation pioneer/film mogul in *The Aviator*, which won five Oscars. DiCaprio also seemed pretty comfortable playing a ladies' man in Martin Scorsese's biopic—Hughes was known for dating bombshells, including movie stars Ava Gardner and Katharine Hepburn. (AP/Miramax Films)



**A PLOT WITH AN UPPERCUT.** Even though Hilary Swank (right) has a mean left hook, Clint Eastwood's *Million Dollar Baby*, this year's Academy Award-winning best movie, is more than a great boxing flick. It tells the story of how Maggie Fitzgerald (Swank, who won the best actress Oscar) enlists training legend Frankie Dunn (Eastwood, left, who the Academy voted best director) to teach her the ropes. Surprisingly, a real tearjerker. (Warner Bros.)



**NOT JUST SUPERMOM.** In *The Incredibles*, which won the Oscar as best animated film, the whole family is made up of superheroes. Mr. Incredible, his wife Elastigirl and their three superhero kids are forced out of retirement to stop Syndrome from unleashing a deadly robot on their city. The film's stunning animation (from the makers of *Finding Nemo* and *Monsters Inc.*) creates an almost live-action feel. (©2004 Disney/Pixar)



**A MONSTER OF A FRANCHISE.** With 37 million copies sold worldwide, *Shrek 2* was the world's No. 1 home video of 2004. Including related merchandise, the two *Shrek* films have grossed more than \$2 billion. It seemed nobody could stay away from the tale of Fiona and Shrek's struggle for her family's approval—a real challenge, considering that Fiona's dad, the king, hired a sword-fighting Puss-in-Boots to kill Shrek. (DreamWorks Pictures)





**BACK INTO THE WEB.** Tobey Maguire (above) climbs back into the latex Spidey suit that made him famous. And while some things have changed in *Spider-Man 2*—this time, he has to save the world from a new villain, the multi-tentacled Doc Ock—other things remain the same. His alter-ego's (Peter Parker's) toughest challenge is still telling Mary Jane Watson (Kirsten Dunst) that he loves her. (Sony Pictures)



**PULLING OUT ALL THE GAGS.** A star-studded cast—including Ben Stiller (second from left), Dustin Hoffman (in red shirt) and Robert De Niro (in black jacket)—takes a shot at slapstick in *Meet the Fockers*, the sequel to the 2000 smash hit *Meet the Parents*. In the *Fockers*, two very different worlds collide when the ultra-conservative Jack Byrnes (De Niro) and his wife travel to Miami to meet their prospective son-in-law's parents—a couple of hippies. Hilarity ensues. (Tracy Bennett/Universal Pictures)



**THE SEARCH FOR TRUTH.** Framed for a botched CIA operation, Jason Bourne (Matt Damon)—who suffers from amnesia—returns to his life as a trained assassin in the action-packed thriller *The Bourne Supremacy*. Bourne zips across Europe, piecing together a history he can't fully remember. (Universal Studios/Jasin Boland)



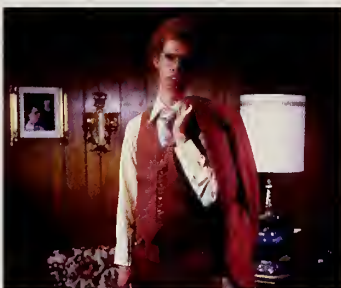
**WHO STEALS THE SHOW?** In the original, Danny Ocean (George Clooney, left) enlisted the help of 10 other thieves (including Matt Damon, centre, and Brad Pitt, right) to steal US\$160 million from Las Vegas casino tycoon Terry Benedict (Andy Garcia). In *Ocean's 12*, a vengeful Benedict has caught up with the gang's members who face his executioners if they can't return the dough in two weeks. Their solution? Try and pull off major robberies in Paris, Rome and Amsterdam. To help, they've added a new, 12th recruit—Isabel Lahiri (Catherine Zeta-Jones). (Warner Bros.)



**NOT EXACTLY A LADIES MAN.** After proving he's a Hollywood heavyweight in several big-budget action flicks (*I, Robot*), Will Smith gets back to what he does best, comedy (remember *The Fresh Prince of Bel-Air*?). Smith (left) plays a matchmaking "Love Doctor" in *Hitch*. Guess what? He's not as suave when it comes to his own love life. (Barry Wetcher/Sony Pictures)



**WHAT A GIRL WANTS, RIGHT?** *Mean Girls* is the funniest and smartest teen flick in years—and responsible for putting Lindsay Lohan (far left) on the Hollywood map. The former Ford model plays Cady, a home-schooled teen who, in her quest to fit in, gets entangled with the Plastics, three glam-girls who dominate their school's social hierarchy. (Paramount)



**FREAKS AND GEEKS.** If there were an award for most original film, *Napoleon Dynamite* might have a shot. Jon Heder (above) plays the high-school title character perfectly, capturing every dorky mannerism you can imagine, as he tries to help his best friend win the student council presidency over the school's super-cool kid, Summer Wheatley (Haylie Duff). (Fox Searchlight)

## TOP MOVIES OF 2004 (US\$)

SHREK	437 million
SPIROER-MAN 2	374 million
THE PASSION OF THE CHRIST	371 million
MEET THE FOCKERS	270 million
THE INCREDIBLES	259 million
HARRY POTTER 3	250 million
THE OAY AFTER TOMORROW	187 million
THE BOURNE SUPREMACY	177 million
NATIONAL TREASURE	169 million
THE POLAR EXPRESS	163 million



# Sports



(CP/Andrew Vaughan)



**IT REALLY IS OUR GAME.** Canada proved to be a hockey powerhouse, coming away with world championship victories in men's (over Sweden 5-3 in Prague), women's (top, beating the U.S. 2-0 in Halifax) and juniors (with a 6-1 win over Russia in Grand Forks, N.D.). Wayne Gretzky (above) once again proved to be the great one, this time as general manager in building the men's team. (CP/Ryan Remiorz)



**HOCKEY SEASON ICED.** There will be no Stanley Cup this year, for the first time since 1919 when it was cancelled due to the killer Spanish flu. A bitter showdown between NHL players and owners over the size of a salary cap resulted in the cancellation of the 2004-05 season. Polls indicate that fans aren't that sad about the loss—which doesn't bode well for the future of the game. (AP/Paul Sancya)



**RED MILE COMES UP A BIT SHORT.** Led by captain Jarome Iginla (centre), the gritty Calgary Flames shocked the hockey world and endeared themselves to all Canadian fans with an unexpected run in last year's Stanley Cup playoffs. Only the Tampa Bay Lightning were able to put out the fire, ending the Flames run in Game 7 of the finals. (CP/Chuck Stoddy)



**STILL PLENTY OF GAS IN THE TANK.** Many thought Toronto Argonauts quarterback Damon Allen (left) was too old to bring home a championship. But the 41-year-old proved them wrong, earning the Grey Cup MVP award by running for a pair of touchdowns and passing for another to lead his club to a 27-19 win over the B.C. Lions in Ottawa. He's signed for another two seasons. (CP/J.P. Moczulski)



**LITTLE GUY WITH GREAT HANDS.** When Victoria's Steve Nash was drafted 15th overall in 1996, few expected him to turn into one of the league's top stars. But the Phoenix Suns guard is a leading candidate for MVP—thanks largely to his unselfish play. But, sadly, Nash says he won't play for Canada's national team at the world championships this year, the first time in 12 years. (AP/Paul Connors)



**A GRIDIRON DYNASTY.** The New England Patriots, led by signal-caller Tom Brady (above), cemented themselves as one of the greatest teams in NFL history when they won Super Bowl XXXIX 24-21 over the Philadelphia Eagles. The championship win in Jacksonville, Fla., was the team's third Super Bowl title in four seasons. (AP/Julie Jacobson)

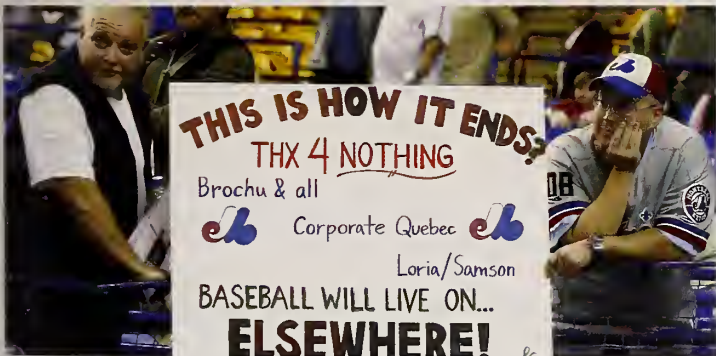




**GOAL!!!!** Having been ridiculed for its defensive style of play, Greece pulled off a stunning upset, beating host nation Portugal in a nail-biting 1-0 end to the 2004 Euro Cup. The Greeks made it to the finals after eliminating perennial powerhouses France and the Czech Republic. (AP/Frank Augstein)



**A FEW BRIGHT SPOTS.** The Athens Olympics didn't go exactly as planned for Canada. Kayaker Adam van Koeurden (above) was the only double medallist (gold and bronze), earning the right to carry the flag at the closing ceremonies, and Lori-Ann Muenzer (right) won Canada's first ever cycling gold. But most of the focus was on the low medal count (12) and world champion Perdita Felicien, who fell in the 110-m hurdle final, shattering her dreams of a gold medal.



**MR. EXPO GOES TO WASHINGTON.** For years, rumours have swirled that Montreal was going to lose its major league baseball franchise. Finally, after 35 seasons and with fan support at an all-time low, league officials pulled the plug, moving the franchise to Washington—which hasn't had a MLB team since the Washington Senators packed up and moved to Texas in 1971. (CP/Ryan Remiorz)



**BIG STICK.** Even though a broken wrist kept him out of the Pittsburgh Pirates lineup for the first month of the season, left fielder Jason Bay hit 26 homers and drove in 82 runs in his rookie campaign. The slugger from Trail, B.C., became the first Canadian to win the National League rookie of the year award. (AP/Gene Puskar)



**ANNA WHO?** Maria Sharapova became the first Russian woman to win Wimbledon when she upset American powerhouse Serena Williams. The straight-sets win at the All-England club turned the stunning 17-year-old into a media starlet—making a lot of people forget about Anna Kournikova. (AP/Katsumi Kasahara)



**SWEEPING AWAY 86 YEARS OF PAIN.** Tired of being the heartbreak kids, the Boston Red Sox are now world champs, finally. They disposed of the New York Yankees in the American League Championship Series after being down three games to none, the first time a team had come back from that sort of deficit in post-season play. Then, they swept the St. Louis Cardinals to win their first World Series title since 1918—the year they traded Babe Ruth to the Yankees. (AP/Sue Ogrocki)

### THE 2004 CHAMPIONS

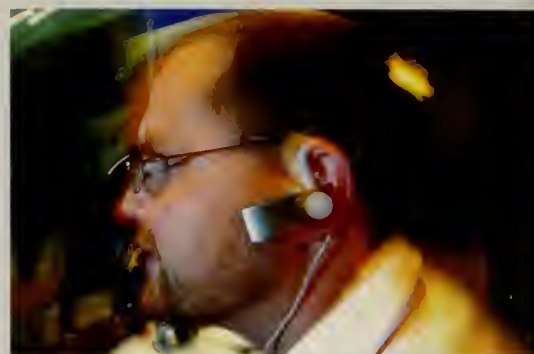
STANLEY CUP	TAMPA BAY LIGHTNING OVER CALGARY FLAMES	4-3 SERIES
GREY CUP	TORONTO ARGONAUTS OVER B.C. LIONS	27-19
SUPER BOWL XXXIX	NEW ENGLAND PATRIOTS OVER PHILADELPHIA EAGLES	24-21
PGA	VIJAY SINGH	\$10.9 million (U.S.)
LPGA	ANNIKA SORENSTAM	\$2.5 million (U.S.)
NBA	DETROIT PISTONS OVER LOS ANGELES LAKERS	4-1 SERIES
WORLD SERIES	BOSTON RED SOX OVER ST. LOUIS CARDINALS	4-0 SERIES
WOMEN'S CURLING	JENNIFER JONES, MB. OVER JENN HANNA, ON.	SCOTT TOURNAMENT OF HEARTS
MEN'S CURLING	RANDY FERBEY, AB. OVER SHAWN ADAMS, NS.	THE BRIER



# Science



**SPACE TOURISM ERA BEGINS.** Travelling at 3,600 km/hr, former U.S. Navy fighter pilot Brian Binnie led SpaceShipOne's record-setting flight (113 km above the Earth's surface). The team earned the US\$10 million Ansari X-Prize for developing the first privately funded (it cost some US\$30 million) spacecraft to exceed more than 100 km twice within a 14-day period. (AP/Laura Rauch)



**CAN YOU HEAR A DIFFERENCE?** If the poor reception on your cellphone is driving you crazy, you might want to try the new Jawbone. This cool wired headset picks up speech vibrations from your head as you speak and filters out background noise—so you won't miss any of the important gossip. (AP/Sandy Huffaker)



**ARE YOUR BRAINS IN YOUR FEET?** Talk about personalized shopping. With a computer chip weighing 40 grams embedded in the heel, the Adidas 1 running shoe constantly adjusts the shoe's cushioning level to your size and stride. Each second, the sensor takes up to 20,000 readings and makes up to 10,000 calculations—directing a tiny electric motor. Of course, the approximately \$300 shoes won't make you run any faster.

(AP/Don Ryan)

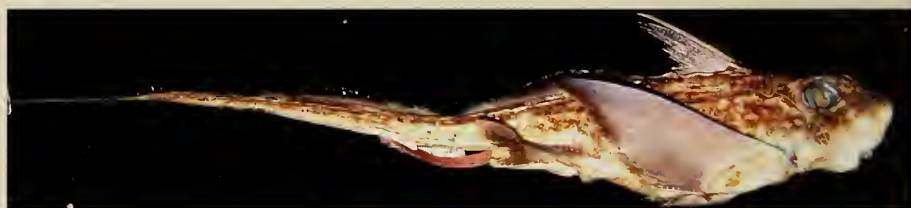


## BETTER BREATH, GUARANTEED.

It's disgusting to think about, but you should know that your toothbrush is a cesspool of bacteria. So you might want to try the Violight Toothbrush Sanitizer, which uses a germicidal UV light to kill up to 99.9 per cent of the bacteria. It's like a bath for your brush. (Violight)



**AFRAID OF HEIGHTS?** At 343 m above the Tarn River, the \$720 million viaduct built to alleviate a traffic problem in the small southern French town of Millau is the tallest bridge in the world (in fact, it's even taller than the Eiffel Tower). More than 240,000 tonnes of steel and concrete make up the superstructure. Word of advice—don't look down. (AP/Christophe Ena)



**WET AND WILD.** Scientists from 53 countries have discovered more than 600 new fish species (including the *Hydrolagus mattallansi*, above, which is believed to have lurked in the depths off the coast of Brazil for more than 150 million years) as part of a major ocean census, recording all known marine life. So far, about 25,000 species have been logged and scientists suspect there are as many as 40,000 yet to be recorded. (AP/Rafael de Alcantara Brandi)



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